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# 1 **Optimising mirid control on cocoa farms through complementary monitoring systems**

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8

## 9 **Abstract**

10 Mirids (*Sahlbergella singularis* and *Distantiella theobroma*) are the most important insect  
11 pests affecting cocoa production across West Africa. Understanding the population dynamics  
12 of mirids is key to their management, however, the current recommended hand-height  
13 assessment method is labour intensive. The objective of the study was to compare recently  
14 developed mirid sex pheromone trapping and visual hand-height assessment methods as  
15 monitoring tools on cocoa farms and to consider implications for a decision support system.  
16 Ten farms from the Eastern and Ashanti regions of Ghana were used for the study. Mirid  
17 numbers and damage were assessed fortnightly on twenty trees per farm, using both methods,  
18 from January 2012 to April 2013. The mirid population increased rapidly in June, reached a  
19 peak in September and began to decline in October. There was a significant linear relationship  
20 between numbers of mirids sampled to hand-height and mirid damage. High numbers of male  
21 mirids were recorded in pheromone traps between January and April 2012 after which there  
22 was a gradual decline. There was a significant inverse relationship between numbers of trapped  
23 adult mirids and mirids sampled to hand-height (predominantly nymphs). Higher temperatures  
24 and lower relative humidities in the first half of the year were associated with fewer mirids at  
25 hand-height but larger numbers of adult males were caught in pheromone traps. The study  
26 showed that relying solely on one method is not sufficient to provide accurate information on  
27 mirid population dynamics and a combination of the two methods is necessary.

28 **Key words:** mirid, pheromone, population dynamics, *Sahlbergella singularis*, *Distantiella*  
29 *theobroma*, timing

## 30 **Introduction**

31 Cocoa is an economically important crop in many parts of the humid tropics. In West Africa,  
32 where over 70% of cocoa is produced (ICCO 2010/11), crop damage by mirid species (mainly

33 *Sahlbergella singularis* and *Distantiella theobroma*) represents one of the major constraints to  
34 production. In a recent survey, Ghanaian farmers typically reported cocoa losses to mirids in  
35 the region of 30 to 40% (Awudzi et al. 2016). Past research efforts on mirid control in Ghana  
36 and elsewhere in West Africa have concentrated on developing biological and chemical control  
37 strategies (Bruneau de Miré 1977; Owusu-Manu 1995; Padi 1997). More recently, emphasis  
38 has been placed on an integrated pest management approach that is environmentally safe and  
39 easily adopted by smallholder cocoa farmers (Padi and Owusu 1998). To reduce losses due to  
40 pests and diseases on cocoa in Ghana, the government in 2001 introduced a number of  
41 interventions including the cocoa diseases and pests control programme (CODAPEC) (Asante  
42 et al. 2002). This has involved the spraying of cocoa farms with recommended conventional  
43 insecticides and fungicides. Although the programme has achieved some success in increasing  
44 yields, application of pesticides on a routine rather than a need basis can result in excessive  
45 pesticide use, with negative environmental consequences. With global concerns on pesticide  
46 use and food safety, it is increasingly necessary for a need-based assessment to be carried out  
47 before pesticides are applied on cocoa farms. Mirid population monitoring could be used to  
48 provide such a system alongside climatic data to decide on the most appropriate time to apply  
49 a control strategy. Pest monitoring is an important tool as it helps to determine when pest  
50 numbers have built up to warrant control or to predict the correct timing for interventions  
51 (Diana and Sannino 1995; Taylor 1984; Van-Emden 1996).

52  
53 Pheromone trapping has been tested as a means to assess mirid numbers in some countries in  
54 West Africa. This has shown promise as a monitoring tool and could be incorporated into pest  
55 control programmes for effective mirid management (Mahob et al. 2011; Sarfo 2008).  
56 However, the method currently used for determining mirid populations is the visual hand-  
57 height assessment method described by Collingwood (1971). In contrast to the pheromone  
58 trapping method where mirids caught in traps can be counted at any time of the day, the visual  
59 hand-height assessment method must be done between 6:30 am and 9:00 am since the pest is  
60 less active in the early mornings of the day. The visual hand-height assessment method is  
61 tedious and difficult to adopt by smallholder farmers. Both assessment methods were therefore  
62 compared to ascertain whether pheromone trapping could provide a true representation of mirid  
63 populations and give an indication of the level of damage in cocoa farms compared to the visual  
64 hand-height method. Since pest numbers are influenced by climatic factors, the relationship  
65 between climate, pest numbers and their damage was also investigated.

66 The specific objectives of the study were therefore:

67 i. To evaluate pheromone trapping as a means of monitoring mirid population dynamics  
68 in cocoa farms in comparison to the currently used hand-height method.

69 ii. To examine the relationship between mirid numbers, damage caused and climatic  
70 factors.

71

## 72 **Materials and methods**

### 73 **Study site**

74 The study was conducted in the Ashanti and Eastern regions of Ghana at Adobewura (2° 0'  
75 49.3'' W, 6° 32' 11.4'' N); Ntobrosu (2° 2' 46.7'' W, 6° 31' 50'' N); Achiase (2° 2' 20.9'' W,  
76 6° 28' 37.3'' N) and Tafo (2° 22' 10.4'' W, 6° 13' 25.8'' N). Six farms were used on which  
77 hybrid cocoa (bi-parental crosses) was grown and four farms on which the Amelonado variety  
78 was grown. Planting distance for hybrid farms were 3m x 3m while that for farms with  
79 Amelonado varied and was planted irregularly. Farm size averaged 0.4 hectares with  
80 approximately 445 cocoa trees per farm. The age of farms used ranged between 6 and 15 years.  
81 These farms were lightly shaded (averagely 5 to 9 trees per 0.4 hectares) with *Terminalia*  
82 *ivorensis*, *Terminalia superba*, *Funtumia elastica* and *Albizia coriaria* as the most encountered  
83 shade trees. The farms were organic certified and had not received conventional insecticide for  
84 at least five years. Sampling for mirid population was carried out by pheromone trapping and  
85 the conventional visual hand-height assessment methods. Mirid population size and field  
86 assessment of mirid damage on cocoa pods and chupons were carried out fortnightly for sixteen  
87 months from January 2012 to April 2013.

### 88 **Visual hand-height assessment method**

89 The visual hand-height assessment of mirid population (Collingwood 1971) was carried out on  
90 twenty randomly selected trees per farm. This involved visually inspecting mirid inhabiting  
91 sites (pods, pod peduncles, chupons, flower cushions, crevices on pods as well as the pod-stem  
92 interface) on each tree for mirids at hand-height and recording their numbers. Assessments  
93 were carried out from the base of the tree up to maximum hand stretch of the assessor (about 2  
94 m) along the stem between 6:30 am and 9:00 am since mirids are less active before sunrise.  
95 Trained insect assessors helped in data collection to ensure that data were collected within this  
96 limited time frame. Data collected by trained insect assessors were cross checked in the field  
97 to ensure accuracy and reliability. Pods and chupons were also assessed visually for mirid

98 damage. Pods and chupons with characteristic vivid circular or elliptical dark feeding lesions  
99 were counted as mirid damage.

#### 100 **Mirid sex pheromone trapping method**

101 Mirid pheromones produced by the Natural Resources Institute (NRI), UK and previously  
102 tested in Ghana (Sarfo 2008) were used for this study. The study relied on the optimum  
103 pheromone blend, lure longevity, optimum trap design and optimum trap height reported by  
104 Sarfo (2008) to investigate mirid trapping suitability as a monitoring tool. The traps were made  
105 from 4.5 litre plastic containers. Two 15 cm x 8 cm oblong holes or windows were created on  
106 opposite sides at 5 cm from the base of each container. At 2 cm below the lower edge of the  
107 cut surfaces, small holes (<5mm) were made to drain off excess water from traps when it rained,  
108 to ensure that trapped mirids do not overflow from the traps. Traps were hung upside down,  
109 filled with water to a level just below the overflow holes. Lures containing the pheromone  
110 impregnated in vials were suspended in the traps about 2 cm above the water surface and held  
111 in place by a copper wire attached to the central top of the trap. Ten traps were evenly  
112 distributed in each farm at a height of 2.7 m above ground level with an average inter-trap  
113 distance of 30 m (Sarfo 2013). Lures in each trap were changed at monthly intervals. Traps  
114 were inspected every other week for trapped mirids (*Sahlbergella singularis* and *Distantiella*  
115 *theobroma*) and their numbers recorded from January 2012 to April 2013.

#### 116 117 **Meteorological data**

118 Data on rainfall, temperature and relative humidity were taken fortnightly from the nearest  
119 meteorological stations (Kumasi: 000°10'02.6''W; 05°36'16.8''N; Tafo: 2° 22' 10.4'' W, 6° 13'  
120 25.8'' N). Miniature data loggers (Gemini Tiny Tags, UK) in Stevenson screens were also  
121 placed in farms to record temperature and relative humidity to compare with data obtained from  
122 the meteorological stations. Data loggers were set to log weather data at 1 hour intervals each  
123 day and downloaded every other week for comparison.

124

125

#### 126 **Data analysis**

127 The number of mirids counted (both to hand height and by pheromone trapping) were analysed  
128 using the linear mixed model approach to repeated measurements where the correlation within  
129 the subjects was modelled as first order auto-correlation AR (1). The fixed effects in the model  
130 were specified to account for location, variety, assessment method and the interaction between

131 variety and assessment method. This was done using the Mixed Model procedure in GenStat.  
132 The relationship between mirid numbers, their damage and climatic data was investigated by  
133 means of regression analysis in GenStat.

134

## 135 **Results**

### 136 **Mirid population: The visual hand-height assessment method**

137 Mirids numbers recorded by the hand-height method were generally low from January to May  
138 for both 2012 and 2013 (Fig. 1). Rapid mirid population increase began in June, reaching a  
139 peak in September and began to decline after October. Temperature, relative humidity and  
140 rainfall patterns from January 2012 to April 2013 for the Ashanti and Eastern regions are  
141 presented in Figure 2. A significant inverse relationship was observed between mirids sampled  
142 at hand-height and mean temperatures for the Ashanti ( $y=-0.0515x + 1.491$ ;  $r^2=0.25$ ;  $p=0.03$ )  
143 and Eastern regions ( $y=-0.137x + 4.1934$ ;  $r^2=0.30$ ;  $p=0.02$ ) such that more mirids were sampled  
144 at lower temperatures. In addition, there was a positive correlation between relative humidity  
145 and mirid numbers for both regions (Ashanti:  $y=0.0098x - 0.6984$ ;  $r^2=0.23$ ;  $p=0.02$  and  
146 Eastern:  $y=0.1024x - 8.0151$ ;  $r^2=0.33$ ;  $p<0.001$ ). Significantly more mirid nymphs  
147 (mean=0.31) than adults (mean=0.10) were counted to hand-height (Lsd=0.04,  $p<0.001$ ).  
148 Higher temperatures and low relative humidity prevail between January and May compared to  
149 the rest of the year; whilst rainfall patterns varied greatly across the year with the highest  
150 rainfall figures recorded in June (see Figure 2). However, no relationship was found between  
151 rainfall and mirid population assessed to hand-height. There was a significant positive linear  
152 relationship between the number of mirids assessed to hand-height and mirid damaged pods  
153 and chupons (Fig. 3).

154

155

156

[Figure 1 here]

157

[Figure 2 here]

158

[Figure 3 here]

### 159 **The pheromone trapping method of assessing mirid populations**

160 The population dynamics of mirids recorded from pheromone traps differed from that observed  
161 using the visual hand-height assessment method (Fig. 1). This method indicated that mirids  
162 were present on cocoa all year round as observed with the visual hand-height method but with  
163 different peak periods. With pheromone trapping, three major peaks in mirid numbers were

164 observed in January, February and April followed by a gradual decline through the rest of the  
165 year. The population profile in the first quarter of 2013 was similar to that observed during the  
166 same period in 2012. There was a significant positive linear relationship between the number  
167 of mirids caught in traps and mean temperatures for the Ashanti (Fig. 4A) and Eastern (Fig.  
168 4B) regions even though the regression coefficient for the Eastern region only explained a small  
169 proportion of the variation making the relationship a weak one ( $r^2=0.22$ ,  $p=0.02$ ). There was  
170 no significant relationship between numbers of mirids caught in traps with rainfall, relative  
171 humidity and mirid damage on cocoa trees.

172

173

[Figure 4 here]

174

#### 175 **Comparison of mirid numbers sampled with pheromone trapping and the visual hand-** 176 **height assessment methods**

177 When comparing the two assessment methods, the first half of the year showed a significant  
178 difference in monthly mean mirid numbers caught in traps (3.0) compared to mirids counted at  
179 hand-height (0.1) ( $p<0.001$ ;  $Lsd=0.55$ ). Population dynamics were the same for the second half  
180 of the year although more mirids were caught in traps (mean=2.6) than mirids assessed to hand-  
181 height (mean=0.25) ( $p<0.001$ ;  $Lsd=0.42$ ). Data analysed for the whole year therefore showed  
182 significantly more mirids in traps (monthly mean=2.3) than to hand-height (monthly  
183 mean=0.3) ( $p<0.001$ ;  $Lsd=0.47$ ). The trend in the total number of mirids recorded from January  
184 to April 2012 was similar to the pattern observed in the same period of 2013 for the two  
185 sampling methods. A significant inverse relationship was established between the two  
186 assessment methods even though the coefficient of determination explained a relatively small  
187 proportion of the variation ( $r^2= 0.25$ ,  $p=0.01$ ).

188

189

190

191

#### 192 **Differences between regions and varieties in mirid numbers and mirid damage**

193

194 The Mixed Model approach used to analyse the repeated measurements showed a substantial  
195 auto-correlation ( $0.64\pm 0.22$ ) among the measurements. The fixed effects of interest in this  
196 study are sampling method, variety and location. There was no effect of location on the number  
197 of mirids caught in traps (mean value for the Eastern Region=2.26 and for the Ashanti Region



198 =2.25;  $p=0.97$ ,  $Lsd=0.46$ ). The mean number of mirids caught in traps in the Eastern and  
199 Ashanti regions were similar through most of the year except in the period between August and  
200 December (Fig. 5A) where the number of mirids increased in the Ashanti region and decreased  
201 in the Eastern region. The number of mirids assessed to hand-height was different for the  
202 locations as significantly more mirids were counted to hand-height in the Eastern (mean=0.53)  
203 than the Ashanti (mean= 0.13) region ( $p<0.001$ ;  $Lsd=0.12$ ). The number of mirid damaged  
204 pods and chupons were also significantly greater in the Eastern region (0.42) than in the Ashanti  
205 region (0.14) ( $p<0.001$ ;  $Lsd=0.1$ ). The pattern of the number of mirids assessed to hand-height  
206 in the two locations across the study period is presented in figure 5B. Generally, differences  
207 observed in mirid populations between the different locations occurred in the second half of  
208 the year.

209  
210 Significantly more mirids were caught in traps on farms growing Amelonado (mirids per  
211 trap=2.57) compared to farms growing hybrid cocoa (mirids per trap=1.94) ( $p=0.001$ ,  
212  $Lsd=0.38$ ). Significantly more mirids were counted to hand-height on farms growing hybrid  
213 cocoa (mean=0.40) than farms growing Amelonado (mean=0.28) ( $p=0.03$ ,  $Lsd=0.10$ ). Mirid  
214 damage assessed visually to hand-height on pods and chupons, was significantly higher in  
215 farms growing Amelonado compared to those growing hybrid cocoa (1.53 and 0.26  
216 respectively;  $p<0.001$ ,  $Lsd=0.4$ ). The trends in the number of mirids counted to hand-height and  
217 in traps on hybrid and Amelonado cocoa is presented in figure 6.

218  
219

[Figure 5 here]

221

[Figure 6 here]

## 222 **Discussion**

223 Understanding the population dynamics of insect pests is crucial for monitoring, forecasting  
224 pest populations and designing IPM programmes (Dormon et al. 2007). Pest population  
225 monitoring is also a means for determining when pests enter a crop and when their numbers  
226 have built up sufficiently to warrant separate control measures or to predict correct timing for  
227 such measures (Van-Emden 1996).

228 The broad pattern of mirid numbers across the season recorded by the visual hand-height  
229 assessment method was broadly similar to other reports on mirid population dynamics on cocoa  
230 in West Africa (Anikwe et al. 2009; Babin et al. 2010). However, the results from the hand-  
231 height method did not correlate with the observation of high mirid numbers in the first half of

232 the year as seen using pheromone trapping. Visual hand-height assessment largely provides  
233 information on nymph populations whilst winged adult males were caught in traps. In the first  
234 half of the year, adult male mirids caught in traps reached their peaks while mirids assessed to  
235 hand-height (both adults and nymphs but mostly nymphs) reached their peak in the second half  
236 of the year. The difference between the two sampling methods reflects generational changes of  
237 the pest. Pheromone traps mainly catch adults when they are abundant. After mating, eggs are  
238 laid and as a result nymph numbers rise while the numbers of adults then decline. On the other  
239 hand, when nymph numbers decline a concomitant increase in the number of adult males  
240 caught in pheromone traps is observed.

241  
242 The visual hand-height assessment method indicated that mirid populations (predominately  
243 nymphs) began to increase rapidly in April with an initial peak in May, followed by a rapid  
244 build-up in June. This is a couple of months earlier than reported in the major producing  
245 countries in West Africa (Anikwe et al. 2010; Padi and Owusu 1998). Between June and July  
246 2012, there was a significant increase in the number of adult mirids in traps, due to the  
247 progression of nymphs seen in April/May. Therefore, given that nymph numbers are starting  
248 to build up in April this would be the most effective time to disrupt the population cycle.  
249 Application of insecticides at the point when pest numbers are beginning to rise may be a more  
250 effective strategy to suppress the mirid population before it reaches damaging levels. Timely  
251 application of insecticides could alter or delay the onset of subsequent peaks in the growing  
252 season observed in our data. Whether or not subsequent applications of insecticides are needed  
253 in August/ September would depend on how effective the early applications were. The results  
254 support a re-appraisal of the optimum timing of insecticide application in Ghana (Adu-  
255 Acheampong et al. 2014).

256  
257 Indirectly, seasonal variation in climate can modify the population dynamics of mirids by  
258 altering the physiology of host cocoa trees making them more or else unpalatable to insect  
259 pests. However, it has been difficult to identify the direct effect of environmental factors on  
260 the population dynamics of cocoa mirids because of the interaction between environmental  
261 factors and host plant factors (such as the availability of feeding and breeding sites) as well as  
262 favourable climatic factors necessary for the growth and development of the pest and its natural  
263 enemy complex (Gurr and Kvedaras 2010). However, it was clear from this study that there  
264 exists a positive relationship between mirid number counted to hand height and relative

265 humidity which is inversely related to temperature. Lower temperatures and higher humidity  
266 therefore favour mirid survival. High temperatures result in lower population size due to high  
267 desiccation risk for mirids because of their soft bodies (Babin et al. 2010). Anikwe et al. (2010)  
268 also noted that mirid populations decline in periods of low humidity. Higher temperature and  
269 lower humidity in the West African dry season would also reduce the survival rate of mirids  
270 by reducing the amount of water in feeding sites and the availability of suitable feeding and  
271 breeding sites. In a study of water stress in cocoa under greenhouse conditions, plants watered  
272 less frequently had lower water and nitrogen contents in their leaves relative to those watered  
273 frequently (Acheampong 2010), suggesting that availability of moisture alters the physical and  
274 nutritional properties of host plants which may eventually affect feeding. In contrast to mirids  
275 counted to hand height (mainly nymphs), this study showed a significant positive linear  
276 relationship between trapped adult mirid numbers and mean temperatures. A possible  
277 hypothesis for this apparent contradiction is that at higher temperatures winged adults may fly  
278 to cooler parts of the canopy. Attraction to pheromones in traps then becomes stronger as mirids  
279 get closer and so they are more likely to be trapped.

280 Differences in mirid numbers and levels of damage observed in the Eastern and Ashanti regions  
281 may be due to slight differences in weather conditions. Although farming practices (e.g.  
282 insecticide application and pruning) were not observed in surrounding farms, it is possible that  
283 these may also have had an impact on mirid numbers. The present study suggests the need for  
284 multi-locational studies to ascertain regional differences in mirid numbers, damage trends and  
285 for location-specific control strategies to be put in place. More mirids were caught in traps and  
286 greater tissue damage was observed on Amelonado compared to hybrid cocoa farms and is in  
287 agreement with reports suggesting that hybrid cocoa varieties are more resistant to mirid attack  
288 than the Amelonado varieties (Anikwe et al. 2009; Sounigo et al. 2003).

289 When considering practical applications of the two methods, this study confirmed that the  
290 visual hand-height assessment method is effective in predicting the level of mirid damage in  
291 cocoa farms. This method mostly provides information on mirid nymphs (over 85% of mirids  
292 counted at hand-height were wingless nymphs). In contrast, pheromone trapping provides  
293 information on winged male adults, but does not account for female adults and nymphs and so  
294 will not give a true representation of the mirid population in farms. However, it has the practical  
295 advantage that data can be collected at any time of the day, unlike the hand-height method  
296 which must be done between 6:30am and 9:00am (Collingwood 1971; N'Guessan et al. 2008).

297 Ideally, a combination of both the hand-height method and the pheromone trap method should  
298 be employed in the field by extension agents to monitor different stages of the mirid life-cycle.  
299 In practice, the distances between farmers' farms and their homes could sometimes make hand-  
300 height assessment difficult and tedious particularly when farmers have more than one plot of  
301 land. In the absence of capacity to carry out hand-height assessments, the pheromone trap  
302 could provide an early warning of future nymph numbers.

303 For efficient monitoring and scouting as a component of integrated pest management strategy,  
304 the use of economic threshold levels to inform pest management decisions becomes important.  
305 Work is therefore needed to estimate the economic threshold level for mirids in the presence  
306 of natural enemies and prevailing environmental conditions when using the pheromone trap  
307 and hand-height methods (Owusu-Manu 1995).

308 In Ghana and most West African countries, mirid control is carried out using a calendar-date  
309 system. Blanket applications of insecticides are made from August to December but omitting  
310 November. This is based on work done on mirid population dynamics decades ago (Owusu-  
311 Manu 1974; Raw 1959) and not on current or expected population trends. In the case of Ghana  
312 111.3 million US Dollars was spent on the cocoa pest and diseases control programme during  
313 the 2009/10 cocoa season (World Bank 2009/2010). Instituting a monitoring component to  
314 complement control activities would be very useful and cost effective. Communication systems  
315 could be developed to disseminate information on the expected mirid population and inform  
316 farmers and cocoa pest and diseases sprayers on when to spray recommended insecticides.  
317 Insecticide application could therefore be carried out on a need-based system based on  
318 information from a national monitoring programme. To achieve this, a well-coordinated  
319 national pest management framework with a monitoring component is needed.

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408 **List of figures**

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410 Figure 1: Mirid numbers recorded by the visual hand-height and pheromone trapping  
411 assessment methods from January 2012 to April 2013 (at each two-weekly interval data  
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426 Ashanti Region and 4 farms in the Eastern Regions; 20 observations per farm for the visual  
427 hand-height method and 10 observations for pheromone trapping). Vertical bars represent  
428 standard error of means. Note differences in scales.

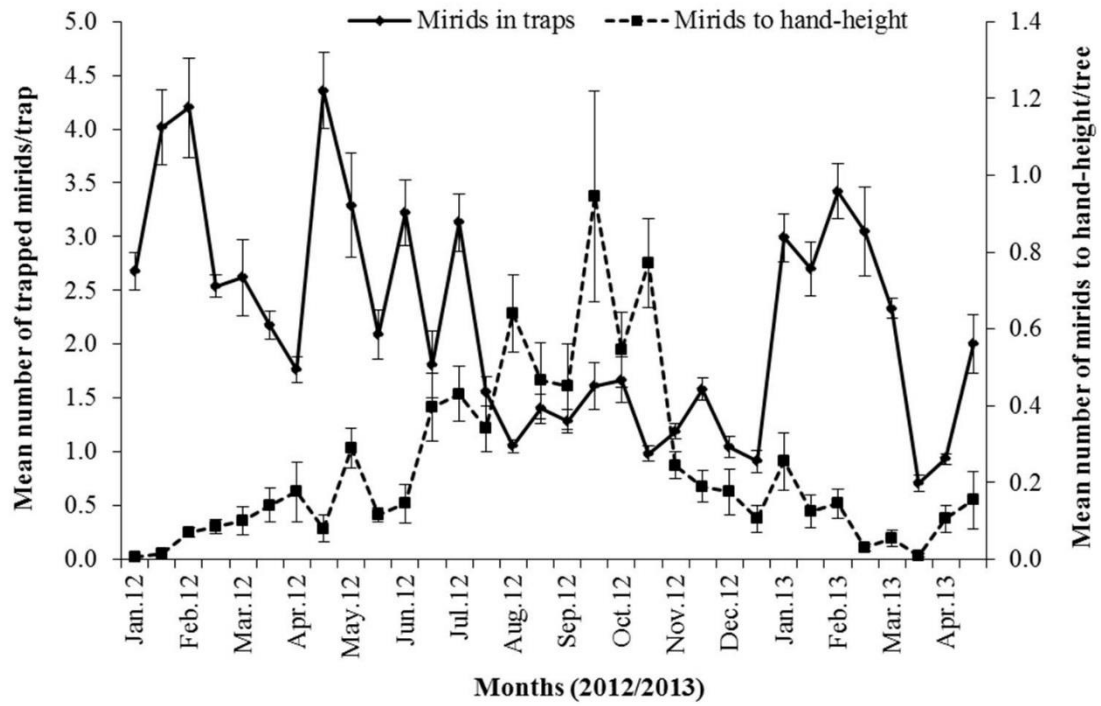
429 Figure 6: Difference in mirid damage trends (A), mirid population trends using the  
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431 Amelonado and farms growing hybrids from January 2012 to April 2013 (For A. at each two-  
432 weekly interval data points represent mean values from 10 farms and 20 trees per farm. For  
433 (B) and (C) at each two-weekly interval data points represent the mean values from four  
434 farms growing Amelonado and six farms growing hybrids; 20 observations per farm for the  
435 visual hand-height method and 10 observations for pheromone trapping). Vertical bars on  
436 line graph represent standard error of means. Note difference in scale between B and C.

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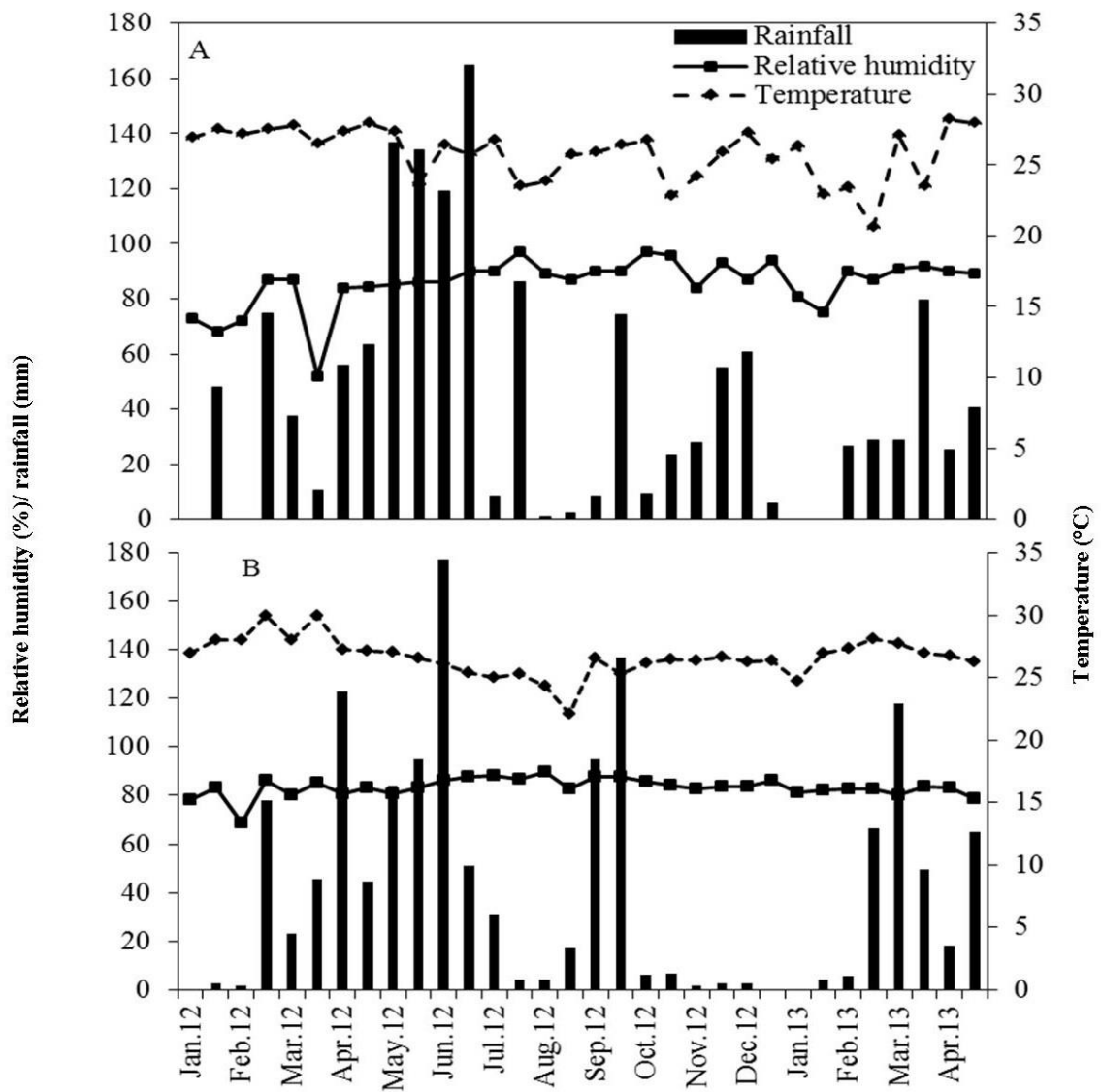
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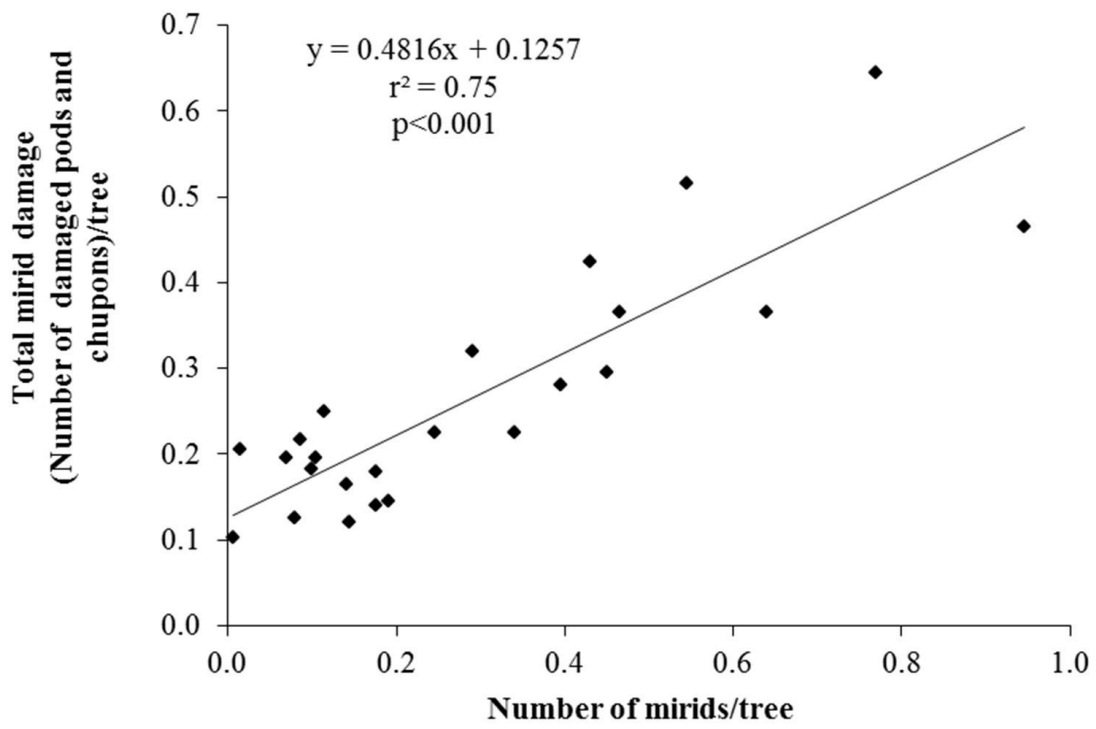


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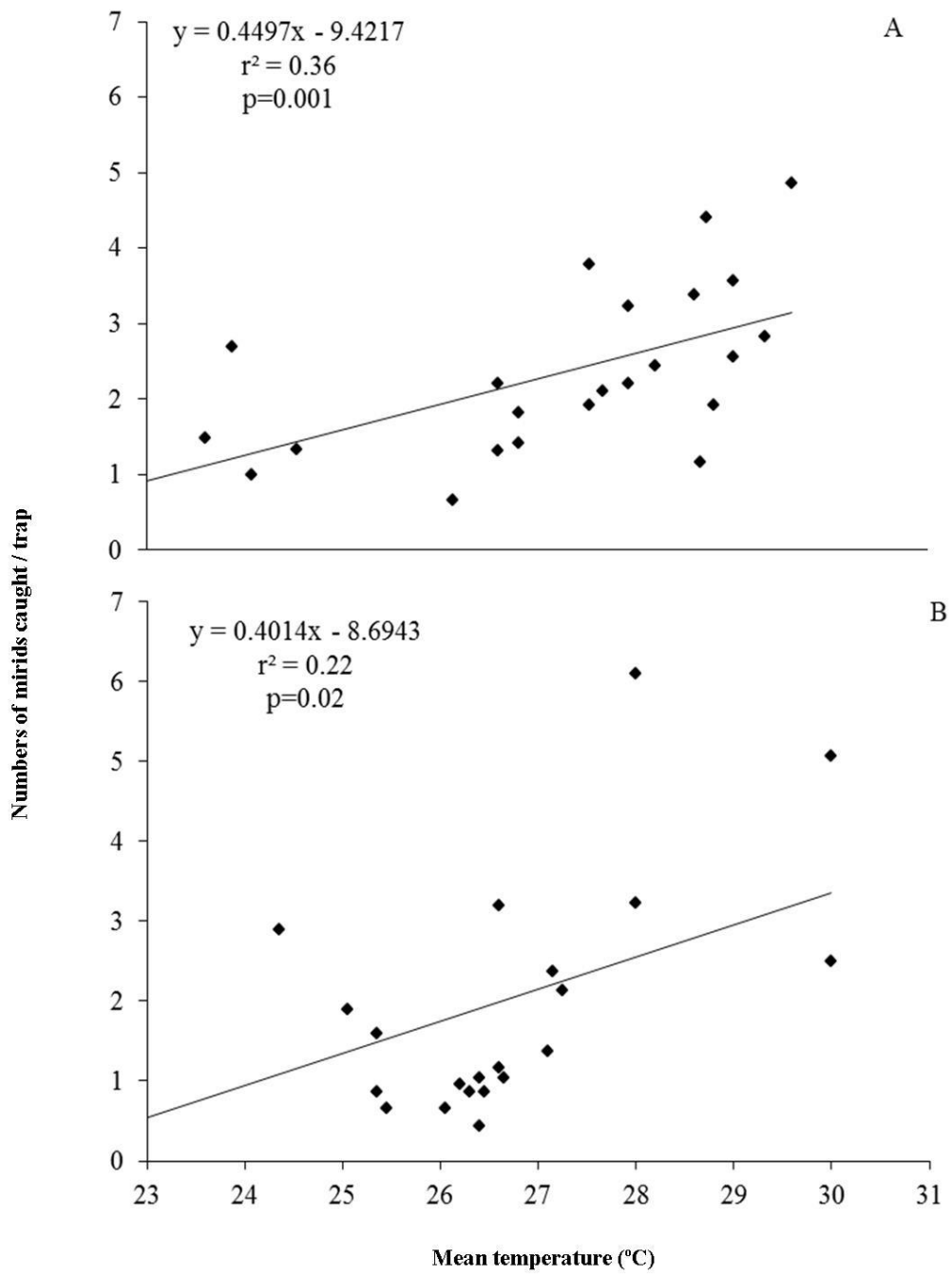
442 FIGURE 2



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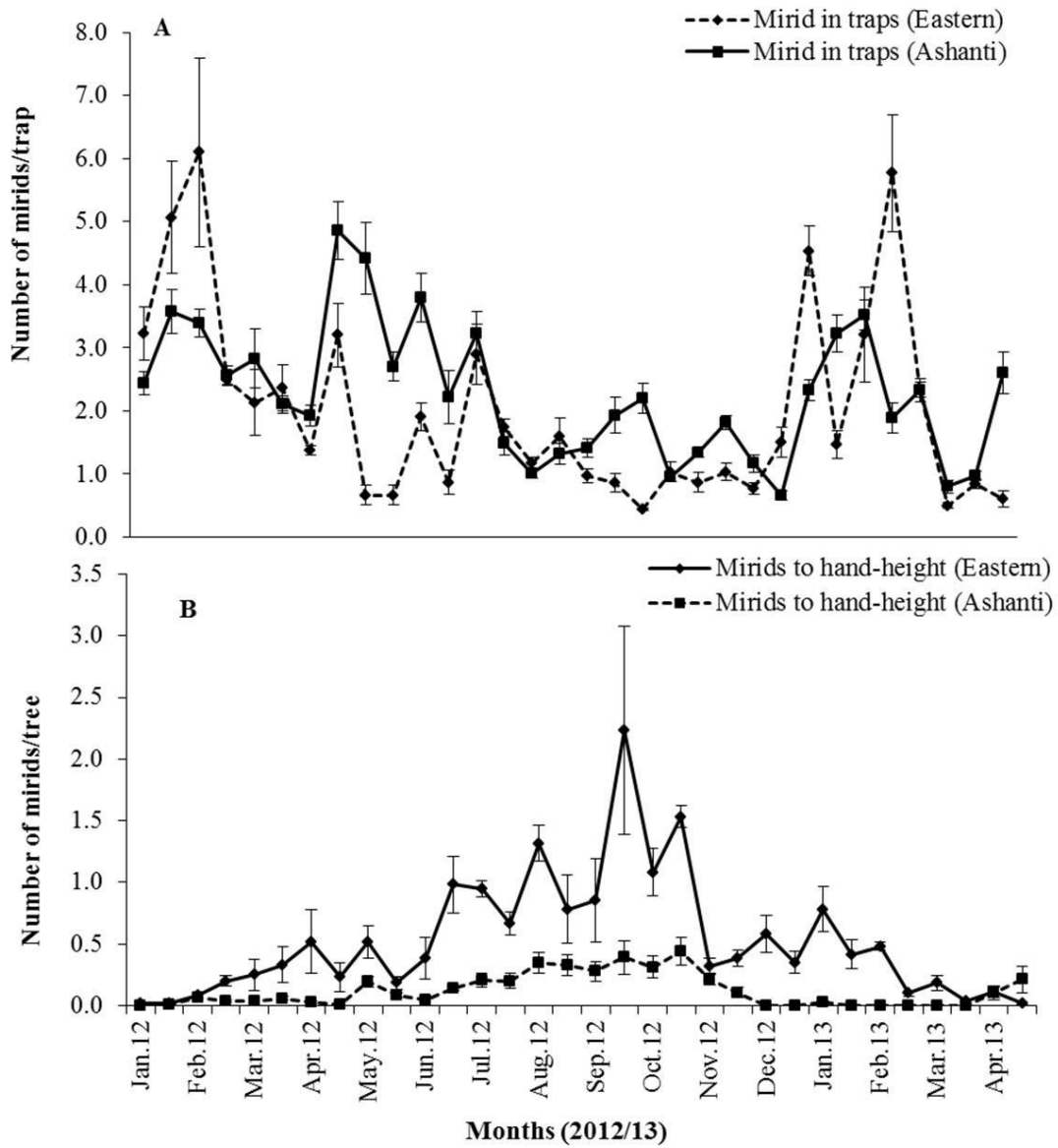


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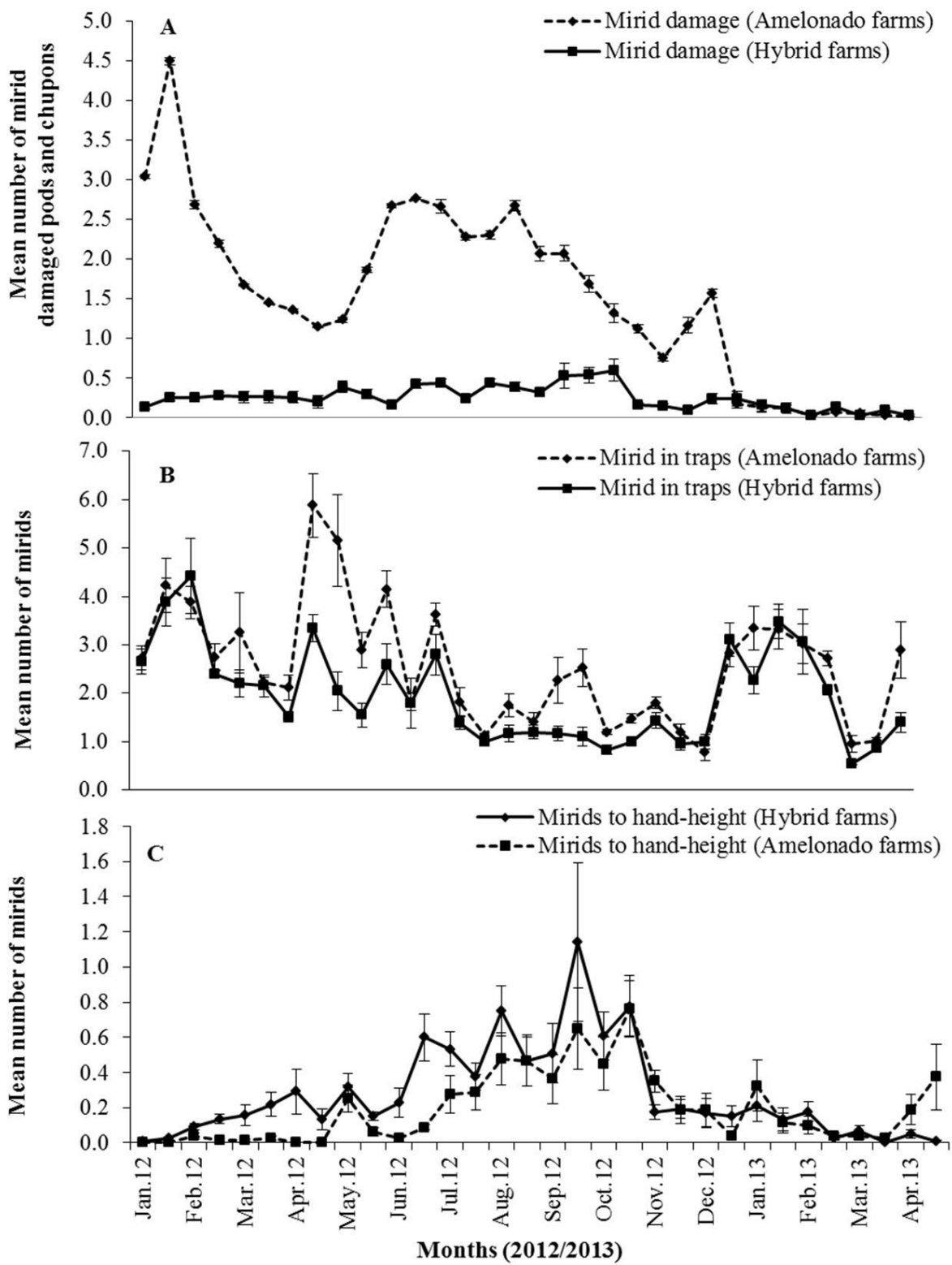
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483 FIGURE 6



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