

# *Surfactant TWEEN20 provides stabilisation effect on anthocyanins extracted from red grape pomace*

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1 Surfactant TWEEN20 provides stabilisation effect on anthocyanins extracted  
2 from red grape pomace

3  
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12  
13 **Abstract**

14 Red grape pomace, a wine-making by-product is rich in anthocyanins and has many  
15 applications in food and pharmaceutical industry. However, anthocyanins are unstable  
16 during processing and storage. This study aimed to investigate the stability of anthocyanins  
17 obtained by hydroalcoholic extraction (with and without sorbic acid) and colloidal gas  
18 apherons (CGA) separation; a surfactant (TWEEN20) based separation. Anthocyanins in  
19 CGA samples showed higher stability (half-life= 55 d) than in the crude extract (half-life=  
20 43 d) and their stability increased with the concentration of TWEEN20 in the CGA fraction  
21 (6.07-8.58mM). The anthocyanins loss in the CGA sample (with the maximum content of  
22 surfactant, 8.58 mM) was 34.90%, comparable to that in the crude ethanolic extract with  
23 sorbic acid (EE-SA) (31.53%) and lower than in the crude extract (44%). Colour stabilisation  
24 was also observed which correlated well with the stability of individual anthocyanins in the  
25 EE and CGA samples. Malvidin-3-o-glucoside was the most stable anthocyanin over time.

26  
27 *Keywords:* Grape pomace, anthocyanins stability, colloidal gas apherons, surfactant, storage

28 *Abbreviations:* ABTS, 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid); AOP,  
29 antioxidant power; CGA, colloidal has aphrons; EE; ethanolic extract, EE-SA, ethanolic  
30 extract with addition of sorbic acid; GAE, gallic acid equivalents;  $t_{1/2}$ , half-life; glc, 3-o-  
31 glucoside; ME, malvidin glucoside equivalent; V4, CGA fraction separated at volumetric  
32 ratio 4; V8, CGA fraction separated at volumetric ratio 8; V16, CGA fraction separated at  
33 volumetric ratio 16.

34

## 35 **1. Introduction**

36 Grapes are one of the most important fruit crop cultivated across the world, whereby  
37 80% of the grape productions are used in wine-making industry (Fontana, Antonioli, &  
38 Bottini, 2013). Wine production is considered one of the most important agricultural  
39 activities, generating large amount of residues including grape skins, stems and seeds (Yu &  
40 Ahmedna, 2013). At the end of the fermentation process, large amounts of resiudes are being  
41 discharged containing high amount of phenolic compounds including anthocyanins,  
42 catechins, flavonol glycosides, phenolic acids and stilbenes (Kammerer, Kammerer, Valet,  
43 & Carle, 2014). This is seen by the environmental management authorities as a serious threat  
44 because they are low in pH and high in organic matter thus potentially causing a phytotoxic  
45 effect if applied to crops or wetlands (Kammerer, Claus, Carle, & Schieber, 2004; Lavelli,  
46 Harsha, Laureati, & Pagliarini, 2017). Therefore, converting and utilising this by-product to  
47 another useful product would be a solution to this problem. For instance, the anthocyanins  
48 from this pomace can be used as natural food colourant (Thakur & Arya, 1989).  
49 Anthocyanins are sensitive to thermal degradation making the recovery rather difficult and  
50 complex, but they are on demand due to their wide applications in food (already being used  
51 as food colourants, E163, approved by EC) as well as in pharmaceuticals and cosmetics.  
52 Thus, various extraction techniques have been studied and used, including acidified alcohol,  
53 sub- and supercritical fluid and high pressure processing (Barba, Zhu, Koubaa, Sant'Ana, &  
54 Orlien, 2016; Drosou, Kyriakopoulou, Bimpilas, Tsimogiannis, & Krokida, 2015;  
55 Lozovskaya, Brenner Weiss, Franzreb, & Nusser, 2012).

56 Food processing generally involves thermal processing prior to consumption and this  
57 process has a great influence on the anthocyanins content in the final product. Thermal  
58 processing involves high temperatures ranging from 50°C to 150°C, depending on the pH  
59 and the desired shelf life of the product. Anthocyanins are expected to degrade over time.  
60 However, the storage temperature has been found to be an important factor that is affecting  
61 anthocyanins' shelf life. Degradation of anthocyanins is greatly affected by the type of  
62 anthocyanin, the origin of the samples and the storage temperature (Hellström, Mattila, &  
63 Karjalainen, 2013). The thermal degradation of anthocyanins in extracts and model systems  
64 are reported to follow first-order reaction kinetics (Presilski, Presilska, & Tomovska, 2016).

65 The stability of anthocyanins can be improved, by self-association of the anthocyanins,  
66 removal of oxygen and inactivation of enzymes (Hellström et al., 2013). In the food  
67 industry, the sensitivity of bioactive compounds is addressed by incorporating edible  
68 coatings as a structural matrix, used widely to create a barrier from oxygen, moisture and  
69 solute movement (Falguera, Quintero, Jiménez, Muñoz, & Ibarz, 2011). Encapsulating  
70 methods such as spray drying/spray chilling or liposomes have been used. The former  
71 requires liquid droplets or small particles being incorporated within a continuous edible  
72 coating, thus it requires an emulsifier. Liposomes are microscopic spherical particles  
73 consisting of one or more lipid bilayers that can encapsulate or bind a variety of molecules.  
74 Therefore, particularly in food applications, food grade surfactants such as TWEEN20 have  
75 been used as emulsifying agents to fit this purpose (Quirós-Sauceda, Ayala-Zavala, Olivas,  
76 & González-Aguilar, 2014). Moreover, TWEEN20 has been seen as having a profound  
77 protective effect on five different polyphenols, by slowing down the auto-oxidation process  
78 at pH 4.5 (Lin, Wang, Qin, & Bergenståhl, 2007).

79 A surfactant-based separation technique, colloidal gas aphanes (CGA) has been  
80 previously studied in our group to recover various valuable bioactive compounds from

81 different feedstock such as astaxanthin (Dermiki, Bourquin, & Jauregi, 2010; Dermiki,  
82 Gordon, & Jauregi, 2009), proteins (Fuda & Jauregi, 2006; Fuda, Bhatia, Pyle, & Jauregi,  
83 2005) and polyphenols (MohdMaidin, Michael, Oruna-Concha, & Jauregi, 2017; Spigno,  
84 Dermiki, Pastori, Casanova, & Jauregi, 2010; Spigno, Amendola, Dahmoune, & Jauregi,  
85 2015). The type of surfactant (i.e cationic, anionic and non-ionic) determines the outer  
86 charge of the CGA, where molecules with the opposite charge will attract to the CGA  
87 resulting in their effective separation into the CGA phase.

88 In our previous work it was shown that 70% of the anthocyanins could be recovered  
89 from the ethanolic extract of grape pomace using CGA generated from TWEEN20. The  
90 CGA fraction will be rich in surfactant therefore, it will be interesting to test what will be  
91 the added value of extracting the anthocyanins in such a solution and whether this can offer  
92 any advantage to their formulation for subsequent applications. Thus the present study aimed  
93 at assessing the stability of anthocyanins in the CGA separated fraction over time in  
94 comparison with their stability in the crude ethanolic extract (EE) (before the CGA  
95 separation) as well as in the crude ethanolic extract with a commercial additive, sorbic acid  
96 (EE-SA). It is therefore hypothesised that the anthocyanins in the CGA sample will show  
97 higher stability than in the crude extract over time.

98

## 99 **2. Materials and methods**

### 100 *2.1 Materials*

101 Grape pomace (Barbera variety) was obtained from a winery in Northern Italy. All the  
102 solvents (purity of 95% and above) used in this project were obtained from Sigma-Aldrich  
103 Company Ltd., Dorset, UK. For the HPLC analysis, the solvents used were of HPLC grade  
104 (purity of 98-99.9%) also from Sigma Aldrich.

105 2.2 *Extract preparation*

106 The grape pomace (Barbera variety) was kindly provided by a winery located in  
107 Northern Italy. At the winery, the fermented pomace was recovered and oven dried at 60°C  
108 until the residual moisture content is <5%. The dried pomace powder was sieved with a 5mm  
109 sieve to separate the skins from the seeds and milled into fine powders with particles size <  
110 2mm and stored in the freezer at -20°C until further use.

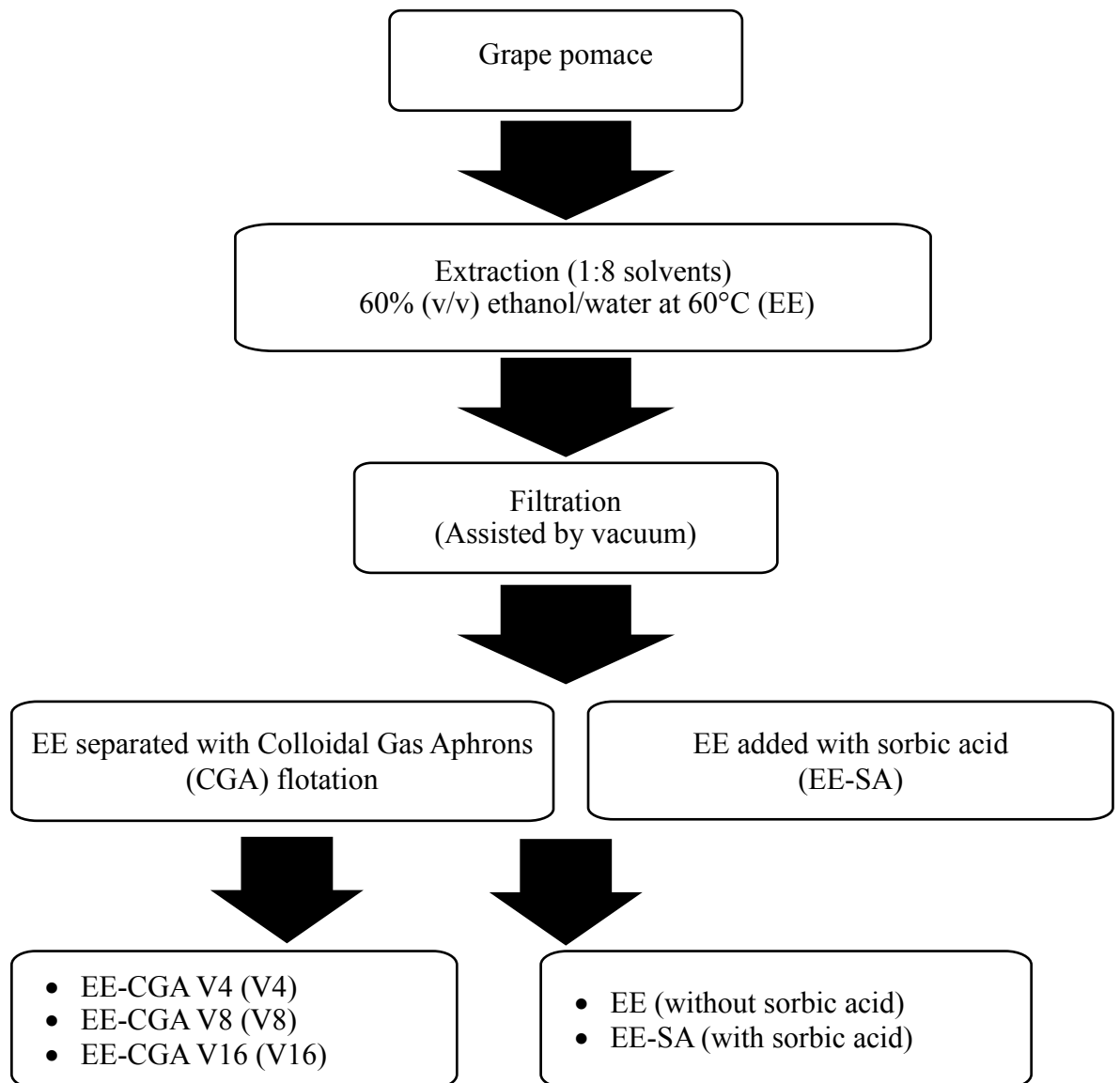
111 The extraction procedure was done in accordance to our previous study using ethanol-  
112 aqueous solvent (MohdMaidin et al., 2017). The extract was filtered and two different  
113 samples were produced: (1) approximately, 400mL of the ethanol extract labeled as EE and  
114 (2) another 400mL ethanol extract with sorbic acid (>99%) (Sigma, UK) and labelled as EE-  
115 SA. Sorbic acid was chosen in this study for its wide application as food additive, thus  
116 making it closer to the formulation of most low pH food products and neutral taste (Troller  
117 & Olsen, 1967). Both EE and EE-SA were considered control samples. The remaining  
118 filtrate of 800mL was kept aside for CGA separation.

119

120 2.3 *CGA separation using 10mM TWEEN20*

121 The separation of polyphenols from the crude ethanolic extract was carried out at  
122 different volume ratios of CGA to feed ( $V_{CGA}/V_{feed}$ ). The ratios selected were 4, 8 and 16.  
123 The separations were individually carried out in a flotation glass column according to the  
124 method described in our previous work (MohdMaidin et al., 2017); each separation was  
125 carried out in triplicate. It should be noted that as the volumetric ratio increased, so did the  
126 concentration of TWEEN20 in the solution of the separated CGA fraction. The concentration  
127 of TWEEN20 in each of these fractions was estimated from a knowledge of the separated  
128 volume of CGA and corresponding liquid fraction which was determined from a  
129 measurement of gas hold-up (gas volumetric ratio defined as the volume of air incorporated

130 in a given volume of CGA dispersion) of the CGA generated with this solution of TWEEN20  
 131 (61.3%). The estimated concentrations were: in V4, 6.07mM, in V8, 7.56mM and in V16,  
 132 8.58mM. The summary of the extraction and separation process is briefly described in Figure  
 133 1.  
 134



135

\* All samples were stored at 20°C for 32 days

136 Figure 1: Flow diagram of hydroalcoholic extraction and CGA separation processes applied  
 137 to grape pomace, n = 3; EE is the ethanolic extract; EE-SA is the ethanolic extract with  
 138 addition of sorbic acid; EE-CGA V4 is the ethanolic extract further processed with CGA at  
 139 CGA to feed volumetric ratio of 4; V8 and V16 correspond to the extracts further processed  
 140 with CGA at CGA to feed volumetric ratios 8 and 16 respectively



141 2.4 *Determination of degradation of chemical and physical properties over time*

142 Briefly, the EE, EE-SA and CGA fractions were divided in equal volumes and kept in  
143 sterilised containers in the darkness. These were then stored at room temperature 20°C (SD  
144 1°C) which was regularly monitored using a thermometer for 32 days. The total phenolic  
145 content, total anthocyanin and antioxidant activity were determined as described in section  
146 2.5-2.7. The total anthocyanins, individual anthocyanins, antioxidant capacity and the colour  
147 degradation over time (32 days; every day for the first 7 days and subsequently 5 days  
148 intervals) were determined.

149 The kinetics of degradation of total anthocyanins and individual anthocyanins were  
150 assessed; the natural logarithms of these were plotted against time in order to test for first-  
151 order kinetics as described by the equation below:

152

153 
$$-\ln\left(\frac{A_t}{A_0}\right) = k * t \quad \text{(Equation 1)}$$

154

155 Where  $A_0$  is the initial anthocyanin content,  $A$  is the anthocyanin content at time  $t$ ,  $t$  is the  
156 storage time and  $k$  is the rate constant. The degradation rate constant ( $k$ ) was determined  
157 from the slope of the straight line obtained when plotting  $\ln(A_t/A_0)$  vs  $t$ . From the equation  
158 above, the time taken for the anthocyanin content to halve, the half-life ( $t_{1/2}$ ), can be derived  
159 as:

160

161 
$$t \frac{1}{2} = \frac{\ln(2)}{k} \quad \text{(Equation 2)}$$

162

163 2.5 *Total phenolic content*

164 Folin Ciocalteu (FC) colorimetry method (Singleton & Rossi, 1965) was employed to  
165 determine the total phenolic content of the EE and EE-SA (control samples) and also in all  
166 of the CGA processed samples. This method involves the oxidation of phenols using a  
167 molybdotungstate reagent to yield a coloured product which can be measured at 760nm using  
168 a spectrophotometer (Biotech Ultrospec 1100 pro UV spectrophotometer). Gallic acid  
169 (Sigma-Aldrich, UK) standards with concentrations ranging from 0-1000mg/L were used to  
170 generate standard plots ( $R^2 = 0.9881$ ) and an equation for the calculation of the total phenolic  
171 concentration in each extract. The analysis was done in triplicate. The total phenolic content  
172 in the CGA processed samples were compared to the controlled samples over time.

173

174 2.6 *Evaluation of in vitro antioxidant activity*

175 The antioxidant activity of the control samples (EE and EE-SA) along with the CGA  
176 processed samples were evaluated according to Re et al., (1999) by the ABTS assay. This  
177 method assesses the ability of the antioxidants to scavenge the radical (ABTS) which was  
178 determined by measuring the decrease in its absorbance at 734nm using a spectrophotometer  
179 (Biotech Ultrospec 1100 pro UV spectrophotometer). Different concentrations (0-2000 $\mu$ M)  
180 of Trolox standard were used to construct a calibration curve ( $R^2 = 0.9991$ ). The analysis was  
181 done in triplicate. The antioxidant activity of the CGA processed samples was compared  
182 against that of the control samples, expressed as  $\mu$ M Trolox equivalent. The ratio of  
183 percentage inhibition to the total phenolic content of all samples, termed as specific  
184 antioxidant power (AOP), was calculated.

185

186 2.7 *Total anthocyanins content*

187 The total monomeric anthocyanins of control samples, EE and EE-SA along with the  
188 CGA processed samples were determined over time using the pH differential method  
189 approved by AOAC (Lee, Rennaker, & Wrolstad, 2008). This method is based on the  
190 anthocyanins structural transformation that occurs with a change in pH. Briefly, the extract  
191 was mixed individually with pH 1.0 and 4.5 buffer solutions in a ratio of 1:5 and left for 20  
192 minutes. The absorbance of the test portions at both pHs were determined  
193 spectrophotometrically (Biotech Ultrospec 1100 pro UV spectrophotometer) at a wavelength  
194 of 520nm and 700nm. The results of the anthocyanin pigment were expressed as malvidin-  
195 3-glucoside equivalents (ME) according to equation 3.

196

197 
$$\text{Total Anthocyanins} \left( \text{ME}, \frac{\text{mg}}{\text{L}} \right) = \frac{A * \text{MW} * \text{DF} * 10^3}{\epsilon * 1} \quad (\text{Equation 3})$$

198

199 Where A = (A<sub>520nm</sub>-A<sub>700nm</sub>)<sub>pH1.0</sub> - (A<sub>520nm</sub>-A<sub>700nm</sub>)<sub>pH4.5</sub>; MW (molecular weight of malvidin-  
200 3-glucoside = 493.43g/mol; DF = dilution factor; 1 = path length in cm; ε = 28000 molar  
201 extinction coefficient and 10<sup>3</sup> = factor for conversion from g to mg and cm.

202

203 2.8 *Identification and Quantification of Anthocyanins by HPLC*

204 The separation of the polyphenols was performed using an Agilent HPLC 1100 series  
205 equipped with a degasser, a quaternary pump and a photodiode array detector model  
206 (Agilent, Waldbronn, Germany) with Chemstation software. The column used was a C18  
207 HiChrom (150 mm x 4.6 mm i.d; 5µm particle size and 100 Å pore size; part no.EXL-121-  
208 1546U) operated at 30°C. The separation method was the same as described in our previous  
209 paper (MohdMaidin et al., 2017). The polyphenols were monitored at 280nm and the UV/Vis

210 spectra were recorded in the range of 200 to 760nm. The main anthocyanins were detected  
211 at 520nm and identified based on the retention times and by comparing the spectra with that  
212 of the external standards which were: delphinidin-3-o-glucoside (>99%) (RT= 4.8;  
213 calibration curve  $R^2 = 0.8771$ ); cyanidin-3-o-glucoside (>98%) (RT= 7.8; calibration curve  
214  $R^2=0.98744$ ); petunidin-3-o-glucoside (>98%) (RT= 8.5; calibration curve  $R^2=0.99702$ ) and  
215 malvidin-3-o-glucoside (>99%) (RT= 7.8; calibration curve  $R^2= 0.99994$ ); all supplied by  
216 Extrasynthese, Paris, France.

217

## 218 2.9 Determination of CIELab colour parameters and pH

219 The changes in colour of the EE, EE-SA and the CGA processed samples were  
220 measured using a CT-1100 ColourQuest HunterLab by taking the measurements in  
221 transmittance mode. Standard black plates were used for standardization.  $L^*$ ,  $a^*$  and  $b^*$   
222 measurements were obtained and used to calculate chroma and hue angles based on  
223 equations 4 and 5 below. Delta E ( $\Delta E$ ) was calculated based on the changes of the values of  
224  $L^*$ ,  $a^*$  and  $b^*$  at a given time, in comparison to these values at day 0 and applying equation  
225 6.

$$226 \quad \text{Hue angle } (^{\circ}) = \left[ 180 * \left( \frac{\text{ATAN}\left(\frac{b}{a}\right)}{\pi} \right) \right] + \left( \frac{b}{a} \right) \quad (\text{Equation 4})$$

$$227 \quad \text{Chroma} = \sqrt{a^2 + b^2} \quad (\text{Equation 5})$$

$$228 \quad \Delta E = [(\Delta L)^2 + (\Delta a)^2 + (\Delta b)^2]^{\frac{1}{2}} \quad (\text{Equations 6})$$

229

230 The hue angle and chroma may be used on a CIE 1979 L\*a\*b\* colourimetric system  
231 diagram to identify colour and monitor changes. The changes of colour in all the CGA  
232 processed samples over time were compared to EE and EE-SA as the control samples.

233 The pH of all samples was monitored regularly with a pH meter (Mettier-Toledo  
234 SevenEasy), which was calibrated by using pH 4.0 and 7.0 buffer solutions (Sigma, UK).

235

### 236 2.10 Statistical analysis

237 All the experiments were performed in triplicate. The data were subjected to the  
238 analysis of variance using IBM® SPSS® Statistics 21 software program where statistical  
239 differences were noted. Differences among the different treatments were determined by  
240 using the Tukey test. The significance level was defined at  $p < 0.05$ . The results were reported  
241 as means  $\pm$  SD.

242

## 243 3. Results and Discussion

### 244 3.1. Changes of total phenolic content over storage time

245 Initial values for total phenolic content was measured in control samples (EE and EE-  
246 SA) and three of the CGA processed samples at day 0. The total phenolic content for all  
247 samples range was 285-2080 mg GAE/L. The TP content for EE-SA was higher ( $p = 0.0371$ )  
248 than EE, which can possibly be explained by the presence of sorbic acid. The total  
249 monomeric anthocyanin range was 99.1-422.9 mg ME/L. The antioxidant activity range was  
250 2299-14469  $\mu$ M Trolox equivalent.

251 Over a storage period of 32 days, the losses in the TP content were minimal in all the  
252 samples (Fig. 2A). The maximum degradation observed in EE-SA and EE was not more than  
253 10%. Among all the CGA processed samples, the lowest losses of the TP content was in V16

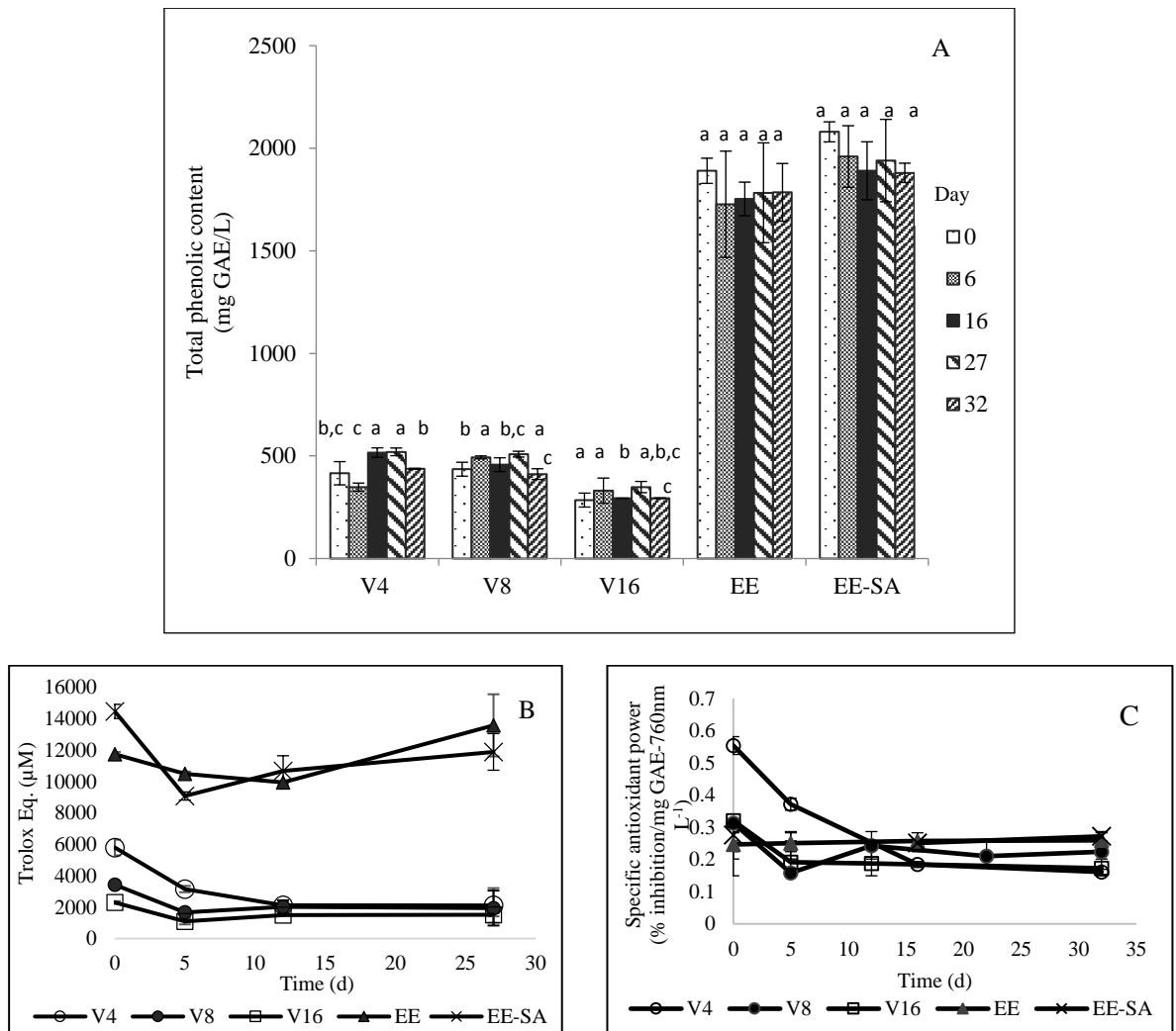
254 (4.91%), followed by V8 (5.44%) and finally V4 (6.42%), although they were not  
 255 significantly different ( $p = 0.062$ ).

256

257

258

259



260 Figure 2. Total phenolic content (A), antioxidant activity profile expressed as Trolox Equivalent  
 261 ( $\mu\text{M}$ ) (B), and specific antioxidant power (% inhibition/mg GAE-760nm  $\text{L}^{-1}$ ), (C) of CGA processed  
 262 and control samples over time. Error bars represent means  $\pm$  SD ( $n=3$ ). V4, CGA fraction separated  
 263 at volumetric ratio 4; V8, CGA fraction separated at volumetric ratio 8; V16, CGA fraction separated

264 at volumetric ratio 16; EE, crude ethanolic extract and EE-SA, ethanolic extract with sorbic acid.  
265 Different letter within each series indicates significant differences using Tukey's test ( $P < 0.05$ ).

266

267

### 268 3.2. *Changes in antioxidant activity over storage time*

269 The antioxidant activity of the control samples and CGA processed samples stored  
270 over time was evaluated using ABTS assay. Figure 2 (B) shows a decrease in antioxidant  
271 activity in both, the control samples and the CGA processed samples over time. The  
272 reduction in antioxidant activity was clearly observed for all samples during the first 5 days.  
273 Further decrease was observed in V4 after 5 days, however in V8, V16 and control samples  
274 no further reductions or even slight increases in antioxidant activity was observed after this  
275 time.

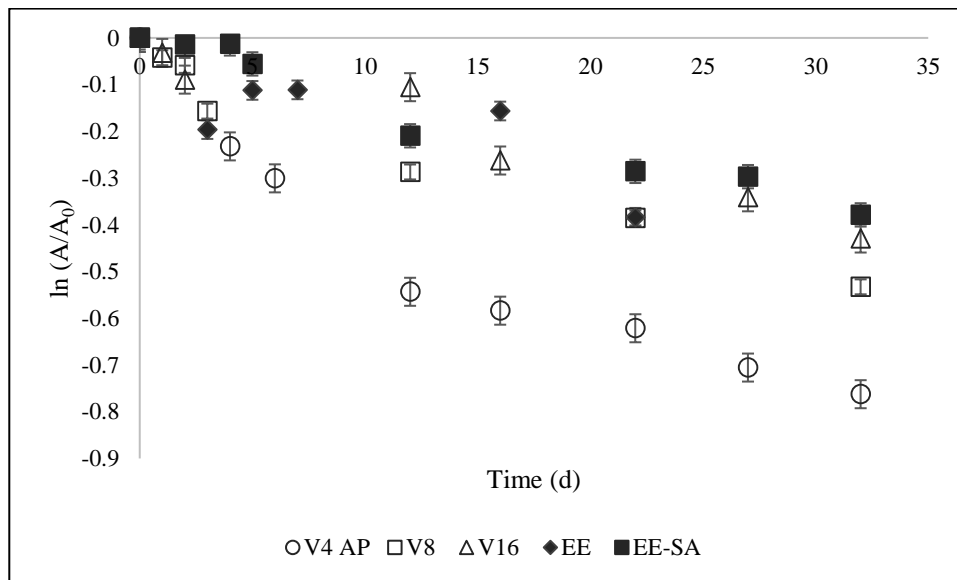
276 Moreover, when the specific antioxidant power (calculated as percentage of inhibition  
277 per total phenol content) was calculated, a more distinct pattern was observed (Fig. 2C). In  
278 general, the specific antioxidant power decreased over time at a higher rate than the total  
279 phenols (Fig. 2A). Rapid loss of antioxidant power was observed particularly in V4 from  
280 day 0 to day 16, and in V8, V16 and EE-SA only over the first 5 days. It was interesting to  
281 note that there was no specific antioxidant loss in EE. This could be related to the total  
282 phenolic content as depicted in Figure 2A where the losses in EE were not significantly  
283 different ( $p \leq 0.05$ ) between the time points. This implied that the losses in TP and antioxidant  
284 activity in EE were in the same proportion hence the antioxidant efficiency was almost  
285 constant over time (Fig. 2B). However, this was not the case for the CGA samples where  
286 minimal losses of total phenolic content were noted but important changes in antioxidant  
287 activity were observed. Therefore, this suggests that in these samples the antioxidant activity  
288 may not be solely derived from the total phenolic content and/or that the phenolics undergo  
289 some chemical changes that affect their antioxidant activity. Over estimation of total

290 phenolic content could possibly happen by the high sugar content or ascorbic acid in the  
291 crude extracts and the CGA processed samples (Ainsworth & Gillespie, 2007).

292

### 293 3.3. Kinetics of total anthocyanins degradation over storage time

294 Degradation of anthocyanins has been previously studied in wine and its residues  
295 (Bimpilas, Panagopoulou, Tsimogiannis, & Oreopoulou, 2016; Clemente & Galli, 2011,  
296 2013; Lavelli et al., 2017). The patterns of degradation involving anthocyanins are complex,  
297 but the degradation rate generally follows first-order kinetics (Amendola, De Faveri, &  
298 Spigno, 2010; Buckow, Kastell, Terefe, & Versteeg, 2010). However, the information on  
299 anthocyanin degradation in the presence of surfactant is lacking. In this study, the  
300 degradation of anthocyanins in the control samples (EE and EE-SA) were compared with  
301 the CGA processed samples stored at 20°C, which also followed first-order kinetics (Fig. 3).



302 Figure 3. Time course for the decrease of anthocyanins represented here as the natural logarithm of  
303 the ratio of anthocyanins concentration at a given time and at time zero ( $A_0$ ) during storage at 20°C.  
304 Error bars represent means  $\pm$  SD. V4, CGA fraction separated at volumetric ratio 4; V8, CGA fraction  
305 separated at volumetric ratio 8; V16, CGA fraction separated at volumetric ratio 16; EE, crude  
306 ethanolic extract and EE-SA, ethanolic extract with sorbic acid.

307



308 Degradation of anthocyanins in all samples followed first order kinetics as shown by  
309 data in Figure 3. In Table 1A the first-order rate constant ( $k$ ) and the linear regression  
310 coefficient ( $R^2$ ) of all samples are shown. The first-order rate constant for anthocyanins  
311 degradation ranged between 0.0124 and 0.0217  $d^{-1}$ . Although the  $R^2$  values for V4 and EE  
312 were lower than the others, first-order kinetics were assumed. This was also based on the  
313 assumption that since the pH of these samples ranged 3.5-3.8 the degradation of the  
314 anthocyanins and thus the ionization of flavillium ion followed first-order kinetics as found  
315 by West & Mauer (2013). The first-order rate constant of EE was higher ( $k = 0.0159 d^{-1}$ )  
316 than the one of EE-SA; the first-order rate constant of EE-SA was the lowest among all  
317 samples ( $k = 0.0121 d^{-1}$ ). This suggests that the addition of sorbic acid increased the stability  
318 of anthocyanins during storage although sorbic acid has only been reported to prevent  
319 microbial growth during storage (Troller & Olsen, 1967).

320 As shown in Table 1A the first-order rate constant decreased with the increase in  
321 volumetric ratio and thus with an increase in surfactant content in the CGA fractions (ranging  
322 from 6.07-8.58mM TWEEN20). The samples with the highest stability were the EE-SA and  
323 the CGA fraction with the highest surfactant concentration, V16, followed by V8 and EE  
324 which had very similar stability. The sample with the lowest concentration of surfactant V4,  
325 was found to degrade the fastest over time.

326 The extraction of grape pomace with water containing 3% of citric acid has also been  
327 proposed to recover phenolic-rich coloured extracts with 36-62% of total anthocyanins  
328 composition (Cardona, Lee And, & Talcott, 2009). However, the colour degradation of these  
329 water-based extracts at 30°C is fast, with first-order rate constants of 0.0364 and 0.038 for  
330 cold and hot pressed extractions, respectively. In the present study, the first-order rate  
331 constants were lower indicating more stable extracts. The most stable sample was the EE-  
332 SA ( $k = 0.0121d^{-1}$ ) suggesting a stabilisation effect of sorbic acid. Comparable results were

333 obtained for V16 CGA with  $k = 0.0124\text{d}^{-1}$ . However, interestingly the stabilisation effect in  
 334 the CGA processed samples was only achieved above a certain concentration of surfactant  
 335 as in V4 and V8 CGA samples the observed stabilisation effect when compared against the  
 336 EE sample was minimal. It was estimated that the surfactant concentration in V16, V8 and  
 337 V4 was 8.58mM, 7.56mM and 6.07mM respectively (see Methods). Therefore the  
 338 concentration of surfactant in the samples should be at or above 8.58mM (about 1%) in order  
 339 to have a stabilisation effect.

340

Table 1A. First-order empirical rate constants ( $k$ ) and half-life for anthocyanins.

Sample	R <sup>2</sup>	K (d <sup>-1</sup> )	t <sub>1/2</sub> (d)	Loss (%)*
V4	0.8861	0.0217 ± 0.0019	31	53.35
V8	0.9585	0.0157 ± 0.0024	44	41.30
V16	0.9385	0.0124 ± 0.0015	55	34.90
EE	0.8131	0.0159 ± 0.0012	43	41.04
EE-SA	0.9583	0.0121 ± 0.0011	57	31.53

Rate constants are expressed as means ± SD. V4, CGA fraction separated at volumetric ratio 4; V8, CGA fraction separated at volumetric ratio 8; V16, CGA fraction separated at volumetric ratio 16; EE, crude ethanolic extract and EE-SA, ethanolic extract with sorbic acid.

\*anthocyanins loss calculated after day 32

Table 1B. Half-lives (t<sub>1/2</sub>, day) and degradation rate ( $k$ , d<sup>-1</sup>) of different anthocyanins in control and CGA samples, stored at 20°C

Compound/Sample	V4 T <sub>1/2</sub> /K (d/ d <sup>-1</sup> )	V8 T <sub>1/2</sub> /K (d/ d <sup>-1</sup> )	V16 T <sub>1/2</sub> /K (d/ d <sup>-1</sup> )	EE T <sub>1/2</sub> /K (d/ d <sup>-1</sup> )	EE-SA T <sub>1/2</sub> /K (d/ d <sup>-1</sup> )
Delphinidin 3-o-glucoside	35 0.0195	36 0.0190	29 0.0233	41 0.0168	41 0.0168
Cyanidin 3-o-glucoside	42 0.0163	55 0.0126	52 0.0132	33 0.0204	42 0.0162
Petunidin 3-o-glucoside	50 0.0136	44 0.0155	52 0.0132	50 0.0136	49 0.0139
Malvidin 3-o-glucoside	55 0.0126	57 0.0121	71 0.0097	59 0.0116	65 0.0116

341

342 A study conducted by Lavelli et al., (2017) in an ethanolic extract of grape pomace  
343 maltodextrin-encapsulated showed a low first-order rate constant, 0.0033-0.0014 d<sup>-1</sup>. This  
344 might be due to lower water activity content and therefore these results are not comparable  
345 with the present results, as this study assessed the stability of anthocyanins in a liquid form.  
346 Moreover, the drying process will require higher overhead costs, and needs high energy and  
347 pressure input which would add up greatly to the overall cost.

348 The half-lives of anthocyanins of EE and EE-SA stored at 20°C were 43 and 57 d,  
349 respectively (Table 1A). As discussed above, the degradation is faster in the CGA samples  
350 with lowest surfactant concentration so V4 had the shortest half-life of 31 d, followed by V8  
351 (44 d) and V16 (55 d). Moreover the half-life of V16 was almost similar to EE-SA's, but  
352 longer than that of EE. These half-life values were higher than the ones reported for the  
353 blueberry juice stored at 25°C ( $t_{1/2} = 4.4$  d), possibly due to the different types of  
354 anthocyanins present (Buckow et al., 2010). Similarly, when the percentage of anthocyanin  
355 losses after 32 days of storage was determined, the EE-SA had the least loss (31.53%),  
356 closely followed by V16 (34.90%).

357 In summary, from all the above data it can be concluded that the surfactant had a  
358 stabilisation effect on anthocyanins and this effect was comparable to that observed in  
359 extracts with sorbic acid. To the best of our knowledge, only one report by Thakur & Arya  
360 (1989) assessed the stability of anthocyanins in grape juice preserved with sorbic acid and  
361 their result agreed with the findings in this study. This further confirmed that the surfactant  
362 might play an important role in protecting the anthocyanins from oxidation, thus extending  
363 the half-life.

364

365 3.4. *Anthocyanins Identification and Quantification*

366 The HPLC-DAD analysis showed that all samples had 13 anthocyanins identified at  
367 the beginning and at the end of storage study (Figure S1), which was in agreement with our  
368 previous study (MohdMaidin et al., 2017). The identified anthocyanins were: delphinidin,  
369 cyanidin, petunidin, peonidin and malvidin with different glycosyl acylation attached. In red  
370 wines and their pomace made from *V. vinifera* grapes, the main anthocyanins detected were  
371 of 3-o-monoglucosides of the free anthocyanidins including pelargonidin-3-o-glucoside,  
372 cyanidin-3-o-glucoside, delphinidin-3-o-glucoside, peonidin-3-o-glucoside, petunidin-3-o-  
373 glucoside and malvidin-3-o-glucoside (Drosou et al., 2015; He et al., 2012; Kammerer et al.,  
374 2004). However, in this study, pelargonidin-3-o-glucoside was not detected and four  
375 anthocyanins (malvidin 3-o-glucoside, cyanidin 3-o-glucoside, delphinidin-3-o-glucoside,  
376 and petunidin-3-o-glucoside) were quantified as these are the most abundant anthocyanins  
377 present.

378 In all the samples, the most abundant anthocyanin was malvidin-3-o-glucoside  
379 (0.68mg/g) which was in agreement with other studies (Bimpilas, Panagopoulou,  
380 Tsimogiannis, & Oreopoulou, 2016; Morais, Ramos, Forgács, Cserhádi, & Oliviera, 2002)  
381 followed by delphinidin-3-o-glucoside (0.58mg/g). Both pigments were typically responsible  
382 for the purple and purple-blue which could be seen in the colour of the ethanolic extract.

383 Different anthocyanins had different degradation kinetics in each sample (Table 1B).  
384 Among the four anthocyanins, delphinidin was the least stable anthocyanin in all the samples  
385 except in EE. This can be seen in their short half-lives (29-41d). Fleschhut, Kratzer,  
386 Rechkemmer, & Kulling (2006) reported that an increase in hydroxyl groups in the B ring  
387 of the anthocyanin nucleus could result in a decrease in the stability which could possibly  
388 account for the anthocyanins loss. However, this was not observed in EE where cyanidin  
389 degraded faster than delphinidin, but both of them seemed to be less stable than petunidin

390 and malvidin indicating that methylation of hydroxyl-groups in B ring increased the stability  
391 of anthocyanins. Our results were comparable to those reported by Hellstrom et al., (2013)  
392 for delphinidin and cyanidin in the blackcurrant and chokeberry juices stored at 21°C with  
393 half-lives between 16-44 days.

394 Malvidins are known to be the most stable as compared to other anthocyanins due to  
395 the absence of two hydroxyl groups in the B ring structure. This was clearly evident as they  
396 had the longest half-life as compared to other anthocyanins across all samples. Interestingly,  
397 malvidin in V16 sample had longer half-life (71d), with slowest degradation rate ( $k = 0.0097$   
398  $d^{-1}$ ) than any of the control samples including EE-SA ( $k = 0.0116d^{-1}$ ,  $t_{1/2} = 65d$ ) which agrees  
399 with the above observation on the protecting effect of the surfactant.

400 According to Hellström et al., (2013), the effect of the sugar moiety was minor as  
401 compared to the effect induced by the type of the core anthocyanidin. In these extracts,  
402 malvidin- and delphinidin 3-glucosides were the two predominant anthocyanins.  
403 Delphinidin glucosides exhibited greater temperature sensitivity due to their three hydroxyl  
404 group in the B ring in comparison to malvidin derivative which had only one –OH group  
405 attached to it (Buckow et al., 2010). This can be clearly seen in the half-life of malvidin-3-  
406 glucoside ( $t_{1/2} = 55-71$  days) across all samples. Moreover, the stability of anthocyanins was  
407 also reduced by the number of hydroxyl groups in the A ring with the absence of dihydroxyl  
408 group in the B ring (Buckow et al., 2010). The matrix of samples also has been reported to  
409 have a major impact on the stability of anthocyanins where anthocyanins in juices were more  
410 prone to degradation as compared to those in smoothies, where the anthocyanins may be  
411 protected by other phenolic compounds but the concrete reasons of this impact remained  
412 unclear (Hellström et al., 2013). A study on anthocyanins stability from encapsulated grape  
413 skin showed significant increase in the half-life of anthocyanins up to 452 days. The study  
414 also proved that lowering the water activity of the encapsulated grape skin powder can

415 double the half-life up to 998 days (Lavelli et al., 2017). In fruit juices, several factors can  
416 influence the stability of anthocyanins, such as pH, presence of ascorbic acid and  
417 anthocyanin degrading enzymes (Buckow et al., 2010). Finally, the degree of glycosylation  
418 also might possibly affect anthocyanins stability; the higher the degree of glycosylation, the  
419 more stable they became.

420 Co-pigmentation of anthocyanins with other compounds is considered as an  
421 important mechanism of colour stabilisation in plants. Anthocyanins can form co-pigments  
422 with metal ions, other phenolic compounds or through self- association (Castañeda-Ovando,  
423 Pacheco-Hernández, Páez-Hernández, Rodríguez, & Galán-Vidal, 2009). Co-pigmentation  
424 through self-association is unlikely because in order for it to take part, the concentration of  
425 the anthocyanin should be greater than 1mmol//L. Hydroxycinnamic acids and flavonols  
426 were reported as the best cofactors in wine (Bimpilas et al., 2016). Co-pigmentation can be  
427 influenced by the anthocyanins and co-pigment structure, and also by the concentration of  
428 anthocyanins to the co-pigment (Eiro & Heinonen, 2002). In the present study, the ratio of  
429 anthocyanins and co-pigments might not be sufficient for the co-pigmentation to occur since  
430 no additional phenolic acids were added to the samples. Thus, the stabilisation effect  
431 observed in this study was solely due to the surfactant and the addition of sorbic acid.

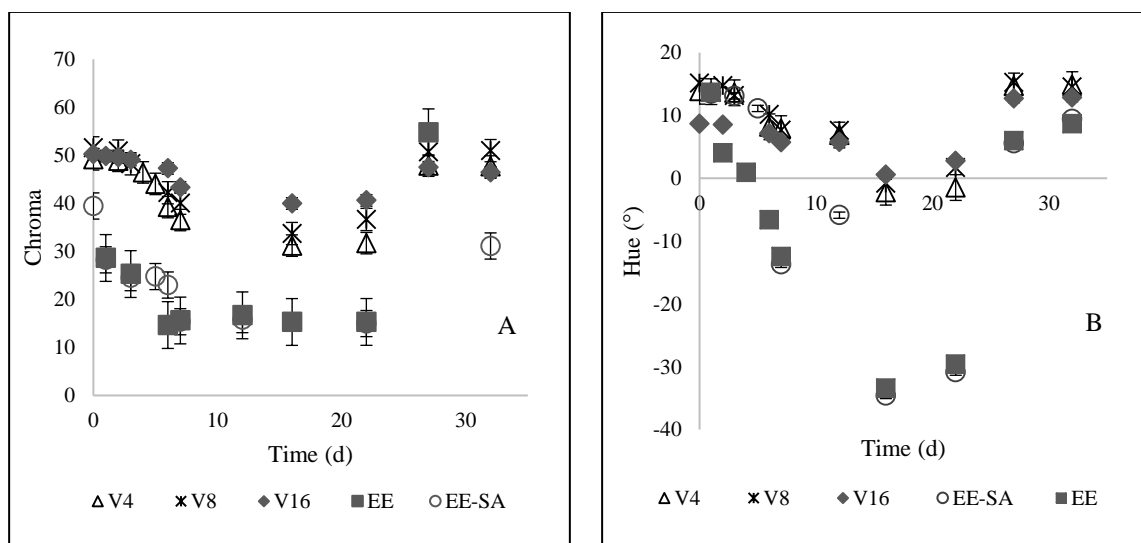
432

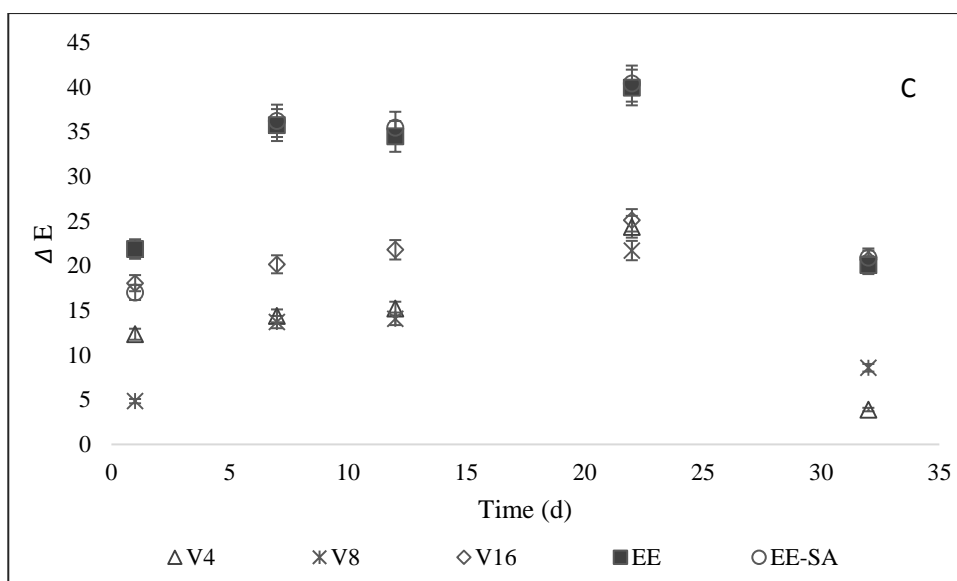
### 433 3.5. *Colour stability and pH*

434 Grape pomace extract had high levels of anthocyanins. However, anthocyanins  
435 undergo degradation during processing and storage, thus affecting colour characteristics. In  
436 the present study, the colour stability of the control samples and the CGA processed samples  
437 was investigated and compared against EE and EE-SA. Colourimetric parameters chroma  
438 (*C*) and hue (*h*) and  $\Delta E$  were determined to assess colour changes over time. The effects  
439 were comparable to those observed in anthocyanins, yet with some exceptions.

440 Figure 4 (A and B) showed the changes of colour in chroma and hue angle for the  
 441 control samples and the CGA processed samples over time. The results obtained showed that  
 442 EE and EE-SA had a similar trend;  $\Delta E$  values overlapped with each other. At day 0, both  
 443 samples had dark red colour ( $c = 39.4$ , hue = 6.9). Over time, both chroma and hue values  
 444 decreased rapidly by day 22, from dark red tending towards blue-black shade ( $c = 14.9$ , hue  
 445 = -29.6).

446 The same trend was observed in all of the CGA processed samples, although the  
 447 chroma and hue angles decreased steadily as compared to EE and EE-SA. At day 0, all of  
 448 the CGA processed samples had almost similar colour of dark red shade ( $c = 49.2-51.5$ ; hue  
 449 = 8.7-15.1). However, the chroma ( $c = 31.7-40.6$ ) and hue angle (hue = -1.4-2.8) values  
 450 decreased in all of the CGA processed samples over time. In short, V4 turned from dark red  
 451 to light red, tending towards blackish; V8 turned from dark red to light red, tending towards  
 452 browning and finally, V16 turned from dark red to light red, tending towards pinkish.  
 453 Therefore, these results showed that minimum colour changes were observed in V16, which  
 454 correlated with the lower degradation rate of anthocyanins determined above and confirms  
 455 the stabilisation effect by the surfactant.





456 Figure 4. Chroma and hue values of samples during storage (A and B), total colour difference ( $\Delta E$ )  
 457 between samples (C). Error bars represent means  $\pm$  SD ( $n = 3$ ). V4, CGA fraction separated at  
 458 volumetric ratio 4; V8, CGA fraction separated at volumetric ratio 8; V16, CGA fraction separated  
 459 at volumetric ratio 16; EE, crude ethanolic extract and EE-SA, ethanolic extract with sorbic acid.

460

461 Furthermore, the colour changes of samples can be further explained by  $\Delta E$  (Fig. 4C).

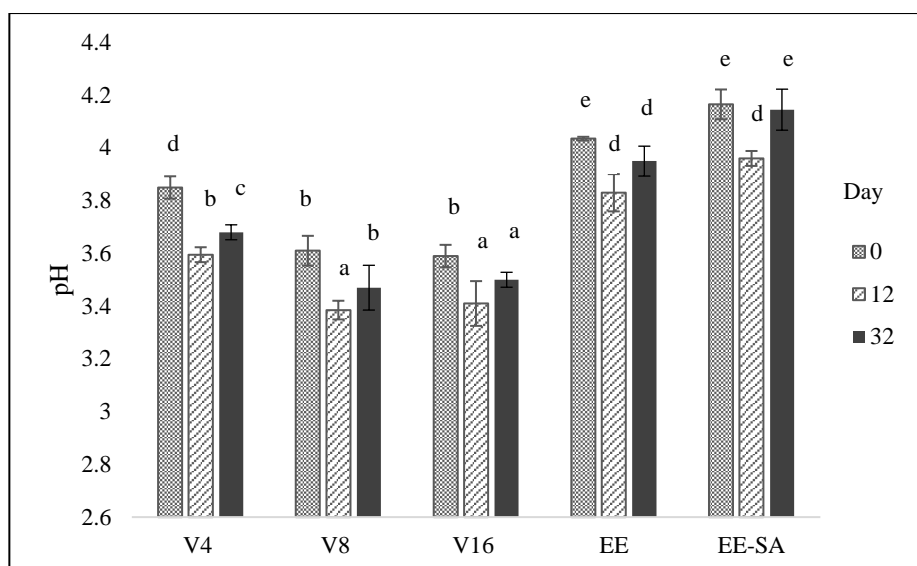
462  $\Delta E$  indicates the magnitude of the colour difference between fresh and stored grape extracts  
 463 for different time points. Higher colour differences were measured for the control samples  
 464 than for the CGA samples. In all the CGA processed samples, the changes were not  
 465 significantly different ( $p > 0.05$ ) in the first 12 days of storage. However, higher magnitude  
 466 of changes was observed in day 22, and minimal changes were observed in day 32.

467 Anthocyanins differ from each other by the number and position of the hydroxyl, and  
 468 methoxyl substituent groups in the B ring of the molecule. The hydroxylation pattern of the  
 469 anthocyanins in the B ring can directly affect the hue and colour stability due to the effect  
 470 on the delocalized electron path length in the molecule (He et al., 2012). Anthocyanins with  
 471 more hydroxyl groups in the B ring can contribute more to blueness, meanwhile the degree  
 472 of methylation in the B ring can increase redness. The rapid decrease in red colour of EE  
 473 and EE-SA might be explained by the degradation of a particular anthocyanin. In both



474 control samples, cyanidin-3-glucoside and petunidin-3-glucoside had the shortest half-lives  
475 between 16-21 days (Table 1B). Both anthocyanins were responsible for the red and dark  
476 red colour respectively, which could explain the losses of dark red colour in both controlled  
477 samples after 21 days. Both anthocyanins had two hydroxyl groups attached to the B ring,  
478 which increased the blueness of the colour, as found in these samples. In the case of the CGA  
479 processed samples, V4 appeared to have the same result as EE and EE-SA, which is  
480 supported by the short half-life of cyanidin-3-glucoside determined in this sample. However,  
481 in the case of V8 and V16, delphinidin-3-glucoside had the shortest half-life, 31 and 36 days  
482 respectively. This could have contributed to the colour changes observed, from dark red to  
483 light red, tending towards brownish and pinkish. Delphinidin-3-glucoside is responsible for  
484 the blueness as it has three hydroxyl groups attached to the B ring.

485         Although most studies showed that delphinidin-3-glucoside exhibited a greater  
486 thermal sensitivity due to their three hydroxyl substitution group, this was not clearly  
487 observed in this study; thus the correlation between anthocyanin stability and chemical  
488 structure is still unclear (Rice-Evans, Miller, & Paganga, 1996). Moreover, the colour  
489 changes in EE-SA could not be explained by the slowest anthocyanins loss in this sample.  
490 This suggests that the mechanism of colour stabilisation in this sample needs further study  
491 as colour change does not correlate with anthocyanins degradation. The mechanisms of  
492 stabilisation of anthocyanins by TWEEN20 are yet to be determined, but we propose that  
493 the micelles might play a role in encapsulating the anthocyanins protecting them against  
494 oxidation during storage.



495

496 Figure 5. pH values of all samples on selected days. Error bars represent means  $\pm$  SD, n = 3. V4,  
 497 CGA fraction separated at volumetric ratio 4; V8, CGA fraction separated at volumetric ratio 8; V16,  
 498 CGA fraction separated at volumetric ratio 16; EE, crude ethanolic extract and EE-SA, ethanolic  
 499 extract with sorbic acid.

500

501 Overall, the pH of all samples dropped and then increased slightly (Fig. 5). Although  
 502 it is known that pH plays an important role in determining the state of the flavylum ion, the  
 503 trend was unclear in the present study. This could possibly be due to the presence of  
 504 TWEEN20 which could have a stabilisation effect as shown by the reduction of pH after  
 505 CGA separation. The increased in pH values later throughout the end of storage may be due  
 506 to the formation of phenolic acids like gallic acid; this can be supported by the fluctuations  
 507 in total phenolic content over storage which may be also an indication of the formation of  
 508 these intermediate compounds (Pérez-Jiménez, Neveu, Vos, & Scalbert, 2010).

509

#### 510 4. Conclusions

511 The stability of the ethanolic raw extract from grape marc was compared with that of  
 512 the further processed sample after applying the CGA separation. The main effect was found  
 513 on the stability of anthocyanins. Anthocyanins stability in CGA fraction V16 was higher

514 than in the raw extract based on the comparison of the first order kinetics of anthocyanins  
515 degradation followed by all the samples. The stability in CGA samples increased with an  
516 increase in surfactant concentration, V16 sample having the highest half-life (55 d) and  
517 similar to the raw extract's with sorbic acid (57 d). Thus these results show that the surfactant  
518 has a stabilization effect on the anthocyanins and the sorbic acid seems to have a similar  
519 effect. Moreover a good correlation between the colour changes and degradation rate of  
520 individual anthocyanins was observed whereby malvidin-3-o-glucoside was found to be the  
521 most stable anthocyanin at all the studied conditions with the highest half-life found in V16.  
522 Overall, this study shows that the surfactant has a stabilisation effect on the anthocyanins  
523 and half-lives determined here were higher than others reported for wet formulations of  
524 anthocyanins. The mechanism of stabilisation of anthocyanins by TWEEN20 may be related  
525 to the solubilisation of the anthocyanins within the micelles. Furthermore, the main findings  
526 in this study have shown the advantages of CGA as a separation method that can also  
527 integrate a pre-formulation step.

528

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533

### 534 **Conflict of interest**

535 The authors declare no conflict of interest.

536

537

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