

Ocean and atmosphere feedbacks affecting AMOC hysteresis in a GCM

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1 **Ocean and Atmosphere feedbacks affecting AMOC**
2 **hysteresis in a GCM**

3 **L.C. Jackson · R.S. Smith · R.A. Wood**

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6 **Abstract** Theories suggest that the Atlantic Meridional Overturning Circu-
7 lation (AMOC) can exhibit a hysteresis where, for a given input of fresh water
8 into the north Atlantic, there are two possible states: one with a strong over-
9 turning in the north Atlantic (on) and the other with a reverse Atlantic cell
10 (off). A previous study showed hysteresis of the AMOC for the first time in a
11 coupled general circulation model (Hawkins et al, 2011).

12 In this study we show that the hysteresis found by Hawkins et al (2011)
13 is sensitive to the method with which the fresh water input is compensated.
14 If this compensation is applied throughout the volume of the global ocean,
15 rather than at the surface, the region of hysteresis is narrower and the off
16 states are very different: when the compensation is applied at the surface,
17 a strong Pacific overturning cell and a strong Atlantic reverse cell develops;
18 when the compensation is applied throughout the volume there is little change
19 in the Pacific and only a weak Atlantic reverse cell develops.

20 We investigate the mechanisms behind the transitions between the on and
21 off states in the two experiments, and find that the difference in hysteresis
22 is due to the different off states. We find that the development of the Pacific
23 overturning cell results in greater atmospheric moisture transport into the
24 North Atlantic, and also is likely responsible for a stronger Atlantic reverse
25 cell. These both act to stabilize the off state of the Atlantic overturning.

26 **Keywords** MOC · THC · hysteresis

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1 Introduction

One of the open questions in climate studies is whether the Atlantic Meridional Overturning Circulation (AMOC) has the potential to collapse in present day and future climates. Paleoclimate studies (Rahmstorf, 2002; McManus et al, 2004; Clement and Peterson, 2008; McNeall et al, 2011) have shown that rapid changes in surface climate have occurred in the past and that these may have been caused by a switch from a vigorous Atlantic overturning ('on' state) to a weak or reversed overturning ('off' state). Although a collapse of the AMOC has been judged to be very unlikely within the 21st century based on projections of future climate change by current general circulation models (GCMs) (Collins et al, 2013), such a collapse would have large impacts on the climate (Vellinga and Wood, 2008; Kuhlbrodt et al, 2009; Jackson et al, 2015). Hence it is important to understand what determines the stability of the AMOC and the processes behind a collapse in order to make an assessment of the likelihood of a collapse occurring in the future.

Simple box models of the overturning circulation have shown that there are theoretical reasons for believing that rapid shifts between MOC states are possible (Stommel, 1961; Rahmstorf, 1996). These models show that for a range of additional fresh water input into the sinking regions (as might occur from melting ice sheets, or from an increased hydrological cycle) there are two possible stable states (bistability) for the AMOC. This results in potentially irreversible transitions (hysteresis) between overturning states when the climate is altered. The process responsible for this bistability is a positive salt advection feedback whereby a decrease in the AMOC strength results in less northwards transport of salt and therefore a freshening of the North Atlantic and a further weakening of the AMOC. In more complex ocean and coupled climate models this feedback is expected to still play a role, however biases in salinity can remove, or even reverse this feedback and other feedbacks can also be important (Schiller et al, 1997; Vellinga et al, 2002; de Vries and Weber, 2005; Jackson, 2013). Many GCMs previously had biases that did not allow for a positive salt advection feedback (Drijfhout et al, 2011), however this bias has been removed in some current GCMs (Weaver et al, 2012).

Many studies (for example Rahmstorf et al, 2005; Hofmann and Rahmstorf, 2009; Weber and Drijfhout, 2007; Cimatoribus et al, 2012) have shown that the hysteresis and bistability shown in the box models still exists in more complex climate models with dynamic oceans (either forced ocean only models, Earth System Models of Intermediate Complexity (EMICs) or simpler models), and in a coupled Atmosphere-Ocean general circulation model (Hawkins et al, 2011, discussed below). The range of fresh water input for which there are bistable states has been found to be model dependent due to factors including mixing strengths and parameterizations, wind stress, model biases and atmospheric feedbacks (Rahmstorf et al, 2005; Hofmann and Rahmstorf, 2009; Sévellec and Fedorov, 2011).

There are substantial differences in AMOC off states between models. There are theoretical reasons to expect that wind-driven upwelling in the

72 Southern Ocean should be balanced globally by sinking somewhere when
73 in a steady state (Kuhlbrodt et al, 2007; de Boer et al, 2008), however the
74 wind-driven upwelling can be counteracted by eddy-induced transports in the
75 Southern Ocean, eliminating or reducing the requirement for high latitude
76 deep water formation (Johnson et al, 2007). Some model studies have found
77 off states with no northern hemispheric sinking and with reversed overturn-
78 ing cells in the Atlantic (Marotzke and Willebrand, 1991; Manabe and Stouffer,
79 1999; Gregory et al, 2003). Others have found deep water being formed instead
80 in the Pacific forming a Pacific Meridional Overturning Circulation (PMOC)
81 cell (Marotzke and Willebrand, 1991; Saenko et al, 2004).

82 Saenko et al (2004) describe an 'Atlantic-Pacific seesaw'. They used an
83 EMIC and found that by adding fresh water to the Atlantic they caused a
84 shutdown of the AMOC and a more gradual strengthening of the PMOC.
85 They also showed that they could make the AMOC collapse by removing fresh
86 water from the Pacific which caused a more rapid strengthening of the PMOC.
87 The link between the two basins was suggested to be an advective feedback of
88 salinity. Other studies have also found a strengthening of the PMOC following
89 reduction or cessation of the AMOC. Mikolajewicz et al (1997) found that a
90 reduction of the AMOC caused cooling of the North Pacific from a reduced
91 northwards Atlantic ocean heat transport. This together with wind shifts over
92 the North Pacific resulted in increased convection and the formation of North
93 Pacific intermediate water. Okazaki et al (2010) also found that a shutdown
94 of the AMOC caused changes in surface fresh water fluxes in the Pacific,
95 with a northwards shift of the Intertropical Convergence Zone (ITCZ) and
96 reductions in tropical atmospheric water transport from the Atlantic to Pacific
97 resulting in a more saline North Pacific and deep water formation in the North
98 Pacific. Sinha et al (2012) showed that the switch between Atlantic and Pacific
99 overturning can also be achieved by changes in the atmospheric transport of
100 fresh water. They conducted an experiment with an EMIC with no mountains
101 in North America, resulting in a greater fraction of the atmospheric fresh water
102 originating from the Pacific falling as precipitation in the Atlantic, rather than
103 over mountain ranges and being returned to the Pacific as river runoff. The
104 result was a fresher Atlantic, saltier Pacific and overturning predominantly in
105 the Pacific.

106 The existence of the Atlantic-Pacific seesaw may be sensitive to the geo-
107 graphic representation however. Hu et al (2012) showed that adding freshwater
108 to the Atlantic caused a decrease in the the AMOC and a strengthening of the
109 PMOC in a GCM. However they also found that there was much less response
110 of the PMOC to an AMOC shutdown when the Bering Straits was open rather
111 than closed. This is because an open Bering Straits allows a pathway for fresh
112 North Atlantic/Arctic water to reach the Pacific and reinforce the halocline.
113 Paleoclimate data studies have suggested that there may have been various
114 periods in the past where the PMOC was stronger than currently (Thomas
115 et al, 2008; Holbourn et al, 2013; Menviel et al, 2014) including Okazaki et al
116 (2010) who suggested that there was a shift between the AMOC and PMOC
117 during the Last Glacial Termination.

118 Hawkins et al (2011) conducted the first hysteresis experiment using a
119 coupled GCM (FAMOUS, Smith et al, 2008). They first conducted transient
120 experiments, where fresh water hosing into the Atlantic increased and then de-
121 creased linearly, which showed a hysteresis (different values during the ramp up
122 and down of hosing). They then spun off a few experiments with constant hos-
123 ing values to identify equilibrium states (Fig 1a). This showed a narrower range
124 of hosing values with bistability (two different stable states) of the AMOC (Fig
125 2). In those experiments the Atlantic hosing was compensated by a uniform
126 removal of fresh water from the surface over the rest of the ocean. We will
127 refer to this set of experiments as SCOMP. Using an alternative experimen-
128 tal design (VCOMP, in which the hosing compensation was applied over the
129 full ocean volume) there is a much narrower hysteresis loop and no evidence
130 of bistability (Fig 1b). (Note that in this study we will use hysteresis to re-
131 fer to the different AMOC strengths during the transient experiment where
132 hosing is increased and decreased, and reserve bistability for the discussion
133 of equilibrium states.) The hosing is the same in both experiments with the
134 only difference being the way in which the compensation to the hosing is ap-
135 plied, hence the difference must be ultimately caused by the different hosing
136 compensation strategies. There is also a fundamental difference in the way in
137 which the Pacific responds. In SCOMP an increase in hosing results in a strong
138 Pacific Meridional Overturning Circulation (PMOC) which also exhibits both
139 hysteresis and bistability (Fig 1c), however there is very little response of the
140 PMOC in VCOMP (Fig 1d).

141 This raises several questions which will be addressed here. After presenting
142 the methods (section 2) we will investigate the overturning in more detail
143 (section 3). We will then investigate why the hysteresis loop is wider in SCOMP
144 than VCOMP which can be broken down into two questions: why does the
145 AMOC in SCOMP stay strong for longer when hosing is increased (black lines
146 in Fig 2; discussed in section 4)?; and why does the AMOC in SCOMP stay
147 weak for longer when hosing is decreased (gray lines in Fig 2; discussed in
148 section 5)? We do not directly investigate the difference in bistability of the
149 two experiments, but hypothesize that the mechanisms that result in the on
150 and off states of the AMOC in SCOMP being more resistant to change during
151 the hysteresis, are also important in maintaining the stable on and off states.
152 We will also investigate why there is a strengthening of the PMOC in SCOMP
153 but not VCOMP and show that this is connected to the different behavior of
154 the AMOC (section 6), and discuss the role played by atmospheric transports
155 (section 7). Conclusions are presented in section 8.

156 2 Methods

157 We analyze several experiments using the FAMOUS (Smith et al, 2008) GCM.
158 FAMOUS is a low resolution, retuned version of the third Met Office Hadley
159 Centre GCM (HadCM3) (Gordon et al, 2000) The atmospheric component

160 has a horizontal resolution of $5^\circ \times 7.5^\circ$, with 11 vertical levels, and the ocean
161 component has a horizontal resolution of $2.5^\circ \times 3.75^\circ$, with 20 vertical levels.

162 Both this study and Hawkins et al (2011) use version XDBUA of FAMOUS.
163 Amongst other factors, FAMOUS differs from HadCM3 in that it does not
164 use the deeper overflow channels created in HadCM3 to increase the flow of
165 dense water through the Denmark Straits, and uses the local surface salinity
166 to transform surface freshwater forcing into the virtual salt flux required by
167 its rigid lid ocean formulations. Although the Bering Straits are open in the
168 model, the configuration of the rigid lid enforces zero net mass flux through
169 them, significantly restricting the tracer transport that can occur through the
170 Straits. FAMOUS does not require flux adjustments for stability, but a time-
171 invariant pattern of freshwater flux is added to the ocean which represents
172 iceberg melting to compensate for the perennial build up of snow on land in
173 the polar regions at a rate diagnosed from a control run.

174 Analysis is performed on two experiments, including one which was carried
175 out as part of the study by Hawkins et al (2011), where fresh water flux
176 (hosing) was applied over the North Atlantic ($20\text{-}50^\circ\text{N}$). To prevent salinity
177 drift over long timescales, fresh water must be conserved within the ocean. This
178 was done by two different methods: firstly SCOMP uses a surface compensation
179 where fresh water is removed over the ocean surface outside of the hosing
180 region; secondly VCOMP uses a volume compensation where the compensation
181 for the hosing is applied over the whole volume of the ocean by removing
182 fresh water from each grid point. For both designs there were initial transient
183 experiments where the magnitude of the hosing flux was ramped up slowly
184 (increasing linearly from 0 to 1 Sv over 2000 years, ie $5\text{e-}4$ Sv/yr) and then
185 ramped down at the same rate to 0 Sv (see Fig. 1). Hawkins et al (2011) found
186 in SCOMP that there are a range of values of the hosing where there were both
187 on and off AMOC states. Constant hosing experiments (where the fresh water
188 flux was kept constant for a number of years) were then spun off from both on
189 and off states to find the 'equilibrium' states. Hawkins et al (2011) describe
190 the initial hysteresis experiment and spin off equilibrium experiments in more
191 detail.

192 The MOC in the Atlantic and Indo-Pacific are measured at 26°N , 798m
193 though these indices are representative of the changes over the MOC cell.
194 Anomalies are taken with respect to the on state (time mean of the first 200
195 years of the hosing ramp up experiment) or to the off state (time mean of the
196 first 200 years of the hosing ramp down experiment) as indicated.

197 **3 The global overturning circulation**

198 The initial state (before hosing is applied) in SCOMP and VCOMP consists of
199 a strong Atlantic Meridional Overturning Circulation (AMOC), characterized
200 by sinking of North Atlantic Deep Water (NADW), and a weak Antarctic
201 bottom water (AABW) cell where bottom waters produced in the Antarctic
202 mix with the NADW cell and are returned at a shallower depth (Fig 3a). In the

203 Pacific there is a strong cell upwelling bottom water, but there is no Pacific
204 Meridional Overturning Circulation (PMOC) with sinking of North Pacific
205 deep water analogous to that in the North Atlantic (Fig 3b).

206 As shown in Hawkins et al (2011), after 2000 years of hosing in SCOMP
207 the AMOC cell has vanished and been replaced by a strengthened AABW cell
208 (Fig 3c). There are also indications of a shallow (upper 1000m) Antarctic In-
209 termediate water (AAIW) cell. The circulation has also changed in the Pacific,
210 with the formation of a vigorous PMOC cell (Fig 3d). Both the overturning
211 in depth and density space (Fig 3d,4e) show the circulation weakening and
212 becoming shallower/less dense as it moves southwards, suggesting diffusive
213 upwelling. The greater upwelling in the Pacific basin may be because there is
214 a greater area of the ocean over which diffusive upwelling can occur.

215 The final state in VCOMP is very different from that in SCOMP, despite
216 experiencing the same rate and length of hosing. Although the AMOC has
217 disappeared and there is a reverse AAIW cell, the off state consists of a much
218 weaker reverse cell (Fig 3e). The Pacific state is also very different with no
219 deep sinking occurring in the North Pacific and only a weak, shallow PMOC
220 cell, although the upwelling of Pacific bottom water is weaker (Fig 3f).

221 The mechanisms behind the collapse of the AMOC and strengthening of
222 the PMOC are discussed in future sections, however there is less known about
223 what controls the reverse cells. In steady state the formation of dense water
224 must be balanced globally by upwelling/lightening of water elsewhere. This
225 occurs through diapycnal mixing and through a wind-driven upwelling in the
226 southern ocean that is at least partially compensated by eddies (Kuhlbrodt
227 et al, 2007; Johnson et al, 2007; de Boer et al, 2008). It appears plausible that
228 the water upwelled by the reverse PMOC/AMOC cells could be the return
229 branch of the strong AMOC/PMOC cells, however when regarding these cells
230 in density space (Fig 4) it can be seen that the waters upwelled in the reverse
231 cells are denser than the deep waters leaving the other basin. The water being
232 upwelled is therefore AABW and forms an AABW cell. The strength of this
233 cell globally is similar in both on and off states of SCOMP (Fig 4c,f) however
234 the partition between the upwelling in the Atlantic and Pacific basins changes,
235 with greater upwelling in the basin without a vigorous overturning circulation.
236 The presence of dense water formed in the North Atlantic or Pacific reduces
237 the meridional density gradient at depth in that basin. We hypothesize that
238 this density gradient impedes the northward transport of AABW, resulting in
239 greater upwelling in the basin without deep water formation. In VCOMP once
240 the AMOC has collapsed there is no deep water formed in the North Pacific
241 allowing a greater upwelling there. The strength of the AABW cell is reduced,
242 which is possibly due to an increase in stratification in the Southern Ocean.
243 This increase in stratification in VCOMP is caused by a freshening in surface
244 layers and salinification in the deep ocean, likely as a result of adding fresh
245 water to the surface north Atlantic and removing it throughout the depth of
246 the ocean.

247 Although the overturning circulations change substantially in both basins,
248 the global overturning at 30°S remains very similar (Fig 3g,h). This suggests

249 that the global overturning is set by some other constraint, such as the wind-
250 driven upwelling in southern ocean. This is consistent with the results from
251 Schewe and Levermann (2010) who found that the total volume export from
252 the Atlantic and Pacific below 780m was controlled by the southern ocean
253 wind stress, but that the split between the Atlantic and Pacific was controlled
254 by regional densities. Our experiments and those of Schewe and Levermann
255 (2010) all use resolutions at which eddies must be parameterized (with the
256 Gent-McWilliams scheme in FAMOUS; Gent and McWilliams, 1990), how-
257 ever an eddy resolving model might experience larger changes in eddy-driven
258 compensation in the southern ocean which would change the total wind-driven
259 upwelling there.

260 3.1 Controls on the AMOC and PMOC

261 Previous studies have shown that the AMOC strength can be related to a
262 meridional density gradient in the Atlantic (Thorpe et al, 2001; Schewe and
263 Levermann, 2010; Roberts et al, 2013). Fig 5a shows that this holds in these
264 experiments and that the relationship between meridional density gradient and
265 the AMOC is the same across all the experiments. A similar relationship is also
266 found between the PMOC and a meridional density gradient in the Pacific (Fig
267 5c). The density changes mainly occur in the North Atlantic and Pacific, with
268 little density change in the southern boxes. The meridional density difference
269 changes by 0.3 kg/m^3 between the MOC on and off states in the Atlantic, and
270 by 0.2 kg/m^3 in the Pacific. These density changes can be explained by the
271 salinity-driven changes in the northern boxes only (Fig 5b,d). There are smaller
272 temperature-driven density changes, particularly in the Pacific, however these
273 tend to offset the salinity-driven changes.

274 These relationships between the overturning circulations and the salinities
275 in the northern Atlantic and Pacific, suggests that the key to understanding
276 the behavior of the overturning circulation is to investigate the evolution of
277 the salinity in the two basins.

278 4 The AMOC 'on' branch

279 To investigate why there is a greater hysteresis in SCOMP we first examine
280 the ramp up experiment, where the hosing is increased slowly from 0-1Sv.
281 In SCOMP the AMOC decreases little until a hosing value of $\approx 0.45 \text{ Sv}$
282 is reached. Then there is a more rapid decrease of the AMOC (Fig 2, 6a). In
283 contrast the AMOC in VCOMP starts decreasing earlier and decreases more
284 steadily. Both, however, reach a state where the AMOC is off at about the
285 same hosing value of 0.55 Sv .

286 To understand this difference in the behavior, we show the budget terms
287 for the North Atlantic ($40-90^\circ\text{N}$) salinity in Fig 6. This salinity behaves in the
288 same way as the AMOC with that for VCOMP decreasing more initially, fol-
289 lowed by an accelerated decrease in SCOMP (Fig 6b,c). The budget comprises

290 surface fluxes into the north Atlantic (which freshen the region) and advective
291 fluxes (which salinify the region). The advection can be split into components
292 due to the overturning circulation and the horizontal or gyre circulation, as
293 well as parameterized mixing.

294 In both SCOMP and VCOMP there is a freshening from hosing over the
295 first 800 years (seen in the surface fluxes, Fig 6d) which is partly compen-
296 sated by increasing advection from the gyre component (cyan line in Fig 6e).
297 VCOMP freshens more because it experiences a greater reduction in advection
298 of salt from the overturning circulation (green lines in Fig 6e,f). A decomposi-
299 tion of the overturning component into contributions from changing salinities
300 and changing velocities shows that both contribute for the first 650 years,
301 with the latter taking over from years 650-800. The greater contribution from
302 velocity changes can be explained by the greater weakening of the AMOC in
303 VCOMP, however this does not identify a cause for the greater weakening.
304 The salinity contribution, on the other hand, can be explained by the differ-
305 ence in experimental design. In SCOMP, the compensation to the hosing (ie
306 removal of fresh water) is applied to the surface ocean, whereas in VCOMP
307 it is applied throughout the ocean volume. This results in increasingly saline
308 water in the surface ocean outside the hosing region in SCOMP (Fig 7). This
309 more saline water is advected into the hosing region by the mean circulation
310 and retards the AMOC reduction.

311 Although the AMOC in SCOMP stays relatively stable for the first 800
312 years, there is then an accelerated decrease (Fig 2a). This initially occurs
313 because of an accelerated freshening from increased fresh water input from
314 surface fluxes (red lines, Fig 6d,f) followed by positive advective feedback as the
315 circulation changes (green lines, Fig 6e,f). The additional changes to surface
316 freshwater fluxes will be shown (Section 7) to be from increased precipitation
317 over the subpolar and polar north Atlantic and to be associated with the
318 strengthening of the PMOC in SCOMP.

319 In summary the salinity, and therefore the AMOC, in VCOMP has an accel-
320 erated decrease because of an advective feedback (the weakening AMOC trans-
321 ports less salt into the convection region which further weakens the AMOC).
322 In SCOMP, on the other hand, this feedback is inhibited by the increasing
323 salinity of the surface water (from the surface hosing compensation) advected
324 northwards, until an increased fresh water input from precipitation from year
325 800. Hence the cause of the AMOC staying stronger for longer in SCOMP than
326 VCOMP is the form of the hosing compensation. However since the AMOC
327 reaches an off state at similar values of hosing in SCOMP and VCOMP, the
328 difference in width of the hysteresis loop is more strongly dependent on the
329 AMOC recovery.

330 **5 The AMOC 'off' branch**

331 When reducing the hosing the AMOC stays in its off state until the hosing
332 reaches 0.5 and 0.3 Sv for VCOMP and SCOMP respectively (Fig 2). Since

333 the AMOC stays off longer in SCOMP the hysteresis curve is wider. Before
334 the AMOC starts increasing there is a reduction in the AAIW cell (measured
335 as the minimum streamfunction at 30°S over 200-800m depth), with the dis-
336 appearance of the AAIW cell occurring at the same time as the AMOC starts
337 increasing (Fig 8a). The AABW cell (measured as the minimum streamfunc-
338 tion at 30°S below 3000m depth) changes little in VCOMP and weakens in
339 SCOMP only when the AMOC starts recovering.

340 Reducing the hosing results in an increase in salinity and hence density
341 of the north Atlantic in both experiments, with the AMOC only starting to
342 increase once the densities of the north and south Atlantic boxes become
343 comparable (Fig 8b). The reversal of the meridional density gradient and hence
344 recovery of the AMOC happens earlier in VCOMP because the salinity of its
345 northern box increases faster, particularly over the first 1200 years. Saline
346 anomalies (relative to the very fresh North Atlantic water in the off state)
347 form over the hosing region (20-50°N). This region is also the source of the
348 difference in salinity between the two experiments. Hence we extend our region
349 for the budget analysis to 20-90°N, although results with the original region
350 (40-90°N) are similar.

351 There are differences between the off state budgets (Fig 8): In SCOMP
352 there is a greater surface input of fresh water into the North Atlantic than in
353 VCOMP, and this is balanced by a greater export of fresh water, which is due
354 to a greater export by the stronger reverse Atlantic cell (Fig 3). A contribution
355 to the greater surface input of fresh water will be shown (Section 7) to be from
356 more precipitation and associated with the PMOC cell in SCOMP.

357 As the hosing reduces, the North Atlantic in both experiments becomes
358 more saline, although this is partly mitigated by a reduction in the export
359 of fresh water. VCOMP, however, has a faster salinification (Fig 8c). The
360 reduction in hosing occurs at the same rate in the two experiments and there
361 is little change in the net precipitation (precipitation minus evaporation) over
362 the first 1200 years, so the difference in surface fluxes remains relatively stable
363 (red lines in Fig 8d,f). The greater salinification instead occurs because the
364 export of fresh water in VCOMP decreases more slowly than the export of
365 fresh water in SCOMP (blue lines in Fig 8e,f). In particular the differences in
366 advection come from the different advection of salinity anomalies by the off
367 state overturning circulation (green dashed line in Fig 8f).

368 The key to understanding the different salinity recovery lies in the different
369 off states. In SCOMP there is a greater input of fresh water from surface
370 fluxes, balanced by a greater export of fresh water by the stronger overturning
371 circulation. When the hosing, and therefore the fresh water input from surface
372 fluxes decreases, this results in a saline anomaly relative to the previously very
373 fresh surface Atlantic water. The stronger overturning circulation in SCOMP
374 is more effective than that in VCOMP at removing this anomaly and hence
375 retaining the fresh surface waters. Hence the surface salinity in the North
376 Atlantic increases faster in VCOMP than SCOMP. This can be understood
377 more clearly with the aid of a simple box model as shown in the Appendix.

378 The increased surface salinity reduces stratification and encourages deep
379 convection and the recovery of the AMOC. Once the AMOC starts increasing
380 there is a positive advective feedback whereby more saline water is advected
381 into the region by the AMOC (green lines in Fig 8e), further salinifying the
382 North Atlantic. A study of the decrease and resumption of the Atlantic over-
383 turning found that these positive advective and convective feedbacks can cause
384 a rapid increase in the AMOC strength and even an overshoot (Jackson et al,
385 2013). Fig 2 shows some overshoot of the AMOC as it recovers in both exper-
386 iments.

387 In summary, the two models respond differently to reducing the hosing
388 because of their different off states. SCOMP has a stronger reverse cell which
389 is more efficient at exporting salinity anomalies, and hence is more stable than
390 that in VCOMP. This results in a wider hysteresis curve.

391 6 The PMOC

392 The overturning circulation in the Pacific behaves very differently in the two
393 experiments, with SCOMP developing a strong Pacific Meridional Overturning
394 Circulation (PMOC), whereas no such circulation develops in VCOMP (Fig
395 2,3 and 4). In SCOMP the PMOC starts increasing properly around year 800
396 (Fig 9), however there is a slight increase in both the north Pacific salinity and
397 the PMOC prior to this. Since this salinity increase is predominantly in the
398 surface Pacific (Fig 7c), the volume average salinity change is very small and
399 difficult to attribute using a budget analysis (not shown). Once the PMOC
400 starts increasing there are feedbacks that result in the salinity and PMOC
401 increasing more rapidly (Fig 9a,b). It is the initial salinification in the surface
402 Pacific, however, that triggers the increase of the PMOC.

403 The salinification of the North Pacific can be attributed to the surface
404 compensation of the hosing flux. Although the fresh water removed from the
405 North Pacific is an order of magnitude smaller than the fresh water added in
406 the North Atlantic, it can still have a significant impact on the Pacific. After
407 500 years there has been a total hosing input of 62.5 Sv yr into the surface
408 Atlantic and an equivalent removal of fresh water from the compensation ev-
409 erywhere else. Applying this compensation over the upper 1000m would result
410 in an increase in salinity of approximately 0.2 PSU, consistent with the salinity
411 change seen in the upper waters of the North Pacific in SCOMP (Fig 7).

412 The salinification of the surface North Pacific erodes the halocline there,
413 making the water column less stable and encouraging deep convection. Various
414 studies have found that removing fresh water from the surface North Pacific
415 can result in a strengthening of the PMOC (Saenko et al, 2004; Menviel et al,
416 2012). Fig 9d shows the increasing salinity of the upper North Pacific over the
417 first 800 years. Towards the end of this period there are indications of increased
418 vertical mixing as the subsurface warm layer (200-800m) cools and the water
419 above and below warms (Fig 9c,10a) . This becomes more prominent after
420 year 800 indicating a large increase in deep convection which brings warm,

421 salty, subsurface water to the surface. Also the strengthening PMOC advects
422 more warm and salty water from the tropics (not shown). These both result
423 in the increased salinification and warming of the North Pacific and further
424 intensification of the PMOC.

425 In summary, the PMOC becomes strong in SCOMP because the fresh
426 water removal by the hosing compensation reduces the stratification in the
427 Pacific and can encourage deep convection to start. It should be noted that
428 the Pacific in FAMOUS contains biases that could affect these processes. In
429 particular the subsurface warm and salty water seen in the unperturbed model
430 state is not present in the present day climatology (see Fig. 10). This means
431 that the Pacific in our model experiments is more sensitive to changes that
432 can initiate the convective feedbacks and cause an increase in PMOC strength
433 than the present day climate.

434 7 An atmospheric bridge

435 In VCOMP, where the AMOC is reduced but PMOC changes little, the im-
436 pacts on surface fresh water fluxes are similar to previous studies where the
437 AMOC is reduced (Vellinga et al, 2002; Krebs and Timmermann, 2007; Yin
438 et al, 2006). In particular the reduced northwards heat transport in the At-
439 lantic results in colder temperatures in the North Atlantic and warmer in
440 the South Atlantic. This reduces (increases) the evaporation over the North
441 (South) Atlantic, resulting in less (more) atmospheric moisture and therefore
442 less (more) precipitation (Fig 11e,h). The reduction in northwards heat trans-
443 port also moves the latitude of maximum sea surface temperature southwards,
444 resulting in increased (decreased) precipitation south (north) of the equator
445 in the Atlantic (a southwards shift of the Atlantic Inter-tropical Convergence
446 Zone; ITCZ).

447 We might expect that a strengthening of the PMOC would have the op-
448 posite results in the Pacific. Comparing SCOMP (which has a strong PMOC)
449 with VCOMP (which does not) we indeed see increased evaporation and pre-
450 cipitation over the North Pacific (consistent with the warmer temperatures
451 seen in Fig 9c) and a northwards shift of the Pacific ITCZ (Fig 11f,i). This
452 is also consistent with the study of Lenton et al (2007) which found similar
453 impacts from the appearance of a PMOC cell. The presence of the PMOC has
454 effects outside the Pacific alone. In particular there is increased precipitation
455 throughout the North Atlantic and Arctic in SCOMP compared to VCOMP
456 (Fig 11f). We suggest that this increased precipitation is a result of increased
457 transport of atmospheric moisture from the Pacific (where there is greater
458 evaporation because of the strong PMOC in SCOMP, Fig 11i).

459 Fig 12 shows the vertically integrated atmospheric moisture fluxes along
460 with their divergences. The divergences show the gain of fresh water by the
461 atmosphere (assuming little storage in the atmosphere) and hence the fresh
462 water loss by the ocean, and are multiplied by -1 to compare with the net
463 flux into the ocean. When the AMOC has collapsed (and PMOC strength-

ened in SCOMP) there is a greater transport of atmospheric moisture across North America in SCOMP than VCOMP (Fig 12c,d). Moisture from the more strongly evaporative North Pacific is transported northeastwards, with much falling over Canada and Alaska (with some draining into the Arctic and Atlantic), and some crossing the continent to the subpolar North Atlantic and Arctic. There is also a greater transport of fresh water across the southern USA.

The budget for the North Atlantic salinity also showed an increased input of fresh water whilst the AMOC was collapsing in SCOMP (Section 4, Fig 6). This input of fresh water accelerated the salinity, and AMOC, decrease. Time series of fresh water fluxes over a similar Atlantic region (Fig 12e) also shows the increase in fresh water input from year 800. In both SCOMP and VCOMP we see the reduction in evaporation and precipitation as the AMOC decreases as previously discussed. In SCOMP, however, the precipitation first increases at year 800 before decreasing, resulting in more fresh water input than VCOMP for the rest of the simulation. This increase in precipitation occurs at the same time as the increase in evaporation in the Pacific (Fig 12f). Atmospheric moisture fluxes also show a path from the evaporative region in the North Pacific to the subpolar North Atlantic at this time (Fig 12c). This all suggests that the strengthening of the PMOC at year 800 (discussed in Section 6) causes a greater transport of fresh water to the North Atlantic via an atmospheric bridge between the Pacific and Atlantic. It is this fresh water input that then initiates the accelerated AMOC decrease seen in SCOMP (discussed in Section 4).

In Section 5 it was shown that the two off states differ with SCOMP having a greater input of fresh water into the Atlantic, which is balanced by a greater export of fresh water from the stronger reverse cell. This greater fresh water input is mainly from greater precipitation (Fig 12e) with a contribution from the greater transport of moisture from the North Pacific to the North Atlantic by the atmosphere (Fig 12d). This shows one way in which the Atlantic state is connected to the Pacific state.

In summary, a increase of the PMOC results in greater northwards heat transport and hence greater evaporation in the North Pacific. There is evidence for this resulting in a greater atmospheric transport of moisture from the North Pacific to North Atlantic and Arctic basins, and hence causing a freshening of the North Atlantic. It should be noted that there is a bias in the atmospheric moisture transport in FAMOUS, which has a greater transport across North America than in the ERA interim reanalysis Dee et al (2011) (Fig 12a,b). Hence this atmospheric link between the two basins could be weaker than found in this model, nevertheless it does show the potential for the Pacific MOC to influence the Atlantic MOC via an atmospheric bridge.

505 8 Conclusions

506 Two different hysteresis experiments (where an additional fresh water flux
507 in the North Atlantic is gradually increased and then decreased) show very
508 different impacts on the overturning circulation, particularly in the Pacific.
509 When the fresh water addition is compensated by removing fresh water from
510 the global ocean surface (SCOMP), the overturning circulation responds with
511 the formation of a deep overturning cell in the Pacific and a strong reverse
512 cell upwelling in the North Atlantic. On the other hand, when the fresh water
513 addition is compensated throughout the ocean volume (VCOMP), there is
514 little response in the Pacific, and the reverse cell in the Atlantic is much
515 weaker. In SCOMP a greater reduction of fresh water input is required before
516 the AMOC recovers to its original state, so the hysteresis is wider. This is
517 shown to be caused by the differences in the reverse Atlantic cell which is
518 stronger in SCOMP than in VCOMP.

519 The ultimate reason for the two experiments having different off states,
520 however, is the way in which the compensation is applied. In SCOMP, the
521 compensation makes the surface Pacific more saline, decreasing stratification
522 and encouraging deep convection. This results in the development of a Pacific
523 overturning cell, which has two impacts on the Atlantic. Firstly the Pacific
524 overturning warms the surface Pacific, resulting in increased evaporation, an
525 increased atmospheric moisture transport across North America, and greater
526 precipitation in the North Atlantic. This fresh water input into the North
527 Atlantic impedes the formation of deep water and helps to maintain an AMOC
528 off state. Also, greater sinking in the North Pacific may result in less transport
529 of AABW into the Pacific and hence a greater upwelling of AABW in the
530 Atlantic, resulting in the stronger Atlantic reverse cell. This reverse cell also
531 helps to maintain an AMOC off state by being more stable to salinity changes.

532 The markedly different results when using different hosing compensations
533 raises the question of which is the best to use. Surface compensation is the most
534 realistic if the scenario considered is that where surface fluxes are changing,
535 although these are unlikely to be evenly distributed in reality. The addition of
536 fresh water into the north Atlantic is normally considered to be an idealization
537 of fresh water input from melting ice sheets. In reality that would require no
538 compensation, but would require an increase in global mean sea level and a
539 reduction in global mean salinity. Since most general circulation models cannot
540 simulate an increase in the volume of the ocean, volume compensation could be
541 justified in that it has the least impact on the salinity distribution elsewhere,
542 and might be the most appropriate compensation to use when equilibrium
543 solutions (where the global mean salinity is not changing) are sought.

544 The results presented here show that the nature of the off state reached
545 (eg the presence of a Pacific overturning, the nature of the Atlantic reverse
546 cell, atmospheric teleconnections) can be very important in determining the
547 hysteresis. We hypothesize that the mechanisms that control the differences
548 in AMOC collapse and recovery during the transient hysteresis experiments
549 are also important in determining the relative stability of the equilibrium on

550 and off states. Hence the nature of the off state reached may have important
 551 implications for the presence of bistability.

552 Previous studies (Marotzke and Willebrand, 1991; Manabe and Stouffer,
 553 1999; Gregory et al, 2003; Saenko et al, 2004) have found hysteresis and bista-
 554 bility in other models with different off states (including without a Pacific
 555 overturning cell), hence the nature of the stable off state might be model de-
 556 pendent. It is unclear whether the different results found in FAMOUS are a
 557 result of its greater complexity, or due to model biases or the hosing method-
 558 ology, however we note that simple models which do not allow changing atmo-
 559 spheric fresh water transports between the Atlantic and Pacific would not be
 560 able to reproduce the results found in SCOMP. It also is possible that these
 561 results might be resolution dependent; Mecking et al (2016) found that fresh-
 562 water advection by eddies in an eddy-permitting model can be important in
 563 the AMOC recovery. Despite the possible model dependence of these results,
 564 they do suggest that it is not sufficient to have no AMOC cell for a stable off
 565 state, and that the presence of a strong reverse Atlantic cell and a PMOC cell
 566 can help to stabilise the off state.

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571 9 Appendix: Box model of AMOC recovery

When the hosing is reduced over the North Atlantic, in both SCOMP and
 VCOMP the salinity recovers from that in the AMOC off state, with saline
 (less fresh) anomalies appearing in upper 500m of the region in which the
 hosing is applied. The salinity in VCOMP recovers faster. To illustrate why
 we consider a simple model where the upper North Atlantic is represented by
 a box with volume V (m^3) and salinity S (PSU). A circulation of strength
 Q (m^3/s), representing the reverse overturning cell, imports water of salinity
 $S_0 > S$ (PSU). There is a surface fresh water flux F (m^3/s of fresh water)
 from precipitation minus evaporation plus hosing. Hence the salinity budget
 of the box can be written

$$V \frac{dS}{dt} = Q(S_0 - S) - FS.$$

In steady state

$$\bar{Q}(S_0 - \bar{S}) = \bar{F} \bar{S}.$$

572 Now as the hosing input decreases, so does F , so we set $F = \bar{F} - h$ where h
 573 represents the hosing decrease. The salinity in the box increases from that in
 574 the off state as $S = \bar{S} + \sigma$ and the circulation changes $Q = \bar{Q} - q$ where we
 575 make the assumption that the circulation decreases as the salinity in the box
 576 (and hence density in the north Atlantic) increases (such as in Fig 8b), so that

577 $q = \beta\sigma$. Hence we have (assuming that the changes in salinity are small and
578 hence neglecting σ^2 and σh terms)

$$V \frac{d\sigma}{dt} = -(\overline{Q} + \overline{F} + \beta(S_0 - \overline{S}))\sigma + h\overline{S}$$

or

$$\frac{d\sigma}{dt} = -\frac{1}{\tau}\sigma + H$$

579 where $\tau = V/(\overline{Q} + \overline{F} + \beta(S_0 - \overline{S}))$ and $H = h\overline{S}/V$. The timescale τ can be
580 thought of as a residence time for salinity anomalies within the region.

The solution for this with $H = \lambda t$ (the hosing reducing linearly with time) using $\sigma = 0$ at $t = 0$ is

$$\sigma = \lambda\tau^2 \left(e^{-t/\tau} - 1 + t/\tau \right)$$

581 To compare this to our model experiments we need to calculate the timescale
582 τ and hosing reduction λ for both SCOMP and VCOMP. We assume that the
583 changes in advection are dominated by the advection of salinity anomalies by
584 the mean flow so that $\tau = V/(\overline{Q} + \overline{F})$. This is true initially in experiments
585 (Fig 8f), however we note that allowing the reverse cell to decrease would
586 reduce the timescale. We also ignore the contribution of advection by a gyre
587 circulation which would increase the value of \overline{Q} and hence also reduce the
588 timescale. These assumptions are made to allow a comparison with the model
589 and to illustrate the impact of the different off states on the salinification of
590 the North Atlantic.

591 Using a box from 20-60°N and up to 500m deep we calculate the volume
592 $V = 3.5 \times 10^{15} \text{m}^3$ and the salinification by surface fluxes \overline{F} to be 6.6×10^5
593 and $7.0 \times 10^5 \text{m}^3/\text{s}$ for VCOMP and SCOMP respectively. We also estimate \overline{Q}
594 from the overturning cell strength at 20°N to be 3.0×10^6 and $4.0 \times 10^6 \text{m}^3/\text{s}$
595 respectively (Fig 3). This gives a timescale τ of 31 years for VCOMP and
596 24 years for SCOMP. The hosing decreases by 500 m^3/s every year, giving
597 $\lambda = 1.4 \times 10^{-19} \text{PSU}/\text{s}^2$ for both experiments

598 The predicted salinity change from this very simple model is shown in Fig
599 13 along with the actual salinity increase. The predicted salinity increases are
600 of a similar order of magnitude to that in the FAMOUS experiments and show
601 the salinity in VCOMP increasing faster than that in SCOMP. This can be
602 traced to the difference in circulation strength between the two experiments
603 which changes the timescale of adjustment. Since SCOMP has a stronger re-
604 verse circulation than VCOMP, the residence timescale in the region is smaller
605 and the salinity initially increases more slowly.

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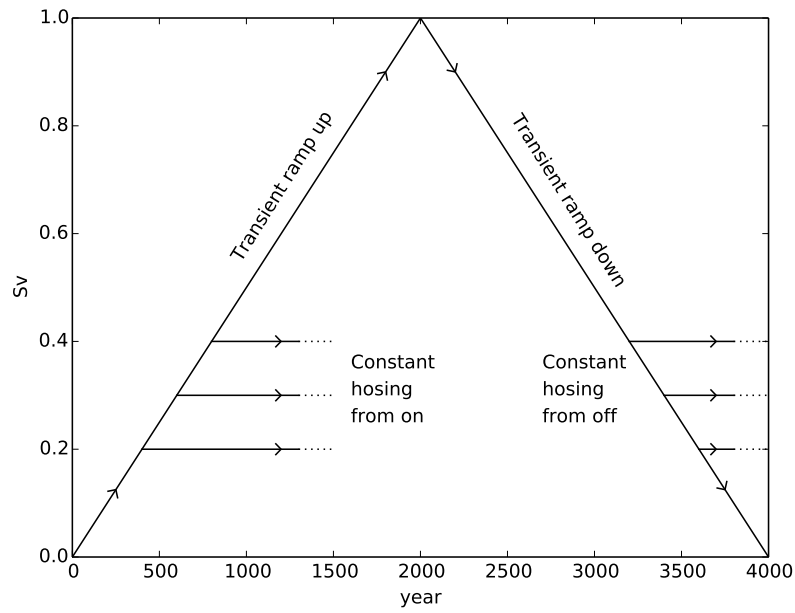


Fig. 1 Schematic of fresh water hosing applied over the North Atlantic in the transient hysteresis experiments (diagonal lines) and the equilibrium experiments with constant fluxes (horizontal lines). Experiments are described in Hawkins et al (2011).

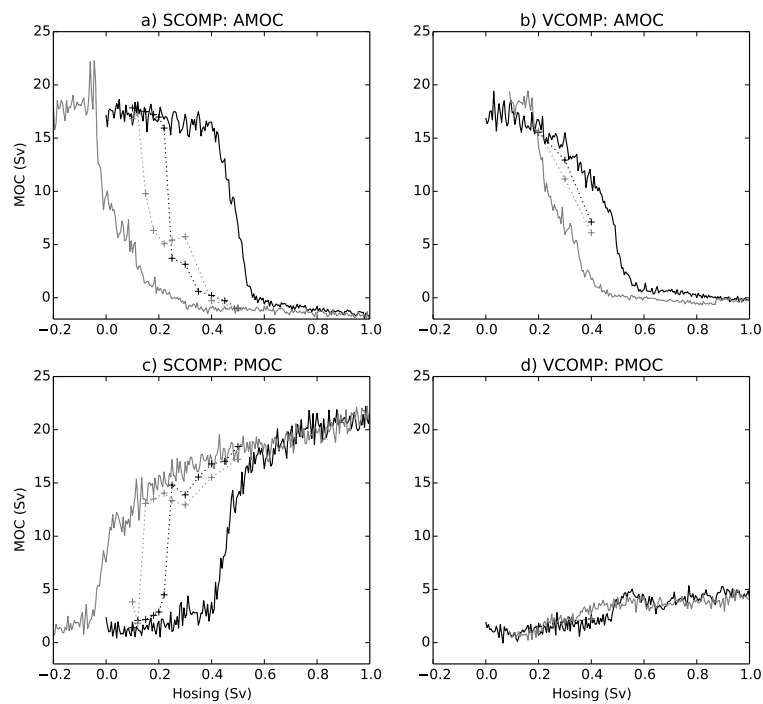


Fig. 2 Indices of AMOC (a,b) and PMOC (c,d) strength against hosing flux added to the North Atlantic for SCOMP (a,c) and VCOMP (b,d) experiments. Solid lines are the transient experiments and dotted lines with crosses show the final states of the constant hosing experiments. Black lines show experiments where hosing is ramped up, and gray lines show experiments where hosing is ramped down.

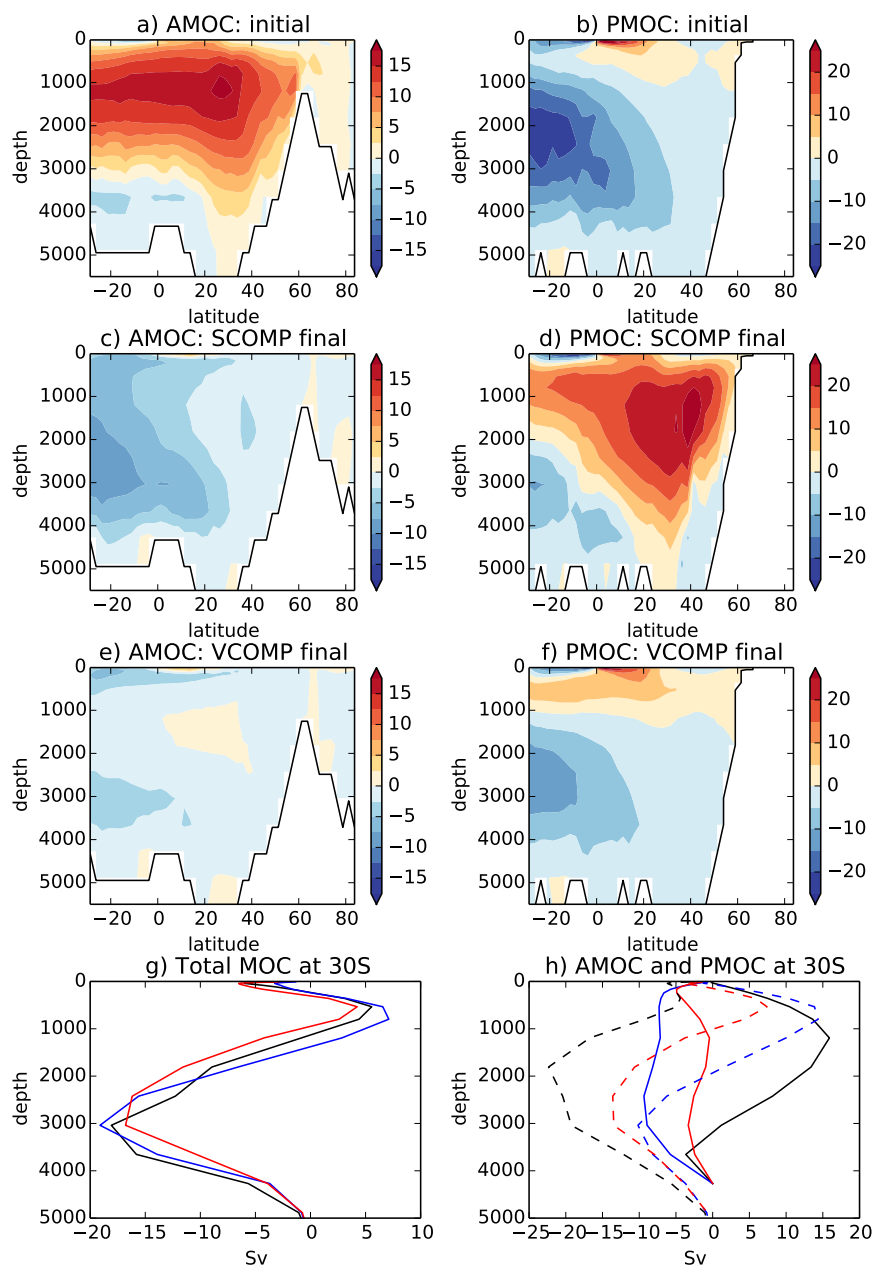


Fig. 3 Time mean overturning streamfunctions (Sv) for the Atlantic (a,c,e) and Indo-Pacific (b,d,f) for the SCOMP on state (year 0-200, a,b), the SCOMP off state (year 1800-2000, c,d) and the VCOMP off state (year 1800-2000, e,f). g) The global MOC (Atlantic plus Indo-Pacific) at 30°S for the SCOMP on state (black), the SCOMP off state (blue) and the VCOMP off state (red). h) As (g) except showing the values for the AMOC (solid lines) and PMOC (dashed lines).

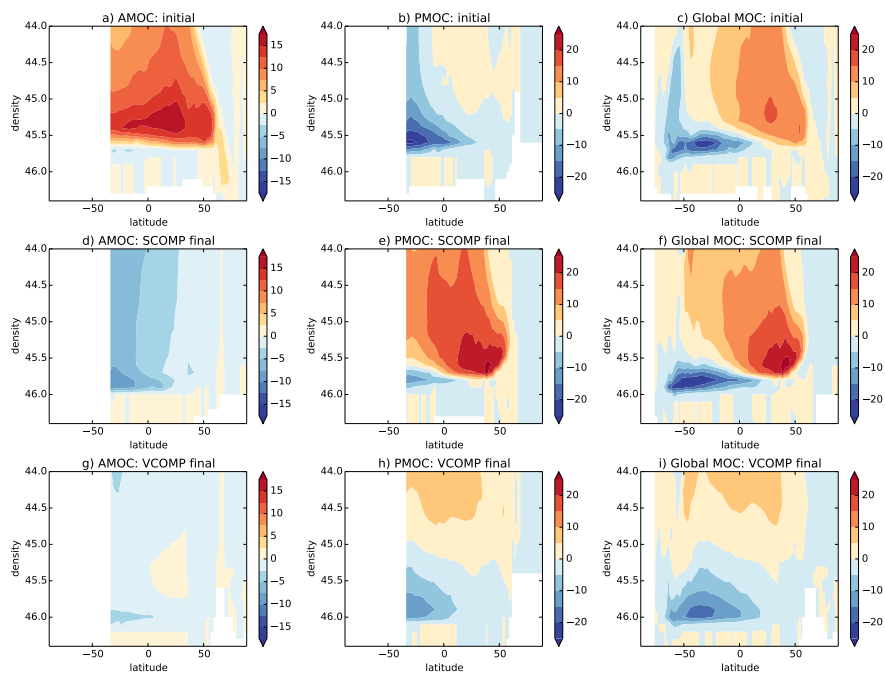


Fig. 4 Time mean overturning streamfunctions (Sv) for the Atlantic (a,d,g), Indo-Pacific (b,e,h) and globally (c,f,i) for the SCOMP on state (year 0-200, a,b,c), the SCOMP off state (year 1800-2000, d,e,f) and the VCOMP off state (year 1800-2000, g,h,i).

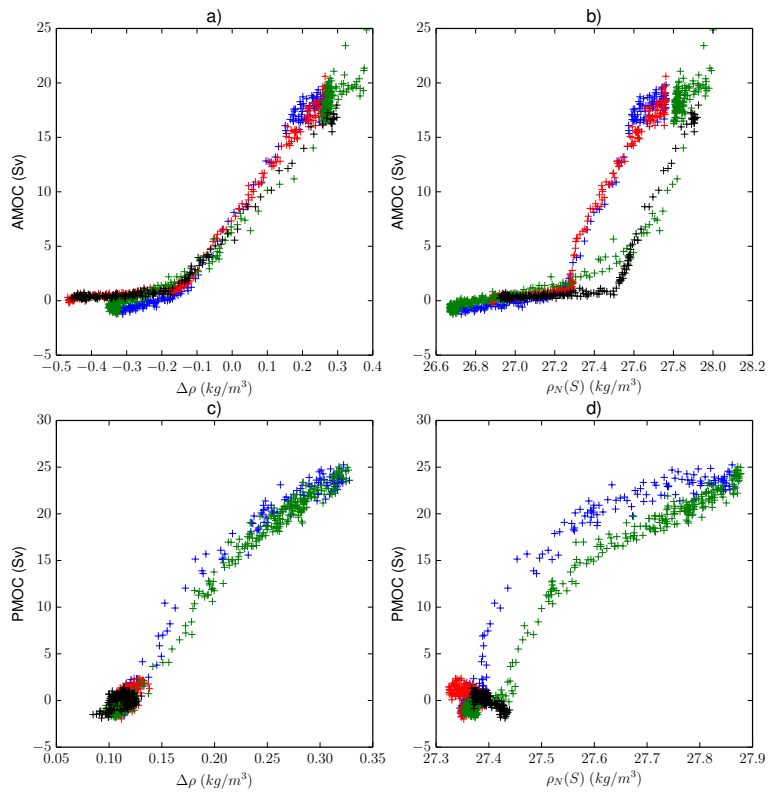


Fig. 5 Scatter plots of decadal mean MOC strength against (a,c) meridional density difference and (b,d) density in the north box due to salinity changes only. The regions used are (a,b) the Atlantic (density regions used are $40\text{-}90^\circ\text{N}$ and $20\text{-}35^\circ\text{S}$) and (c,d) the Pacific (density regions used are $45\text{-}65^\circ\text{N}$ and $20\text{-}35^\circ\text{S}$). Colors used are for the different experiments: SCOMP ramp up (blue), SCOMP ramp down (green), VCOMP ramp up (red) and VCOMP ramp down (black).

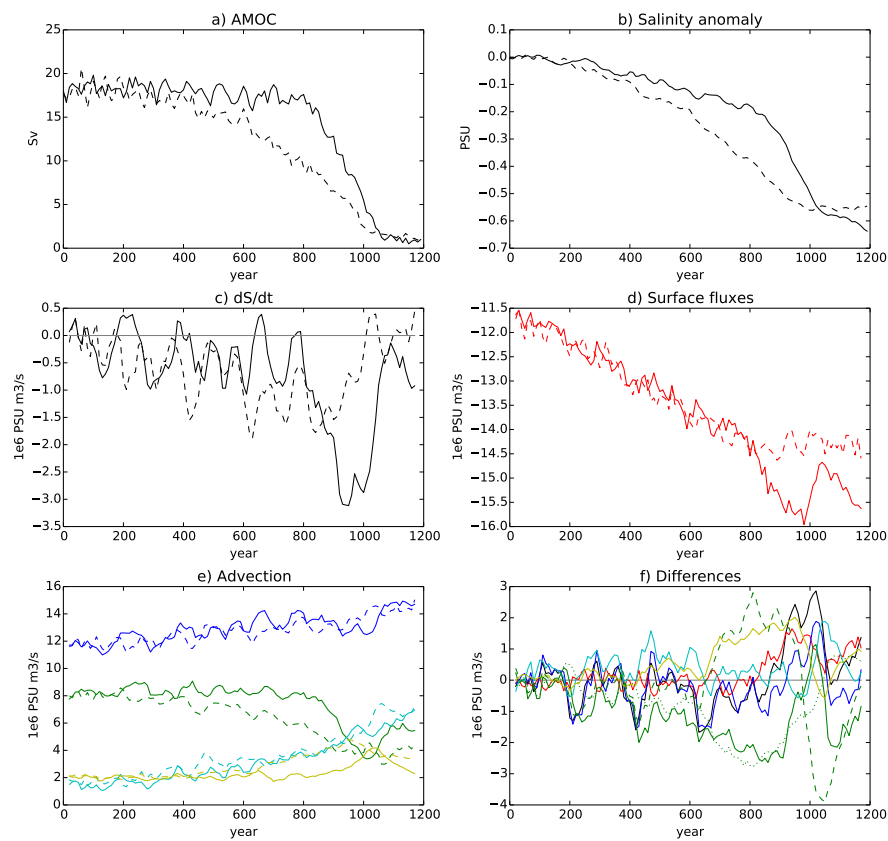


Fig. 6 Salinity budget of the North Atlantic during ramp up experiments with SCOMP (solid) and VCOMP (dashed). a) AMOC indices. b) salinity anomalies in the north Atlantic ($40\text{-}90^\circ\text{N}$). c) rate of change of salinity (black). d) surface fluxes including hosing (red). e) advection including total advection (blue), that from the overturning (green), that from the gyre circulation (cyan) and that from diffusion (yellow). f) budget terms in VCOMP minus those in SCOMP. The green dotted lines are the differences from advection of initial salinities by the anomalous overturning and the green dashed lines from advection of anomalous salinities by the initial overturning. Initial salinities and overturning are those from the on state (start of the ramp up experiment). Colors are as for the other panels. The black dotted lines in panels show the position of the x axis.

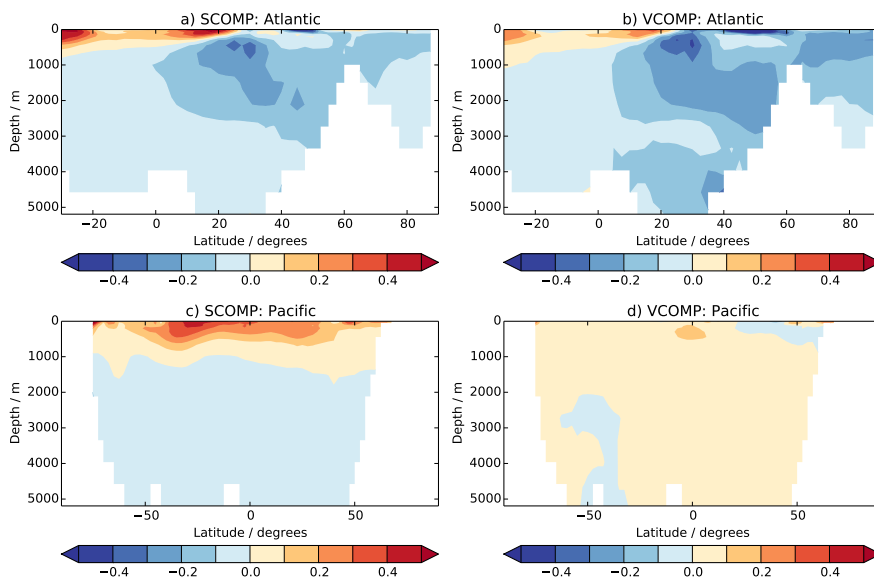


Fig. 7 Zonal mean sections of salinity anomalies in SCOMP (a,c) and VCOMP (b,d) in years 500-600 with respect to years 0-100 of the ramp up experiments for the Atlantic (a,b) and Pacific (c,d).

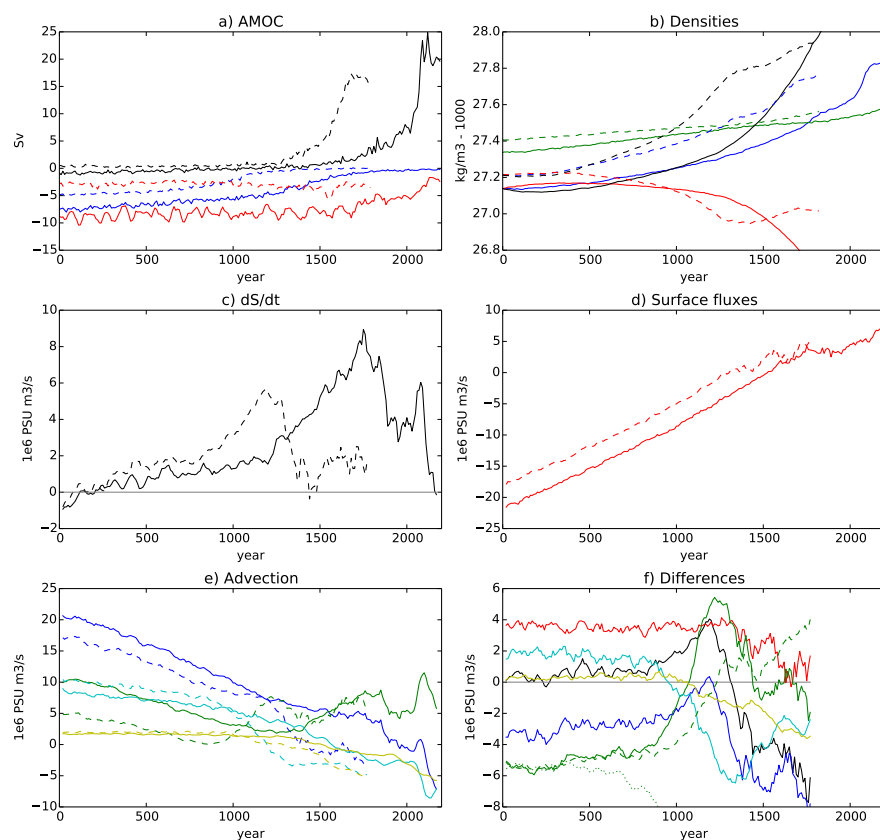


Fig. 8 Salinity budget of the North Atlantic during ramp down experiments with SCOMP (solid) and VCOMP (dashed). a) AMOC (black), AAIW (blue) and AABW (red) indices. b) densities in the north Atlantic ($20-90^{\circ}\text{N}$, blue) and south Atlantic ($20-35^{\circ}\text{S}$, green). Also shown are north Atlantic densities calculated with a time-evolving salinity and off state temperature (black) or time-evolving temperature and off state salinity (red). c) rate of change of salinity (black). d) surface fluxes including hosing (red). e) advection including total advection (blue), that from the overturning (green), that from the gyre circulation (cyan) and that from diffusion (yellow). f) budget terms in VCOMP minus those in SCOMP. The green dotted lines are the differences from advection of initial salinities by the anomalous overturning circulation and the green dashed lines from advection of anomalous salinities by the initial overturning circulation. 'Initial' salinities and overturning are those from the off state (start of the ramp down experiment). Colors are as for the other panels. The black dotted lines in panels show the position of the x axis.

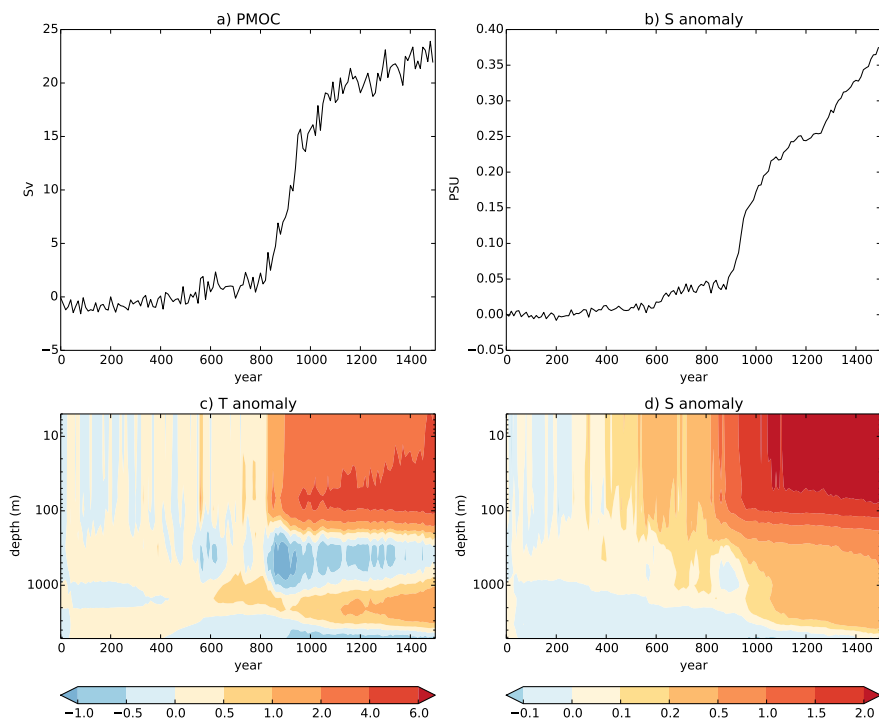


Fig. 9 a) The PMOC in SCOMP (Sv). b) The volume averaged salinity anomaly over the north Pacific box ($45\text{--}65^\circ\text{N}$, PSU). c) Temperature ($^\circ\text{C}$) anomalies (relative to years 0-100) area averaged over the north Pacific box. d) As c but for salinity anomalies (PSU). Note the nonlinear depth and contour scales.

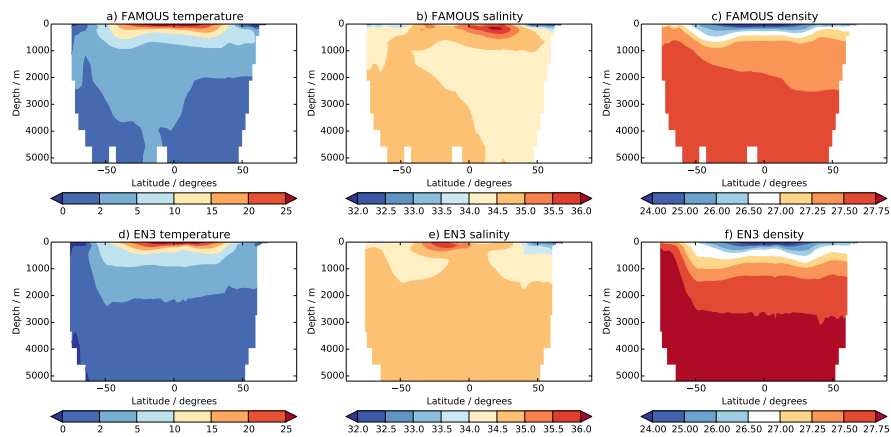


Fig. 10 Zonal mean sections of (a,d) temperature ($^{\circ}C$), (b,e) salinity (PSU) and (c,f) density ($kg/m^3 \cdot 1000$) in the Pacific. (a,b,c) The fields from the initial model state (average of years 0-100 of SCOMP) and (d,e,f) values from the EN3 climatology (Ingleby and Huddleston, 2007)

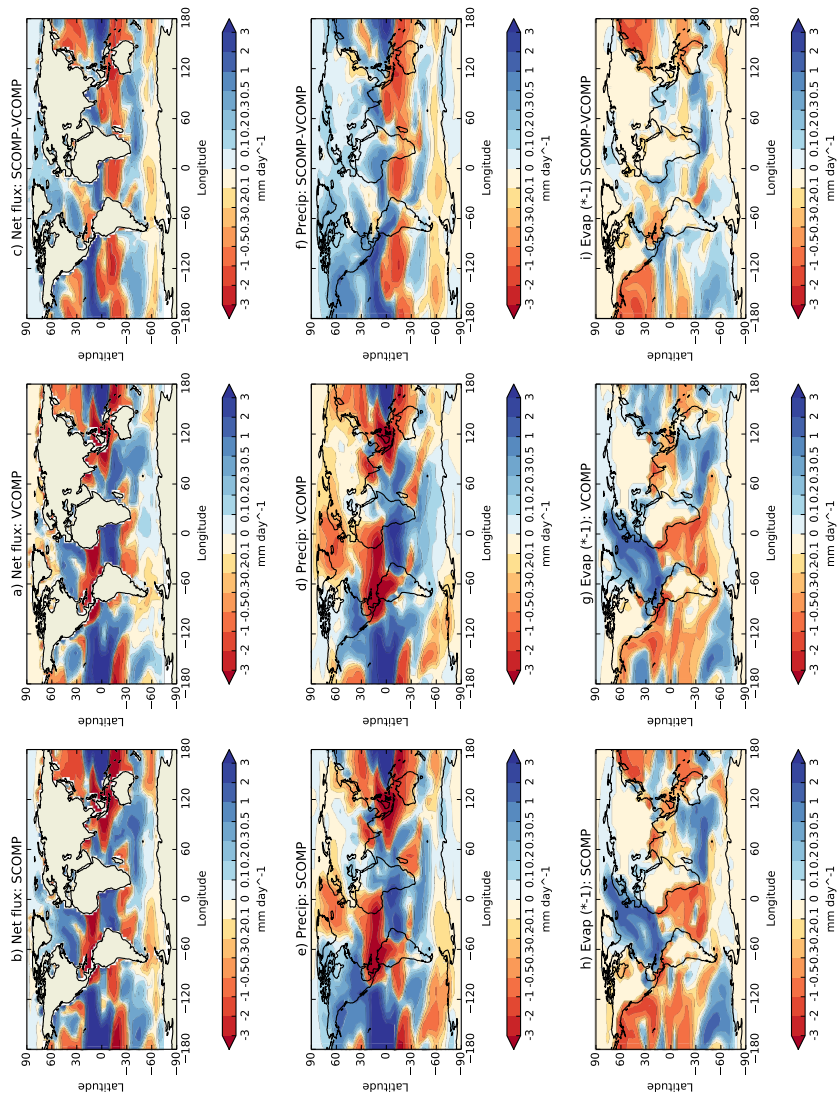


Fig. 11 Surface fresh water flux anomalies (years 1500-2000 average minus years 0-100 average) for SCOMP (a,d,g), VCOMP (b,e,h) and SCOMP-VCOMP (c,f,i). Shown are net flux into the ocean (precipitation - evaporation + runoff, a,b,c), precipitation (d,e,f) and $(-1) \times$ evaporation (g,h,i). Blue regions represent freshening by fluxes, and red regions represent salinification.

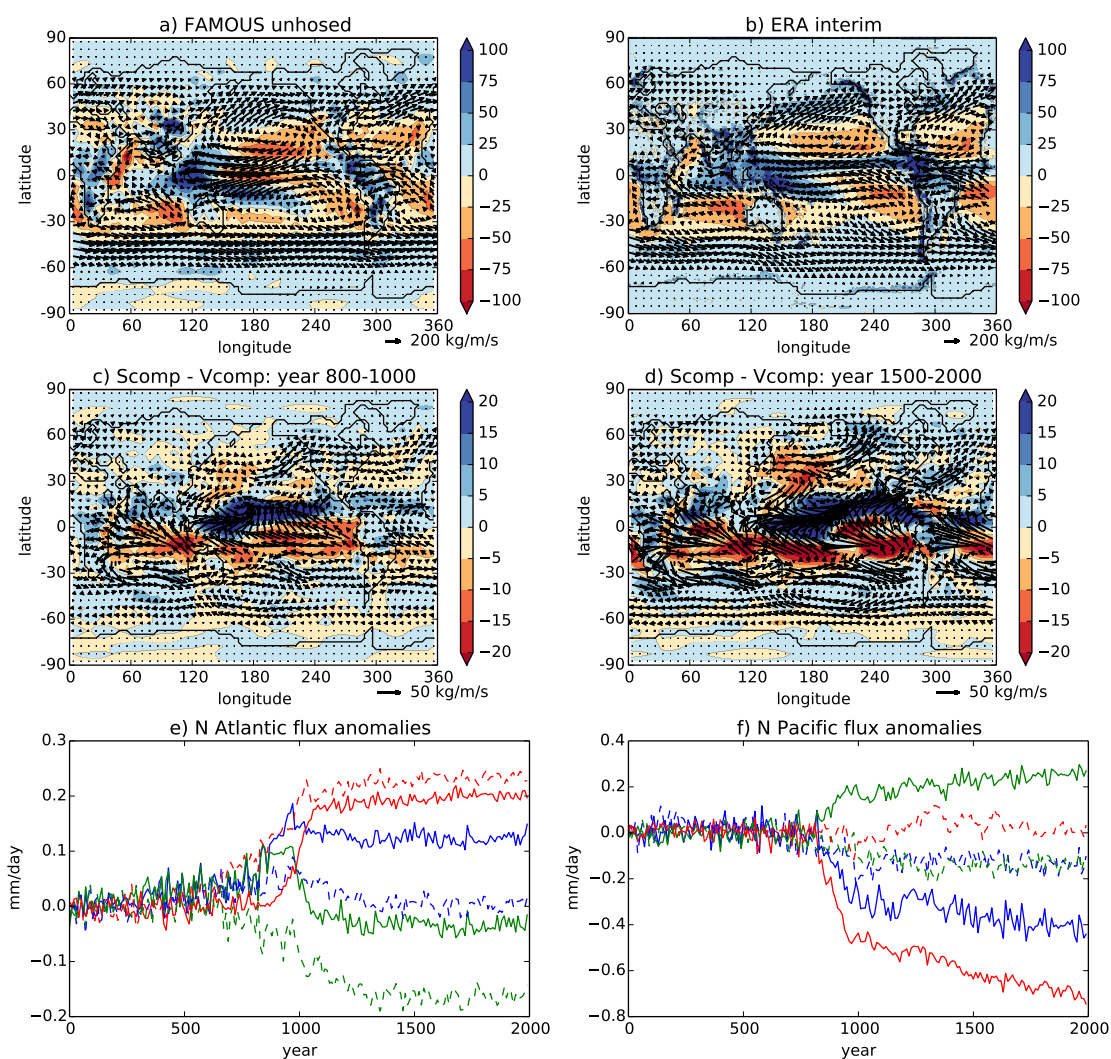


Fig. 12 Vertically integrated atmospheric moisture transport (arrows, in $kg/m/s$) overlying (-1×10^6) moisture transport divergence ($kg/m^2/s$). a) moisture transport for the model initially (average of years 0-100 in SCOMP). b) Values from ERA interim. c) Difference between SCOMP and VCOMP in the years 800-1000. d) Difference between SCOMP and VCOMP when the AMOC is off (years 1500-2000). e) Time series of precipitation (green), (-1) evaporation (red), net flux (precipitation-evaporation+runoff, blue) for SCOMP (solid) and VCOMP (dashed). Values are means over the North Atlantic (north of 65°N and 40-65°N, 90°W-50°E). f) As in the bottom left but for the North Pacific (30-65°N, 110-250°E).

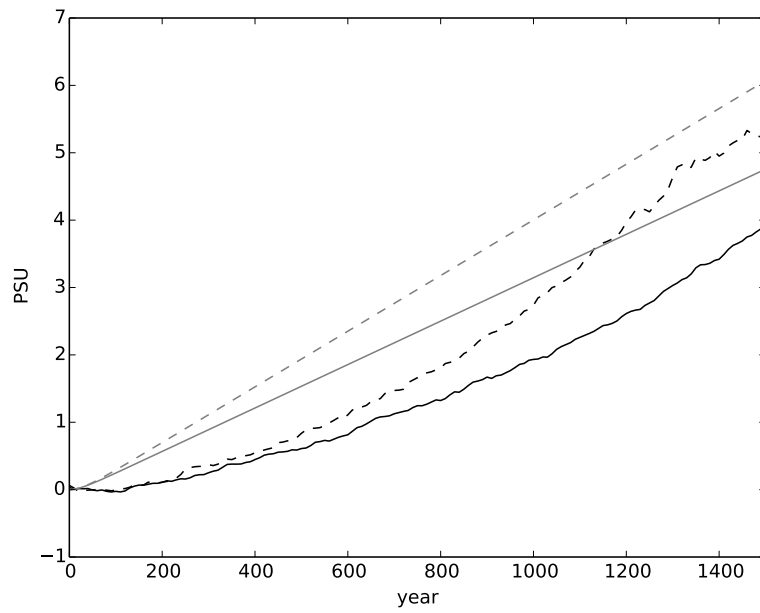


Fig. 13 Fig A1. Evolution of salinity anomalies in the upper North Atlantic over the region 0-500m, 20-60°N from the AMOC off state. Shown are anomalies from the model experiments (black) and from the simple box model described in the Appendix (gray) for SCOMP (solid lines) and VCOMP (dashed lines).