

Bioaccessibility of PBDEs present in indoor dust: a novel dialysis membrane method with a Tenax TA® absorption sink

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Accepted Version

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Kademoglou, K., Williams, A. C. ORCID: https://orcid.org/0000-0003-3654-7916 and Collins, C. D. (2018) Bioaccessibility of PBDEs present in indoor dust: a novel dialysis membrane method with a Tenax TA® absorption sink. Science of the Total Environment, 621. pp. 1-8. ISSN 0048-9697 doi: https://doi.org/10.1016/j.scitotenv.2017.11.097 Available at https://centaur.reading.ac.uk/74332/

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To link to this article DOI: http://dx.doi.org/10.1016/j.scitotenv.2017.11.097

Publisher: Elsevier

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3 Highlights

- First method employing dialysis membrane for physical separation between Tenax 4 • $TA^{\ensuremath{\mathbb{R}}}$ and dust 5 Tenax TA[®] used as an absorption sink trapped in dialysis membrane mimics the 6 • situation in vivo 7 • CE-PBET performance was tested under different Tenax TA[®] loadings (0.25, 0.5 & 8 0.75 g) 9 Two to three-fold bioaccessibility increase with Tenax TA[®] inclusion for all PBDEs • 10
- Colon sorption to Tenax TA[®] was similar to small intestine for BDE28, but was higher than small intestine sorption for other PBDEs
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- 14

- 16 Bioaccessibility of PBDEs present in indoor dust: A novel dialysis membrane method with a
- 17 Tenax TA[®] absorption sink
- 18 <u>Katerina Kademoglou ^{a,b}</u>*, Adrian C. Williams ^c, Chris D. Collins ^a*
- ^a Soil Research Centre, Department of Geography and Environmental Science, University of
- 20 Reading, Whiteknights campus, RG6 6DW, Reading, UK
- ^b RECETOX, Masaryk University, Kamenice 753/5, pavilion A29, 62500 Brno, Czech
- 22 Republic (current affiliation)
- ^c School of Pharmacy, University of Reading, Whiteknights campus, RG6 6AD, Reading,
- 24
- 25 * Corresponding authors: Katerina Kademoglou: <u>kademoglou@recetox.muni.cz</u> or
- 26 <u>Katerina.kademoglou@gmail.com;</u> Chris Collins: <u>c.d.collins@reading.ac.uk</u>

28 Abstract

Human uptake of flame retardants (FRs) such as polybrominated diphenyl ethers (PBDEs) 29 30 via indoor dust ingestion is commonly considered as 100% bioaccessible, leading to potential risk overestimation. Here, we present a novel in vitro colon-extended physiologically-based 31 extraction test (CE-PBET) with Tenax TA[®] as an absorptive "sink" capable to enhance 32 PBDE gut bioaccessibility. A cellulose-based dialysis membrane (MW cut-off 3.5kDa) with 33 high pH and temperature tolerance was used to encapsulate Tenax TA[®], facilitating efficient 34 physical separation between the absorbent and the dust, while minimizing re-absorption of 35 the ingested PBDEs to the dust particles. As a proof of concept, PBDE-spiked indoor dust 36 samples (n=3) were tested under four different conditions; without any Tenax TA[®] addition 37 (control) and with three different Tenax TA[®] loadings (*i.e.* 0.25, 0.5 or 0.75 g). Our results 38 show that in order to maintain a constant sorptive gradient for the low MW PBDEs 0.5 g of 39 Tenax TA[®] are required in CE-PBET. Tenax TA[®] inclusion (0.5 g) resulted in 40% gut 40 bioaccessibility c.for BDE153 and BDE183, whereas greater bioaccessibility values were 41 seen for less hydrophobic PBDEs such as BDE28 and BDE47 (~60%). When tested using 42 SRM 2585, our new Tenax TA[®] method did not present any statistically significant effect 43 (p>0.05) between non- spiked and PBDE- spiked SRM 2585 treatments. Our study describes 44 an efficient method where due to the sophisticated design. Tenax TA[®] recovery and 45 subsequent bioaccessibility determination can be simply and reliably achieved. 46

47

48 Keywords: bioaccessibility, Tenax TA[®], dialysis membrane, PBDEs, indoor dust

50 **1. Introduction**

51 Despite the strict legislative measures on the use of Penta-BDE and Octa-BDE formulations

52 in both the EU and USA in consumer products (*e.g.* carpets, electronic appliances and

furniture polyurethane foam) (Dodson et al., 2012; European Commission, 2003) and their

54 listing as persistent organic pollutants (POPs) under the Stockholm Convention (Stockholm

55 Convention, 2009a, 2009b), polybrominated diphenyl ethers (PBDEs) are legacy flame

retardants (FRs) being detected in considerable levels in indoor dust from China (Cao et al.,

57 2014; Sun et al., 2016), France (Raffy et al., 2017), the UK (Kademoglou et al., 2017; Tao et

al., 2016), the Czech Republic, USA and Canada (Venier et al., 2016). Under this regime,

59 human health concerns remain a critical issue, given the well-known PBDE potential to

60 induce endocrine and thyroid disruption (Legler, 2008) and neurodevelopmental disorders in

61 children (Bellinger, 2013; Costa and Giordano, 2007).

Total pollutant concentration of a contaminated solid matrix is perceived as the bioavailable 62 fraction after ingestion and it is frequently used in human risk and exposure assessment 63 (Semple et al., 2004). However, the assumption that 100% of the ingested toxicant within a 64 65 matrix being available is unrealistic (Collins et al., 2015). Animal bioavailability studies (e.g. rodents or swine) are representative of the in vivo situation, but are often hindered due to 66 67 financial and ethical restrictions (Oomen et al., 2003; Ruby et al., 2002). To avoid risk overestimation, bioaccessibility, *i.e.* the maximal fraction of an organic pollutant released 68 69 from an ingested matrix (e.g. dust) into the gastro-intestinal tract (GIT) fluids of the organism has been proposed as a more realistic but conservative approach in human exposure 70 assessment of persistent organic pollutants (POPs), serving as a surrogate to bioavailability 71 (Brandon et al., 2006; Dean and Ma, 2007; Oomen et al., 2000). Several physiologically-72 based extraction tests (PBET) have been proposed to assess organic pollutant release and 73 uptake from an ingested matrix via the GIT fluids in vitro (Brandon et al., 2006; Cave et al., 74 2010; Gouliarmou and Mayer, 2012; Tilston et al., 2011; Van de Wiele et al., 2004), as a 75 substitute to in vivo studies (James et al., 2011) or for high-throughput estimates of 76 bioaccessibility when animal studies are not feasible (Rodríguez-Navas et al., 2017; Ruby et 77 78 al., 1996). Due to the non-polar and hydrophobic nature of hydrophobic organic compounds 79 (HOCs) such as PBDEs, sorption to indoor dust is likely to occur via volatilisation, abrasion or fragmentation (Cao et al., 2014; García-Alcega et al., 2016), marking dust ingestion as a 80 potential major route of exposure to FRs for humans (Alves et al., 2014; Jones-Otazo et al., 81 82 2005). Hence, *in vitro* bioaccessibility studies have been deployed, assessing human exposure

to contaminated indoor dust on a wide spectrum of HOCs including brominated flame 83 retardants (BFRs) (Abdallah et al., 2012), organophosphate FR (OPFRs) (He et al., 2016; 84 Ouintana et al., 2017), pesticides and polychlorinated biphenyls (PCBs) (Ertl and Butte, 85 2012) and polybrominated diphenyl ethers (PBDEs) (Yu et al., 2012). However, the lack of 86 87 an adsorption sink in the various test formats may lead to risk underestimation due to the absence of constant concentration gradient (Collins et al., 2015). Sink conditions better 88 mimic the sorption/desorption processes in the human GIT in vivo and, coupled with the 89 lipid-rich environment of the GI lumen and a long matrix:fluid contact time, may improve the 90 91 bioaccessibility estimates of HOCs, such as PBDEs (Collins et al., 2015; Zhang et al., 2015, 2016). 92

93 A colon-extended PBET system (CE-PBET) with a carbohydrate-rich colon compartment as a "sink", favouring polycyclic aromatic hydrocarbons (PAHs) desorption from soil has been 94 described (Tilston et al., 2011). Strong adsorbents such as silicone-activated contaminant 95 traps, cyclodextrins and silicone rods have also been proposed as "absorption sink" materials 96 in PBET systems, to improve bioaccessibility estimates for PAH-contaminated soil and 97 biochar (Gouliarmou et al., 2013; Mayer et al., 2016; Zhang et al., 2015). As part of the 98 International Organization for Standardization (ISO) guideline on bioavailability, an extended 99 100 (20h) Tenax-based extraction method achieved increased mobilisation (*i.e.* bioaccessibility) of HOCs from soils and sediments onto this infinite sink and has been proposed for 101 standarisation (ISO, 2015; Ortega-Calvo et al., 2015). Tenax TA[®] is a versatile absorption 102 sink with large surface area and high sorption capacity for HOCs and was thus used as an 103 104 "infinite" sink in PBET systems, studying the uptake of FRs and PAHs via indoor dust (Fang and Stapleton, 2014) and soil (Li et al., 2015), respectively. Cornelissen et al (1997) 105 employed Tenax TA[®] studying sorption/desorption kinetics of PAHs, alkylbenzenes and 106 PCBs from dredged sediments; the sink captured the organic pollutants from the solid matrix 107 but the Tenax TA[®] beads adhered to the glassware with consequent problems for physical 108 separation and recovery of Tenax TA[®] from the matrix (Cornelissen et al., 1997). The 109 variability in Tenax TA[®] mass recovery, its separation from the matrix and the design of an 110 appropriate vessel for Tenax TA[®] inclusion (*e.g.* stainless steel net) during PBET incubation 111 has discouraged further applications of Tenax TA[®] in environmental exposure studies (Li et 112 al., 2016; Mayer et al., 2016). In the work presented here, we describe a novel in vitro 113 method capable to overcome the aforementioned challenges concerning physical separation 114 and recovery of Tenax TA[®] from the matrix, while facilitating its successful inclusion and 115

116 performance as an adsorption sink in a previously established bioaccessibility test, namely

117 CE-PBET, for the assessment of oral bioaccessibility of PBDEs from indoor dust.

To separate aqueous and solid matrices, a regenerated cellulose (RC) dialysis tubing method 118 was employed, studying the sorption and dissolution of perchloroethane and PAHs from clay-119 120 rich materials and sewage sludges, respectively (Allen-King et al., 1995; Woolgar and Jones, 1999). RC membranes present high pH and temperature tolerances, carry no fixed charge and 121 are highly resistant to halogenated hydrocarbons, such as PBDEs (Pollard, 1987). Tubing 122 characteristics including length, width, membrane sealing method and molecular weight cut 123 off (MWCO) have been evaluated. For example, 2.5 g of contaminated sewage sludge were 124 introduced into 10 cm of dialysis tubing with a 3.5 kDa MWCO (Woolgar and Jones, 1999). 125 Alternatively, 20 cm of dialysis tubing (29 mm width; 12-14 kDa MWCO) was used to 126 ensure that at least 30% of the analyte mass would remain in the solid phase after 127 equilibration (Allen-King et al., 1995). The solid material in the tubing was then introduced 128 inside glass bottles with synthetic groundwater spiked with the HOCs of interest. During 129 equilibration, all non-settling particles were retained inside the dialysis membrane, while 130 131 dissolved organic pollutants could permeate through the membrane and equilibrate across the

dialysis tubing by passive diffusion (Allen-King et al., 1995).

Our study aims are to systematically (a) develop an efficient method to separate Tenax TA[®] and indoor dust as a matrix whilst enabling desorption of PBDEs to the Tenax TA[®] and (b) optimise Tenax TA[®] as an absorption sink for PBDEs in a colon-extended gastro-intestinal bioaccessibility *in vitro* system (CE-PBET).

137 **2. Materials and methods**

138 2.1 Target analytes and indoor dust

139 An indoor dust sample was collected in 2013 from a pre-existing vacuum cleaner bag in an office at Reading (UK) and was used during method development tests and the results are 140 presented in sections 3.1 and 3.2. The dust sample was sieved to $<250 \mu m$, a particle cut off 141 likely to be ingested by humans (Yu et al., 2012), using a hexane-washed, metallic sieve and 142 stored in hexane-washed, amber glass bottles at +4 °C. Concentrations of all target analytes in 143 all dust samples were determined using methods described elsewhere (Kademoglou et al., 144 2017). Briefly, 30 mg of dust was extracted with 2.5 mL hexane:acetone (3:1) using ultra-145 sonication extraction for 10 min and vortexing for 1 min three times. The combined extract 146

was concentrated to 1 mL and loaded on aminopropyl (NH₂) silica cartridges (500 mg, 3 mL, 147 Agilent, USA) and further eluted with 10 mL hexane. The eluate was then further 148 concentrated, following a clean-up on an acidified silica cartridge (5%, 1 g, 6 mL) and elution 149 with 12 mL dichloromethane. The dust extracts were then evaporated, reconstituted with 100 150 151 µL of iso-octane and filtered using a micro centrifuge filter lined with 0.45 µm pore size nylon filter (1.5 mL volume capacity). Finally, the extracts were transferred to injection vials 152 and analyzed on GC-ECNI-MS. Standard reference material for indoor dust SRM 2585 153 (organic contaminants in house dust), purchased from the US National Institute of Standards 154 and Technology (NIST, USA), was used to assess method performance and the results are 155 presented in section 3.3. Both SRM 2585 (used for method performance assessment; 0.5 g) 156 and dust samples (0.5 g) (used for method development) were spiked at environmentally 157 relevant concentrations (200 ng; 200µL of PBDEs native standard mix 1 ng/µL prepared in 158 iso-octane) and the validity of the spiking was confirmed analytically for both the SRM 2585 159 and the dust (Table SI 2). After spiking, samples were shaken for 2h on an orbital shaker and 160 161 allowed to stand inside a fumehood for 6h before the gastro-intestinal extraction for the solvent to evaporate, thus facilitating compound interactions with the matrix (Ballesteros-162 Gómez et al., 2016). 163

164 **2.2 Dialysis membrane**

165 Approximately 16 cm of standard grade, flexible and transparent regenerated cellulose (RC)

dialysis membrane with 3.5 kDa MWCO and 18 mm flat width (1.1mL/cm) (Spectra/Por[™] 3,

167 SpectrumLabs Inc., USA) was used to encapsulate the Tenax TA[®] beads. The membrane

length and flat width were selected for the sample volume to be added in the membrane usingan online tool provided by SpectrumLabs Inc.

170 (http://www.spectrumlabs.com/dialysis/dtCalc.html), allowing for tube sealing with 19 mm

171 metallic clips. MWCO selection for the RC membrane is primarily governed by the

molecular weight (MW) of the biological molecules of the GI compartments and the target

analytes of our study. To maximize the rate of dialysis, the membrane with the largest

- 174 MWCO which will not cause excess loss of the desired analytes was used. Hence, the
- 175 MWCO was selected to be over three-fold higher of the MW of the heaviest target analyte
- studied here (*i.e.* BDE183; MW= 722) (SpectrumLabs Inc., personal communication). The
- diffusion of PBDEs across the membrane was aided by the addition of 10 mL of GIT fluid
- 178 (*i.e.* stomach, small intestine, colon) inside the RC membrane/Tenax TA[®] system.

179 2.3 Gastro-intestinal Extraction

- 180 The gastro-intestinal extraction test involved three compartments, namely stomach (1h;
- pH=2.5), small intestine (SI) (4h; pH=7) and colon (16h; pH=6.5) tested in sequential mode
- 182 (Fig. 1). Fed CE-PBET conditions were achieved by the addition of dietary components such
- as mucin, lipid-rich carbohydrates and bile salts into stomach, SI and colon incubations as
- described in Table SI-3 according to (Tilston et al., 2011) and all media were prepared in
- deionised H₂O (dH₂O). All experiments were conducted in triplicate. Gut media aliquots (80
- 186 mL) were added into clean, amber 100 mL Duran[®] glass bottles, sealed with PTFE-lined
- 187 screw caps and stored at -20°C prior use if necessary. Tenax TA[®] beads were cleaned prior
- use to remove fine particles by ultrasonication with 40 mL acetone (x2), 40 mL
- acetone:hexane 1:1 (x2) and 40 mL hexane (x 2) for 10 min in each sonication step. Tenax[®]
- 190 TA was then allowed to air-dry at 105 °C overnight and was stored in a hexane-washed,
- 191 Duran[®] bottle inside a desiccator. A short video demonstration of the Tenax TA[®] inclusion
- in the RC dialysis membrane is available online
- 193 <u>https://figshare.com/s/e7312fa7d177b35bc7d0</u> (video used for demonstration purposes only;
- the RC membrane is sealed using 19 mm metallic clips; see below). Before employment, the
- 195 RC dialysis membrane was soaked in ultra-pure H_2O at room temperature for 45 min under
- 196 continuous stirring to remove any preservatives such as glycerine and sodium azide. The RC
- membrane was then thoroughly rinsed with dH_2O and one side sealed with a 19 mm hexanewashed, metallic clip. Using a small glass funnel, Tenax TA[®] (0.5 g) was added inside the
- 199 RC membrane, followed by 10 mL of stomach medium. The tubing was then sealed using
- another metallic clip. Then, 0.5 g of indoor dust were added in the remaining 70 mL of
- stomach fluid and the RC membrane/Tenax TA[®] system was introduced to the bottle (Fig
- 1A). A solid-to-liquid (S/L) ratio 1:140 was achieved, thus preventing any bioaccessibility
- underestimation due to poor dissolution of contaminants from dust (Abdallah et al., 2012;
- 204 Dean and Ma, 2007). The bottles were placed at 45° angle inside a temperature-controlled
- waterbath at 37 °C and rotated at 130 rpm for 1h, mimicking the GIT peristaltic movement.
- After 1 h, the samples were removed from the waterbath and, due to the continuous character
- of CE-PBET, stomach fluid was converted to small intestine media (SI) by addition of bile
- salts (0.5 g/L) and pancreatine (1.78 g/L) with pH adjusted to 7 using saturated NaHCO₃. The
- small intestine incubation continued as above for 4h (Fig 1 B). The stomach medium was
- converted to small intestine only outside the membrane, given the assumption that bile salts
- and pancreatine would permeate to the inner barrier of the RC membrane during the 4-h
- small intestine incubation step in order to reach a pH equilibrium between inside and outside

of the RC membrane/Tenax TA[®] system to sustain sorption/desorption by passive diffusion. 213 According to Spectrum Labs Inc. (USA) instructions to users, a first-order permeability rate 214 is observed provided that the RC tubing system is well stirred and the solvent (in our case gut 215 fluid) is changed several times during the dialysis procedure (Spectrum Labs Inc., personal 216 communication). The RC membrane/Tenax TA[®] system was then removed from the bottle 217 and was allowed to sediment for 15 min. Due to its hydrophobic character, Tenax TA[®] floats 218 on top of the small intestine fluid inside the membrane (Fig. SI 1). Tenax TA[®] was trapped 219 on the one side of the membrane, while the other side was carefully unsealed. The small 220 221 intestine fluid inside the membrane was carefully collected (≈ 8 mL), was subsequently combined with the remaining 70 mL from the incubation and stored at +4 °C prior to liquid-222 liquid extraction (LLE). 223

The transition between the small intestine and colon compartments was achieved by physical 224 transfer: the dust was recovered from the 70 mL of small intestine media by centrifugation 225 (3500 rpm, 15 min), then added to 70 mL of colon medium. Using the same RC membrane 226 and Tenax TA[®] as in the small intestine compartment, approximately 8 mL of pre-warmed 227 colon medium were added and sealed with the metallic clips as described for the stomach 228 compartment, re-introduced into the bottle where the indoor dust was re-suspended using the 229 230 colon medium and incubated for 16 h (Fig 1C). At the end of the colon incubation, the dust pellet was recovered by centrifugation as before and stored at -20 °C for extraction. Finally, 231 Tenax TA[®] was recovered using clean cotton wool filtration, the colon fluid was passed 232 through cotton wool, combined with the remaining 70 mL of colon fluid and stored at +4 °C 233 for LLE (Fig SI-2). The cotton wool pieces from filtration together with the Tenax TA[®], the 234 RC membrane and the metallic clippers were collected in one bottle for ultra-sonication 235 assisted extraction. More details on the RC membrane/ Tenax TA® system, Tenax TA® 236 filtration and recovery are available at Fig. SI 1 and Fig.SI 2, respectively. 237

238 **2.4 Tenax TA[®] sorption capacity**

An assessment of PBDE release via the gut and Tenax TA[®] sorption capacity with respect 239 to the three CE-PBET compartments was conducted per batch (*i.e.* a single Tenax TA[®] 240 sorption experiment was conducted separately relative to the CE-PBET compartment 241 and its incubation duration), not in sequential mode (*i.e.* continuous Tenax TA[®] sorption; 242 total incubation duration 21 h). Briefly, a fresh Tenax TA[®] sample (0.5 g) was incubated 243 using a new RC dialysis membrane before the initiation of each CE-PBET compartment. 244 Each Tenax TA[®] sample was finally harvested and subjected to extraction and clean up, 245 along with the gut fluids and the residual dust as described in section 2.5.2. 5 Extraction 246

247 and clean up

Before extraction, all samples were spiked with 200 ng of internal standard (ISTD) mix (100 248 μ L of 2 ng/ μ L) prepared in toluene (BDE77 for BDE28, 47 and 100 and BDE128 for 249 BDE153, 154 and 184 quantifications, respectively) and shaken on an orbital shaker for 1h. 250 Gut fluids were subjected to a LLE using 30 mL hexane/ethyl acetate 3:1 v/v twice (Fig. SI2 251 - step 1). Two mL of acetone were added to enhance separation, when necessary. A gel-like 252 emulsion bilayer (mainly lipid and carbohydrates) was developed, especially in the colon 253 254 compartment. Oven-baked Na₂SO₄ (400 °C; powder) was added in the combined LLE extracts to absorb all remaining water residues and dissolve the gel-like emulsion. All 255 samples were then allowed to settle for 1h at room temperature and the extracts were 256 collected by centrifugation (3500 rpm, 15 min). The residual dust and the recovered Tenax 257 TA[®] beads (together with the glass wool and the metallic clips) were subjected to ultra-258 sonication assisted extraction for 15 min using 30 mL acetone/hexane 1:3 v/v twice (Fig. SI-2 259 260 - step 2 & 3). After each step, the extracts were collected by centrifugation (3500 rpm, 15 min). All extracts collected from each step were combined, evaporated to 1mL hexane using 261 Syncore [®] Analyst evaporator (Buchi, Switzerland) and then loaded onto Florisil[®] cartridges 262 (2 g, 6 mL), using a slightly modified method published elsewhere (Van den Eede et al., 263 2012) (Fig. SI 2 – step 4). Briefly, Florisil[®] cartridges were pre-cleaned with 10 mL ethyl 264 acetate and 6 mL of hexane; our target analytes were eluted using 20 mL hexane. This eluate 265 was further concentrated to 1mL (in hexane) and then subjected to SPE clean-up on 5% 266 acidified silica (5% AS) (2 g, 6 mL). The 5% AS cartridges were pre-cleaned with 6 mL 267 hexane and 3 mL dichloromethane and then all extracts from the Florisil[®] step were loaded 268 onto the SPE silica column. Our target analytes were eluted using 16 mL hexane and 8 mL 269 dichloromethane and after collection, all eluates were concentrated near dryness under a 270 gentle stream of N_2 , reconstituted in 100 μ L of toluene and then filtered using a micro 271

- centrifuge filter lined with 0.45 µm pore size nylon filter (1.5 mL volume capacity). Finally, 272
- the samples were transferred to injection vials, biphenyl (40 ng) was added as an injection 273
- recovery standard and analysed by GC-EI/MS. Further details about instrumental analysis are 274
- available at SI. 275

2.6 Data analysis 276

Bioaccessibility can be expressed as a mass (e.g. ng of a contaminant solubilised in the GI 277 tract), a concentration (ng/g of a contaminant in dust) or as a fraction expressed in percentage 278 279 (BAF%) (Guney and Zagury, 2016). In our study, bioaccessibility was determined according to (García-Alcega et al., 2016) using Eq. 1, where mass FR (SI+colon+Tenax TA®) is set as 280 the sum of FR mass (ng) determined in small intestine (SI), colon and Tenax TA® 281 compartments of CE-PBET system and mass FR (dust residual) is the FR mass (ng) 282 283 determined in the dust residual collected after 16h-incubation of CE-PBET colon compartment which is considered as the non-bioaccessible fraction. 284

Bioaccessibility % (BAF%) 286

287
$$= \frac{mass FR (SI + Colon + Tenax TA®)}{mass FR (SI + Colon + Tenax®) + mass FR (dust residual)} x 100$$

285 (Eq.1)

GraphPad Prism[®] version 7.04 for Windows (GraphPad Software, La Jolla CA, USA) was 288 289 used for statistical analysis. Prior to statistical analysis, all BAF% were converted into fractions and arc-sine transformed. This mathematical transformation is necessary for 290 291 statistical analysis of results set in percentages in order to equalise variances among treatments (Sokal and Rohlf, 1995). Multiple t-tests (unpaired; p<0.05) were performed to 292 assess statistically significant differences among the different Tenax TA[®] amounts added 293 (sections 3.1 and 3.2), whereas ordinary two-way ANOVA (Uncorrected Fisher's test, 294 p<0.05) was performed to assess statistical differences for bioaccessibility with and without 295 the addition of Tenax TA[®] in SRM 2585 method validation (section 3.3). 296

2.7 Quality assurance and quality control 297

All samples were analysed in triplicate together with oven-baked, laboratory-grade sand 298

(procedural blank) and SRM 2585 (n=3, NIST, USA) was used for method validation and QC 299

testing. Concentrations of our target analytes in method blanks were all below method limit 300

of detection (mLOD) (0.05 ng/uL). RC membrane and Tenax TA[®] blanks were extracted for 301

FR background contamination prior use and all values were found below mLOD. No weight 302 correction on bioaccessibility values with respect to potential Tenax TA[®] mass losses was 303 employed in our study. According to the ISO 16751 method on organic pollutant 304 bioavailability (2015), correction for such losses is recommended by air drying and weighing 305 the dry amount of Tenax TA[®] after extraction (ISO, 2015). In our study separating Tenax 306 TA[®] beads from the glass wool and the RC membrane post extraction was not feasible due to 307 the character of Tenax TA[®] to adhere in any surface it comes in contact with during filtration 308 (e.g. glass wool).Extraction efficiency (%) was assessed for SI, colon, Tenax TA[®] and 309 residual dust compartments by spiking experiments (see SI Table 2). Briefly, 100 ng of native 310 PBDEs (100 µL of 1 ng/µL) in iso-octane were spiked to SI and colon media, Tenax TA[®] 311 (0.5 g) and dust (0.5 g). All samples were shaken on an orbital shaker for 1h. Finally, 30 mL 312 of the corresponding extraction medium was added in each compartment, following the same 313 314 sample preparation processes as before. Finally, biphenyl (40ng) was added as an injection recovery standard and the samples were analysed by GC-EI/MS. Extraction efficiency values 315 for all target analytes were >60% in all CE-PBET compartments, except BDE100 efficiency 316 which was 52% and 54% in Tenax TA[®] and residual dust, respectively. Such phenomena 317 may be attributed to potential mass loses of Tenax TA[®] during glass wool filtration steps. 318 Despite the moderately lower extraction efficiency for BDE100 in comparison to the other 319 target analytes, the relative standard deviation (RSD%) of the method for BDE100 was 6%. 320 Given the low deviation and variability, no correction was performed for BDE100 (Table SI 321 3). Glass test tubes were cleaned by soaking for at least 12 h in an alkali solution. After 322 washing, the tubes were rinsed with water and dried at 100 °C for at least 12 h and burnt at 323 400°C to remove all traces of contamination. 324

325

3. Results and discussion

326 **3.1 Tenax TA[®] optimisation**

The addition of Tenax TA[®] in CE-PBET considerably increased the bioaccessible fraction (%BAF) of all target analytes, illustrating the value of Tenax TA[®] as an adsorbent matrix for HOCs. Different masses of Tenax TA[®] were added to the CE-PBET system to optimise the adsorbent sink to ensure exhaustive FR desorption from indoor dust. PBDE-spiked indoor dust samples (n=3) were tested under four different conditions; (A) without any Tenax TA[®] addition (control) and with three different amounts of Tenax TA[®], namely 0.25 g (B), 0.5 g (C) and 0.75 g (D). The same length of RC dialysis membrane (16cm) and mass of dust (0.5

g) was used in all treatments. Our results show that Tenax TA[®] enhanced gut bioaccessibility 334 for PBDEs by approximately two-fold (Fig. 2) and the bioaccessible fraction was 335 significantly different (p<0.001) between the controls (no Tenax) and with Tenax TA[®] 336 addition, for all target analytes (Fig. 2). For example, with no Tenax TA[®] (control), the 337 bioaccessible fraction of the low brominated PBDEs, BDE28 and BDE47, was 37.7% and 338 32.8%, respectively, whereas their BAF% increased with 0.25 g Tenax TA[®] inclusion to 339 55.1% and 54.9%, respectively. A trend to decreasing BAF% with increasing degrees of 340 bromination for PBDEs can be seen for the control treatments and the different amounts of 341 342 Tenax (Fig 2). Such findings are in agreement with Fang and Stapleton (2014), where a negative relationship between gut bioaccessibility and PBDE physicochemical properties 343 such as degrees of bromination, MW and log Kow was described (Fang and Stapleton, 2014). 344 Few studies describe the influence of Tenax TA[®] inclusion on gut bioaccessibility of organic 345 pollutants from solid matrices such as indoor dust or soil. CE-PBET and Tenax TA[®] were 346 employed to assess FR gut bioaccessibility and for a wide range of low and high MW FRs 347 present in indoor dust including BDE47, BDE100 and BDE183; in their experimental design, 348 Fang and Stapleton (2014) used 0.5 g of Tenax as an absorptive sink but the effects of 349 varying Tenax TA[®] content were not reported (Fang and Stapleton, 2014). In a study 350 assessing PAHs bioaccessibility in soils from China, 0.25 g of Tenax TA[®] were added into a 351 PBET in vitro system (Li et al., 2015). According to Li et al (2015), this mass was five-fold 352 higher than the small intestine organic matter (OC), thus allowing sufficient sorption capacity 353 for the PAHs mobilized during their study (Li et al., 2015). Zhang et al (2017) reported fast 354 and efficient sorption only for high MW PAHs (*i.e.* 3 -5 benzene ring) using 0.1 g of Tenax 355 TA[®] studying PAH soil bioaccessibility; poor extraction efficiencies were noted for volatile 356 PAHs such as naphthalene, acenaphthylene and acenaphthene, possibly as a result of an air 357 drying step during Tenax TA[®] collection and separation from the gut fluid (Zhang et al., 358 2017). Varying the content of Tenax TA[®] (0.25, 0.5 and 0.75 g) in the CE-PBET system 359 studied here, showed few statistically significant differences for our analyte recoveries. Here, 360 statistically significant differences among the three Tenax TA[®] amounts tested were found 361 only for BDE28 bioaccessibility as an exception; some increase in BDE28 BAF% with Tenax 362 TA[®] content, rising from 55.1% with 0.25 g Tenax TA[®] to 66.7% with 0.5 g (0.25 g vs 0.5 g; 363 p=0.017) and 69.9% with 0.75 g Tenax TA[®] added (0.25 g vs 0.5 g; p=0.006) was observed. 364 365 These results reflect the physicochemical properties of this FR as a low MW tri-BDE congener; Tenax TA[®] is a hydrophobic sink and the calculated log K_{ow} (EpiWeb) shows that 366 BDE28 (log Kow 5.88) is less hydrophobic than BDE47 (log Kow 6.77) and hence greater 367

amounts of the adsorbent may be needed to capture all of the released BDE28. For all other 368 analytes, there were no statistically significant differences in BAF% among the varying 369 Tenax TA[®] amounts tested. In other words, for BDE28 being the least hydrophobic of our 370 target analyte list, we propose that Tenax TA mass loading greater than 0.25 g is required in 371 order maximise the sortion potential flow MW PBDEs such as BDE28 to Tenax TA[®]. 372 Given the a) high sorption capacity of Tenax TA[®], b) the broad range of physical properties 373 (MW, water solubility and log K_{ow}) of our FRs mobilised from the ingested matrix and c) the 374 relatively high Tenax TA[®] mass recovery (SI Fig 3), 0.5 g of Tenax TA[®] were selected and 375 subsequently used below. Our results show that in order to maintain a constant sorptive 376 gradient for the low MW PBDEs, a larger mass of Tenax TA[®] is required, since 0.25 g of 377 Tenax TA[®] was not enough to sustain an exhaustive *in vitro* gut extraction for all target 378 analytes. 379

3.2 Tenax TA[®] sorption capacity to PBDEs in CEPBET components

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Here the influence of the gut media on Tenax sorption was being tested. Each compartment 382 (i.e. stomach, small intestine colon) was tested independently so Eq. 1 was not suitable for 383 calculating PBDE sorption capacity on the different Tenax TA[®] batches. Hence, Eq.1 was to 384 determine the Tenax[®] loadings as fractions of the total concentration in each CE-PBET 385 compartment PBDE sorption capacity (%) was determined using equation 2 (Eq. 2), where 386 mass FR in Tenax TA[®] is the FR mass (ng) determined in each Tenax TA[®] sample for each 387 CE-PBET compartment and mass FR in compartment is FR mass (ng) determined in CE-388 PBET gut fluids separately. 389

Tenax Sorption (%) = $\frac{\text{mass FR in Tenax TA}_{\mathbb{R}}}{\text{mass FR in Tenax TA}_{\mathbb{R}} + \text{mass FR in compartment}} x 100$ (Eq. 2) 390 Shown in figure 3 are the results from PBDEs sorption to Tenax TA[®] in the three different 391 CE-PBET compartments with respect to their incubation step. PBDE sorption to Tenax TA® 392 results should not be considered as total PBDE bioaccessibility, but as the component 393 attributable to Tenax TA[®] as an absorptive sink. Within the stomach compartment, BDE28 394 and BDE47 presented higher sorption on Tenax TA® (43.7 % and 25.6%, respectively) 395 compared to PBDEs with higher bromine content such as BDE154 and BDE183 where Tenax 396 TA[®] sorption ranged from 7.0 % to 8.8 %, respectively. Comparing stomach and colon 397 absorption, statistically significant relationships (p<0.01) were noted for all target analytes, 398 apart from BDE28 and BDE47 (p>0.05). Fundamental differences between stomach and 399

colon media formulae, ingredient concentrations (Table SI 3) and incubation times can be 400 considered as the driving factors for the interpretation of such results. Small intestine 401 absorption to Tenax TA[®] was similar to the colon for BDE28 (66.2 % and 60.0 %, 402 respectively, whereas it was found repeatedly lower than the colon for all the other target 403 analytes (Fig. 3) without any considerable differences. Tenax TA[®] sorption in the colon was 404 higher than SI overall, but was not statistically significant for individual compounds 405 exceptBDE183 sorption on Tenax TA[®] which was nearly two-fold higher in the colon in 406 comparison to small intestine (52.6 % and 36.1 %, respectively, p=0.045). We believe that 407 408 such findings are influenced by the addition of food components and bile salts as surfactants to the small intestine and colon compartments (Table SI 3). Such biological phenomena are 409 able to enhance FR solubility and desorption potential from the dust to the gut (i.e. more 410 released and freely available FR in the gut fluids), promoting thus higher FR mobilisation and 411 412 sorption onto the Tenax TA sink (Oomen et al., 2004; Zhang et al., 2015). Compared to the small intestine, incubation times and the concentration of compounds enhancing desorption 413 (e.g. mucin) are higher in the colon. All these factors combine to increase the release from the 414 dust that a higher concentration of PBDE is in solution and hence available for subsequent 415 sorption onto Tenax TA[®]. Hence, both the "solvent" capacity of the medium and the "sink" 416 capacity of the Tenax TA[®] are required to achieve optimum extraction of FRs from dust as a 417 matrix. Besides Tenax TA[®], our results further support the idea of dietary components 418 addition in CE-PBET acting as additional mechanism enhancing FR mobilisation, especially 419 in the lipid-rich colon compartment as reported by (Tilston et al., 2011). 420

421 **3.3 Method performance using SRM 2585**

The selected CE-PBET parameters as well as the overall performance of our new method 422 were assessed using SRM 2585 serving as a well-characterised and homogenous dust sample. 423 PBDE bioaccessibility was studied using a) CE-PBET without the Tenax TA® adsorption 424 sink, b) CE-PBET with the addition of 0.5 g of Tenax TA[®] and c) PBDE-spiked SRM 2585 425 (100 ng spike) to evaluate greater FR contamination levels under environmentally realistic 426 conditions using SRM 2585 as the same homogenous dust sample. As observed for BAF% 427 using a dust sample from Reading (section 3.1), statistically significant differences (p=0.03) 428 were found in %BAF% for all target analytes when comparing CE-PBET without Tenax TA[®] 429 addition (Fig. 4 A) and with Tenax TA[®] addition (Fig 4 B & C). The BAF% when Tenax 430

- 431 TA[®] was used as an adsorption sink rerose between approximately two-fold (BDE153 and
- BDE183) with greater increases seen for the low-brominated and less hydrophobic FRs such

as BDE28 and BDE47 (nearly 3-fold bioaccessibility increases, respectively) (Fig. 4 B & C). 433 No statistically significant effect (p>0.05) was found between the two SRM 2585 treatments 434 (spiked and non-spiked) which both included 0.5 g of Tenax TA[®] and different FR 435 contamination levels did not present any considerably different bioaccessibility values from 436 437 the same dust matrix (Fig. 4 B & C). Finally, compared to the control treatments (i.e. no Tenax TA inclusion), the performance of the novel CE-PBET method described here using 438 SRM 2585 offers two to three-fold gut bioaccessibility increase for a wide range of PBDEs 439 with diverse physicochemical profiles, following a similar pattern to the indoor dust tested in 440 441 section 3.1.

442 **3.4 Proposing a unified test approach**

This study describes an efficient method to physically separate Tenax TA[®] as an absorbent 443 sink and indoor dust for in vitro bioaccessibility testing, and our model allows assessment of 444 FRs (and potentially other HOCs) bioaccessibility from a solid matrix using artificial gastro-445 446 intestinal fluids. Previous methods used a self-designed stainless steel sieve to separate and recover Tenax TA[®] beads (Fang and Stapleton, 2014; ISO, 2015; Li et al., 2015, 2016). Our 447 approach, using RC dialysis tubing provides some important benefits. Dialysis tubing is 448 readily available, reproducible (quality controlled) and can be sourced with a wide range of 449 molecular weight cut offs. This allows investigators to select a membrane with a MW cut off 450 sufficient to permit free diffusion of the analytes of interest, whilst restricting passage of 451 larger macromolecules such as enzymes or proteins that may be added to simulated GI fluids. 452 By restricting the passage of these unwanted materials, the sorption capacity of the Tenax 453 TA[®] is predominantly used for the organic pollutants rather than media components and clean 454 up and desorption is thus simplified. The tubing functions effectively to physically separate 455 the Tenax TA[®] from the solid matrix (dust) and has high pH and temperature tolerance. Our 456 study also shows the benefits of using an adsorption sink in the CE-PBET system. Compared 457 to controls with no Tenax TA[®], inclusion of the resin increased gut bioaccessibility for 458 PBDEs with diverse physicochemical profiles. For the low brominated BDE28, 0.25 g of 459 Tenax TA[®] were insufficient for exhaustive *in vitro* gut absorption, illustrating that the 460 amount of Tenax TA[®] added to the modified CE-PBET system should be optimized with 461 respect to the physicochemical properties (e.g. LogKow, water solubility) of the target 462 analytes tested. Other than BDE28, for the (hydrophobic) FR's studied here, 0.5 g of Tenax 463 TA[®] was shown to be an appropriate amount to add in order to ensure released pollutants 464 were readily adsorbed. A proposed rule can be a Tenax TA[®] mass loading of 0.5 g for 465

466 organic compounds with $LogK_{ow} < 6$ (e.g. BDE28, low MW PAHs etc.), while 0.25 g of 467 Tenax TA[®] mass loading can be employed for very lipophilic compounds such as penta- and 468 octa- BDEs ($LogK_{ow} > 6$).

469 **3.5. Future work**

470 Given the assumption that first-order permeability rates can be obtained provided that the RC tubing system is well stirred and the gut fluid is changed several times during the dialysis 471 procedure, no kinetic characterisation was conducted in the present study. However, we 472 473 believe that further kinetic characterisation of the diffusion rates of the RC membrane system should be encouraged and explored in the future. Additionally, the proposed unified gut 474 475 bioaccessibility method should be further examined against different matrices (e.g. soil) and groups of emerging organic pollutants with diverse physicochemical properties. Fang and 476 477 Stapleton (2014) proposed their method to be employed for flame retardants with log Kow>5 using 0.5 g of Tenax TA[®] mass loading in the test settings. Additionally, the ISO method on 478 bioavailability was designed for non-polar organic compounds with log Kow>3 (ISO, 2015). 479 Potentially, our unified method on *in vitro* gut bioaccessibility could be proposed to a wide 480 range of organic pollutants and a rule of Tenax TA[®] mass loading could be established with 481 respect to a pollutant's log Kow and water solubulity values, e.g. 0.25 g of Tenax TA[®] mass 482 loading should be used when testing for compounds with log Kow greater than 6 (*i.e.* more 483 hydrophobic), whereas 0.5 g of Tenax TA[®] mass should be employed for organic compounds 484 with log Kow lower than 6. Given the infinite sink inclusion, bioaccessibility parameters 485 including a reduction of the S/L ratio could be potentially explored on the basis of mass 486 transfer from the outside to inside of the membrane being quicker since the concentration 487 outside would reach earlier the solubility limit. 488

489 **3.6 Conclusion**

Under the influence of the ISO 16751 method on the environmental availability of non-polar 490 compounds being currently approved for registration, we propose a novel test format for 491 assessing in vitro bioaccessibility of PBDEs with Tenax TA® addition as an adsorptive sink. 492 Our data also show that the existing default assessment of risk (*i.e.* all the ingested pollutant 493 in a solid matrix being bioavailable) is an overestimate and that the BAF% varies between 494 ~60% (BDE47) and ~50% (BDE153). This study reveals that colon sorption to Tenax $TA^{(B)}$ 495 for low MW BDEs was similar compared to small intestine sorption for BDE28, unlike other 496 more hydrophobic PBDEs where colon sorption was higher than small intestine sorption. 497

Well designed *in vitro* bioaccessibility tests thus provide a simple approach for initial human
risk assessments from ingested solid matrices giving a conservative, yet realistic indication of
risk.

501 Supporting Information

Further details on chemicals and reagents, sample preparation and instrumental analysis areprovided at supporting information.

504 Acknowledgements

505 This project is financially supported by the European Commission FP7 Marie Curie Initial

506 Training Network "A-TEAM" grant number 316665. Dr. Garry Codling is kindly

- 507 acknowledged for the fruitful discussions during manuscript preparation. Katerina
- 508 Kademoglou would like to acknowledge the financial support from the Mediterranean
- 509 Scientific Association of Environmental Protection (MESAEP) during her PhD studies by
- 510 means of the Emmanuel Lahaniatis award for young scientists.

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Figure 1 – Schematic representation of CE-PBET gut compartments and parameters (*i.e.* stomach (1 h, pH = 2.5), small intestine (SI) (4 h, pH = 7)

and colon (16 h, pH = 6.5)) using 0.5 g Tenax TA[®] added in 16 cm of RC dialysis membrane.



Figure 2 – CE-PBET bioaccessibility fraction (%BAF) of PBDEs without any Tenax TA[®] addition (control, A) and CE-PBET with Tenax TA[®] addition in three different amounts; i.e. 0.25 g (B), 0.5 g (C) and 0.75 g (D). Statistically significant differences shown here (**; p<0.01 and ***; p<0.001) were established between the control (A) and all Tenax TA[®] treatments (B, C, D). Bar charts represent average values of triplicates. Error bars represent one standard deviation.



Figure 3 – Line plots presenting FR sorption on Tenax TA[®] separately in stomach (1h), small intestine (SI; 4h) and colon (16h) compartments. Line plots
 represent average values of triplicates. Error bars represent one standard deviation.



Figure 4 – Method performance of CE-PBET and bioaccessibility fraction (%BAF) using SRM 2585 without Tenax TA[®] inclusion (control; A), with Tenax TA[®] inclusion (B) and artificially spiked SRM 2585 and Tenax TA[®] inclusion (C). Statistically significant differences shown here (*; p<0.05, **; p<0.01 and ***; p<0.001) were established between control treatments of SRM 2585 without Tenax TA[®] inclusion (A) and treatments B and C with Tenax TA[®] inclusion.
 Bar charts represent average values of triplicates. Error bars represent one standard deviation.