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Ancient human genomes and environmental DNA from the cement attaching 2,000 year-old head lice nits

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Abstract

Over the past few decades there has been a growing demand for genome analysis of ancient human remains. Destructive sampling is increasingly difficult to obtain for ethical reasons, and standard methods of breaking the skull to access the petrous bone or sampling remaining teeth are often forbidden for curatorial reasons. However, most ancient humans carried head lice and their eggs abound in historical hair specimens. Here we show that host DNA is protected by the cement that glues head lice nits to the hair of ancient Argentinian mummies, 1,500–2,000 years old. The genetic affinities deciphered from genome-wide analyses of this DNA inform that this population migrated from north-west Amazonia to the Andes of central-west Argentina; a result confirmed using the mitochondria of the host lice. The cement preserves ancient environmental DNA of the skin, including the earliest recorded case of Merkel Cell Polyomavirus. We found that the percentage of human DNA obtained from nit cement equals human DNA obtained from the tooth, yield two-fold compared to a petrous bone, and four-fold to a bloodmeal of adult lice a millennium younger. In metric studies of sheaths, the length of the cement negatively correlates with the age of the specimens, while hair linear distance between nit and scalp informs about the environmental conditions at the time before death. Ectoparasitic lice sheaths can offer an alternative, non-destructive source of high-quality ancient DNA from a variety of host taxa where bones and teeth are not available and reveal complementary details of their history.

Introduction

Over the last 30 years, ancient DNA (aDNA) has proven to be a key source of information about past organism assemblages, diversity and evolution. To date, aDNA has been obtained from a variety of materials including bones and teeth (Poinar et al. 2006; Shapiro and Hofreiter 2012; Feldman et al. 2016; Massilani et al. 2020; Curry et al. 2021; Woods et al. 2021), bird toe pads (Shapiro and Hofreiter 2012), coprolites (Hofreiter et al. 2000), keratin and chitin (Shapiro and Hofreiter 2012; Gazda et al. 2020), eggshells (Shapiro and Hofreiter 2012), chewed birch pitch (Jensen et al. 2019) and sediments (Shapiro and Hofreiter 2012; Slon et al. 2017; Rohland et al. 2018; Zhang et al. 2020) from archaeological sites, geological settings and museum collections. The best-preserved DNA from ancient humans and animals is recovered from petrous bones and teeth due to their dense structure (Hansen et al. 2017; Sirak et al. 2017; Pilli et al. 2018; Pinhasi et al. 2019). However, extracting DNA from these materials is destructive and often results in irreparable damage to unique archaeological specimens and in addition, depletes the sample for future physical, biological and taphonomic analyses (Geigl and Grange 2018; Ponce de Leon et al. 2018; Prendergast and Sawchuk 2018; Palsdottir et al. 2019; Sirak et al. 2020).

As the demand for human bones and teeth for destructive analyses have increased over the past 20 years, so have cases of unreported, indiscriminate exploitation of historical and unique specimens (Makarewicz et al. 2017; Ponce de Leon et al. 2018). Concerns have also been raised over the lack of adequate documentation for the procedures resulting in damaged and depleted material or specimens. Only very recently museums in South America have produced guidelines and best practice protocols, adhering to ethical as well as local, regional, national and international legislation, which require applications to the Ministry of Culture and Antiquities in Latin American countries (O'Rourke et al. 2000; Claw et al. 2017; Geigl and Grange 2018; Fox and Hawks 2019; Palsdottir et al. 2019; Sawchuk and Prendergast 2019; Wagner et al. 2020). Therefore, there is a demand for alternative, non-destructive procedures to the current methods and to explore other material sources such as dental calculus, a source of host and/or microbial and dietary DNA (Warinner et al. 2014; Ozga et al. 2016; Nieves-Colón et al. 2020). Another underexploited, non-invasive source are parasites, as they often contain and preserve ancient host DNA. Additionally, they hold the potential to not only inform about past dispersal and host interactions but unravel host health conditions and even the cause of death of individuals (Panagiotakopulu et al. 2007; Dittmar 2009; Panagiotakopulu et al. 2013; Dittmar 2014; Koungoulos and Contos 2019).

To date, parasites found in 19th century collections of natural history museums as well as archaeological sites, have mainly been studied morphologically. Only a few, more recent studies have gathered short fragments of DNA from ancient parasites (Dittmar et al. 2003; Raoult et al. 2008; Dittmar 2009; Wood 2018). Dittmar et al. (2003) used a single nuclear DNA marker extracted from *Pulex* fleas from animal

mummies (dogs and guinea pigs) belonging to the Chiribaya culture, South Peru (dated 1,120 years BP (Before Present)). In addition, Raoult et al. (2008) successfully retrieved mitochondrial DNA fragments of ancient human head lice also from the Chiribaya culture (dated 978 years BP).

The louse, *Pediculus humanus*, is the most ubiquitous human ectoparasite. It is an obligatory bloodsucking parasite (Ferris 1951) that has accompanied hominins since the split from our primate relatives (Kittler et al. 2003; Reed et al. 2004; Reed et al. 2007; Durden et al. 2020). These human lice can be found in the form of two ecotypes or sub-species, one nesting in the head hair, *Pediculus humanus capitis*, and the other in the clothing fabric, *P. humanus humanus*. Lice can produce supernumerary infestations (Alexander 1984; Lambiase and Perotti 2019), characterised by the occurrence of a large number of nits (lice eggs) homogeneously distributed on head hairs and, especially concentrated on the hair-shaft towards the root end (Lambiase and Perotti 2019). Crowded infestations have frequently been recorded from ancient human mummies, with great numbers of nits attached not only to hair (see Fig. 1) but to their clothing as well (Araujo et al. 2000; Reinhard and Buikstra 2003; Arriaza et al. 2012; Dutra et al. 2014; Lynnerup 2015).

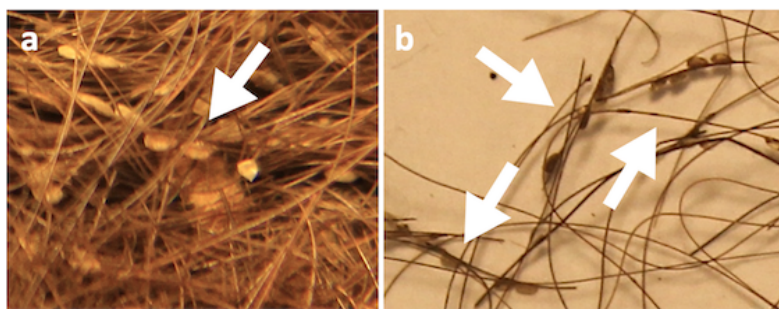


Figure 1. Ancient, crowded infestations. (a) from sample Chi-8-Nit (~300 BP), a textile made of human hair; (b) hair from the mummy sample SJArg-4-Nit. Both panels show chains of nits along the same hair shaft, equating to nit-clusters, which are markers of severe infestations.

Lice are highly prevalent not just on human but on most mammal hairs, especially on late Holocene samples of hair or animal skins. A good reservoir of ancient lice still exists in historical museum collections, with a number of new species of ectoparasites being described from preserved hair, skins, furs and feathers kept in these collections (Ewing 1938; Eichler 1971; Eberhard 2002; de la Cruz et al. 2003; Huchet et al. 2013; Sakalauskaite-Juodeikiene et al. 2018). Pioneered by Ewing (Ewing 1924, 1926, 1938), morphological examination and identification of human head lice found on ancient mummies from America and Egypt showed that lice passively dispersed around the world alongside humans, shedding light on human evolution, past migrations and dispersal. Ice or permafrost mummies carry diverse and abundant ectoparasitic faunas too (Panagiotakopulu et al. 2007; Tridico et al. 2014), with Greenland human and animal mummies and remains showing high prevalence of severe

infestations, to such an extent that adult lice have even been found inside the gut of mummies (Lynnerup 2015). Other early records from archaeological sites come not just from the Americas, but also from human remains near the Dead Sea, dating to 9,000 years BP (Zias and Mumcuoglu 1991), the Loulan mummies of China (3,800 years BP) (Wen et al. 1987) or the hair glued to the human remains found in Herculaneum, Italy (~2,000 years BP) (Capasso and Di Tota 1998).

Louse nits and the empty sheaths can be as informative as adult lice about their host's history (Ewing 1938; Reed et al. 2004; Reed et al. 2007; Arriaza et al. 2008). Nits are individually attached to the hair shaft at approx. 5 mm from the root, with a cement or glue that forms the nit sheath (Lambiase and Perotti 2019). This cement is a rich proteinaceous substance, with high content of saturated fatty acids and aliphatic components, secreted by the accessory glands of the reproductive organs of the female (Burkhart et al. 1999; Burkhart and Burkhart 2005; Park et al. 2019). The hardness of the compounds not only secures the nits to hair for up to 10,000 years but also manages to preserve detached sheaths beyond the hair's life (Linardi et al. 1988; Araujo et al. 2000; Arriaza et al. 2014). Considering the preservation capabilities of this strong natural substance, we hypothesized that nit cement is able to trap and preserve host DNA.

In this work we investigated the potential for ancient nit sheaths (*Pediculus* Linnaeus) to yield human DNA from host cells trapped inside their cement. This allowed us to explore the suitability of this DNA for genome-wide analysis, to compare to current sources of ancient human DNA (e.g. teeth, bones), and to study aspects of preservation, genome coverage, haplotyping, sexing of individuals and phylogeographic history. Eight ancient South American human remains were sampled for hair containing nits. The hair of two of these specimens, SJArg-1-Nit and SJArg-2-Nit showed the presence of a few nits; a maximum of six from each individual were subjected to DNA extraction. For comparison of DNA preservation and coverage, we obtained one tooth (SJArg-1-Tooth) from the same sedimentary layer as SJArg-1-Nit, and a petrous bone (SJArg-3-Petrous) from an individual (SJArg-3) from the same culture as SJArg-1 and SJArg-2 but located at an upper layer. For comparison of host DNA from nits with host DNA from lice bloodmeal (inside their gut), two adult lice from the Denny's historical Anoplura collection from the Oxford University Museum of Natural History (OUMNH) were included. They were recovered ~170 years ago (between 1849-1859) from a Dayak/Dyak/Dayuh native of Borneo (sample Dyak-Louse). Because lice are species specific parasites that parallel the history of their hosts, *Pediculus* genetic affinities were also investigated using mitochondrial genes. In addition to the genetic studies on nits, three of the nit samples were studied using cytogenetic methods to detect and validate DNA trapped in cement, and we compared these findings to the genomic data generated. Lastly, we investigated the level of infestation to gather information on the health status, carried out morphometric characterisations such as length of cement coverage to assess preservation, and nit/sheath distance to

scalp to unravel environmental conditions such as variations in ambient temperature just before the death of these ancient individuals.

Results

Radiocarbon dating. A total of 10 hand-picked and cleaned hair fragments from SJArg-1-Nit were radiocarbon dated at the SUERC Radiocarbon laboratory (SUERC-81423) to 1,461 cal. years BP (median value; 1,389 to 1,520 cal. years BP; 95.4% probability). This is near to the end of Early Period in Argentina (500 BCE – 650 CE) and is equivalent to the early-intermediate period in the Central Andes (0 – 750 CE), which has one of the best constructed archaeological chronologies. It is also equivalent to Nazca and Tiwanaku cultures in Peru and Bolivia, respectively. This radiocarbon date is in good agreement with the previous age estimates (~1,460 cal. years BP) based on radiocarbon dating of associated bulk sediments. We therefore did not re-date the other three specimens used for DNA analysis, SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous, for which radiocarbon ages had also been obtained by bulk sediments and which were found to be 1,461 (1,345-1,586), 1,934 (1,689-2,314) and 1,018 (926-1,175) cal. years BP with 95.4% probability. Radiocarbon ages of all eight mummies together with other age estimates based on cultural chronologies can be found in supplementary table S1.

Sheath cement length and nit distance to scalp. Sheaths from all eight specimens, six Argentinean: SJArg-1, 2, 4, 5, 6, 7-Nit and two Chilean: Chi-8, 9-Nit, were analysed for cement coverage (details of the eight specimens are found in table S2). This important parameter relates to the preservation status of the mummies, even if they are of the same age, they may have been exposed to different environmental and storage conditions, and therefore, potentially could relate to DNA damage and preservation. Cement length was homogeneous within ages and within seven out of the eight mummies; with the youngest remains, Chi-8-Nit showing most variation between cement lengths. We found across all samples an average cement length of 570.45 μm , with the smallest length of 385 μm in SJArg-2-Nit (1,934 cal. years BP), with the maximum length of 841.0 μm found in Chi-8-Nit (~300 years old). Therefore, the older the remains the shorter the fragment of cement protecting the hair shaft ($r = -0.73$). The variations between samples of different ages were found significant (Tukey's pairwise mean comparisons, $P < 0.01$), with the oldest samples from SJArg-2-Nit differing from most of the ages (Supplementary Material online, tables S3 and S4).

To obtain information of the environmental conditions at the time before death, we measured the shaft distance from nit (with embryo) to root in three mummies (SJArg-1-Nit, SJArg-2-Nit and SJArg-4-Nit), as the colder the air temperature the closer to the scalp the louse lays its eggs (see Supplementary Material online). We found the distance between the nits and hair root for each of the 3 mummies to average 4.25 (± 2.5) mm, 4.7 (± 2.1) mm and 6.8 (± 1.8) mm, for SJArg-4-Nit, SJArg-1-Nit, and SJArg-

2-Nit, respectively. Analysis of distance from root within the hosts indicated that for SJArg-1-Nit and SJArg-2-Nit, distances were homogeneous (Shapiro-Wilk $W = 0.95$ and 0.86 , and $P = 0.70$ and 0.096 , respectively), while this distance in SJArg-4-Nit varied significantly (Shapiro-Wilk $W = 0.78$, $P < 0.001$). Nits carrying embryos are eggs laid shortly before the host's death and were found at a shorter distance than the generally expected ~ 7 mm from the root (~ 5 mm from scalp), occurring at high frequency at an unusually shorter distance of 2-4 mm (Supplementary Material online, tables S5 and S6).

Host cell entrapment by nit cement. For SJArg-1-Nit and SJArg-2-Nit, confocal microscopy analysis showed preservation of cuticle of hair with a similar quality to that of a fresh, healthy hair, when covered by cement. However, for SJArg-1-Nit, cuticle scales showed signs of deterioration, e. g. being broken or detached in the cement-uncovered areas and showing rupture reaching the cortex or the medulla. Whereas SJArg-2-Nit showed much better preservation of the hair outside this segment, despite being about 500 years older. In addition, we noticed that the cuticle types of SJArg-1-Nit hair were different in shape, with large variation in the arrangement and size of the scales (Supplementary Material online, supplementary fig. S1). Host nuclei were only recorded on the inside of the wrapping tube of cement (Fig. 2 and supplementary fig. S1, Materials and Methods). Host nuclei trapped in cement were highly positive with two fluorescent DNA dyes, DAPI or propidium iodide, and showed the typical regular and flattened shape (size of $\sim 8-12 \mu\text{m}$) (Neelam et al. 2016). Of the two mummies, SJArg-2-Nit presented abundant nuclei trapped in the cement, while these were rarer for SJArg-1-Nit. Counts of nuclei from sheath specimens of each mummy were significantly different (Fig. 2 inset), indicating a variation in the number of nuclei trapped inside the cement of the nit. Nits collected from the older SJArg-2-Nit mummy showed an average of 5 nuclei per nit sheath, while only up to 1 per nit-cement was counted for nits from SJArg-1-Nit specimens. Additionally, at the time of collection of samples we noted that SJArg-2-Nit mummy had likely suffered from dandruff, indicated by the profuse shedding of scalp skin.

Across all samples we were unable to identify mitochondria in scans due to the limited magnification of confocal scanning microscopy, despite fully scanning the diameter of the hair and comparing between the sections covered by cement with the cement-free sections of the hair surface. None of the cement-free sections of the scanned shafts were positive for the fluorescent stains. Inside the cement, signals were observed from trapped material, such as dirt, likely bacterial or fungal cells (based on shape). These particles, together with the shedding skin cells were collected or retained inside the liquid cement when it was secreted by the mother louse to glue the new egg to the hair, providing additional protection not only to the DNA of host cells, but to potentially also cells and extracellular DNA from other organisms.

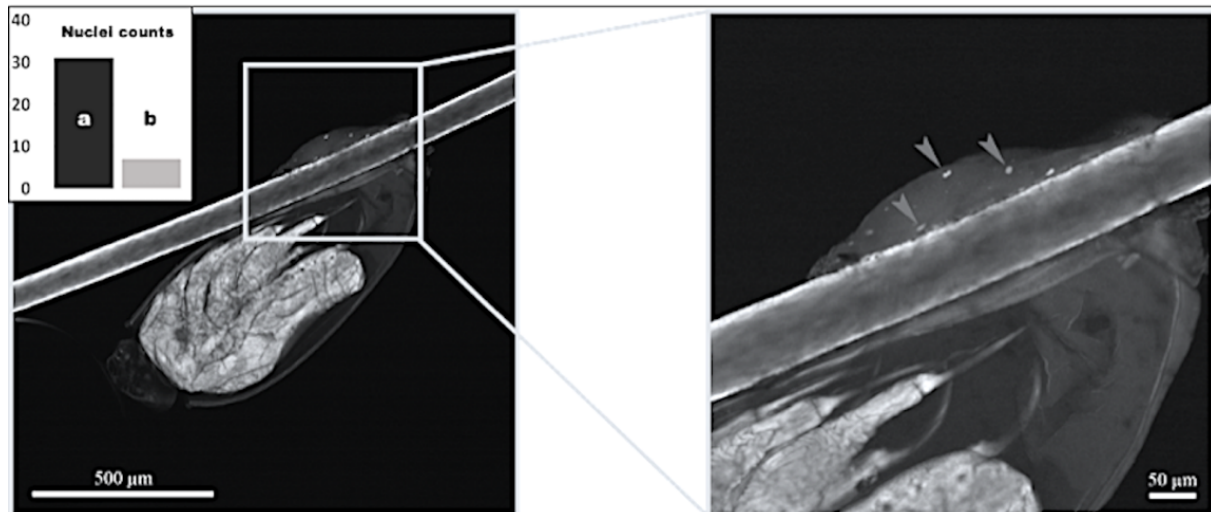


Figure 2. Fluorescence confocal scanning of sheath showing DNA trapped inside the cement tube. Microphotograph of a sheath from SJArg-2-Nit, magnifying on the right side a scan stack of the cement, trapping nuclei shown some with grey arrows. **Inset:** bar chart showing the different number of host nuclei observed/captured by scanning at $\sim 1 \mu\text{m}$ stacks in (a) SJArg-2-Nit sheaths ($N_{\text{nits}} = 7$) and (b) SJArg-1-Nit ($N_{\text{nits}} = 6$). DNA captured with DAPI fluorescent signal.

DNA sequencing. We extracted and sequenced ~ 285 million (raw) reads, which yielded 21 million reads upon trimming, duplicate removal and quality filtering (supplementary table S7, Materials and Methods). All reads were mapped against the human genome build 37 and resulted in between 1.6 - 11 % of the reads aligning for the 5 different samples (fig. 3, supplementary table S7 and Materials and Methods). We found a mean coverage across the nuclear genome of 0.04x, 0.006x, 0.3x, 0.1x and 0.09x for the Dyak-Louse, SJArg-1-Nit, SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous samples, respectively. Across the mitochondrial genome, for Dyak-Louse, SJArg-1-Nit, SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous samples, we found a mean coverage of 0.1x, 1.7x, 29.9x, 0.8x and 3.9x respectively (fig. 3, supplementary table S7, Materials and Methods). To test for endogenous content, we compared these results with the amount of retrieved louse DNA from both the louse and nit cement by mapping all reads against the human body louse (*P. humanus corporis* assembly GCA_000006295.1, in absence of a human head louse genome (Kirkness et al. 2010)). Louse DNA was more abundant in each of the samples, with 65.2 % of the total reads for the Dyak-Louse aligning. For SJArg-Nit-1 and SJArg-Nit-2 it yielded 22.5 % and 26.5 % (supplementary table S7, Materials and Methods).

Ancient DNA authentication. The above results indicate that endogenous human DNA was preserved and extracted from all samples, however, we still sought to confirm its ancient origin by calculating the proportion of nucleotide misincorporations arising from DNA damage for aligning to both the human and louse genome using mapDamage ((Jónsson et al. 2013) see supplementary information).

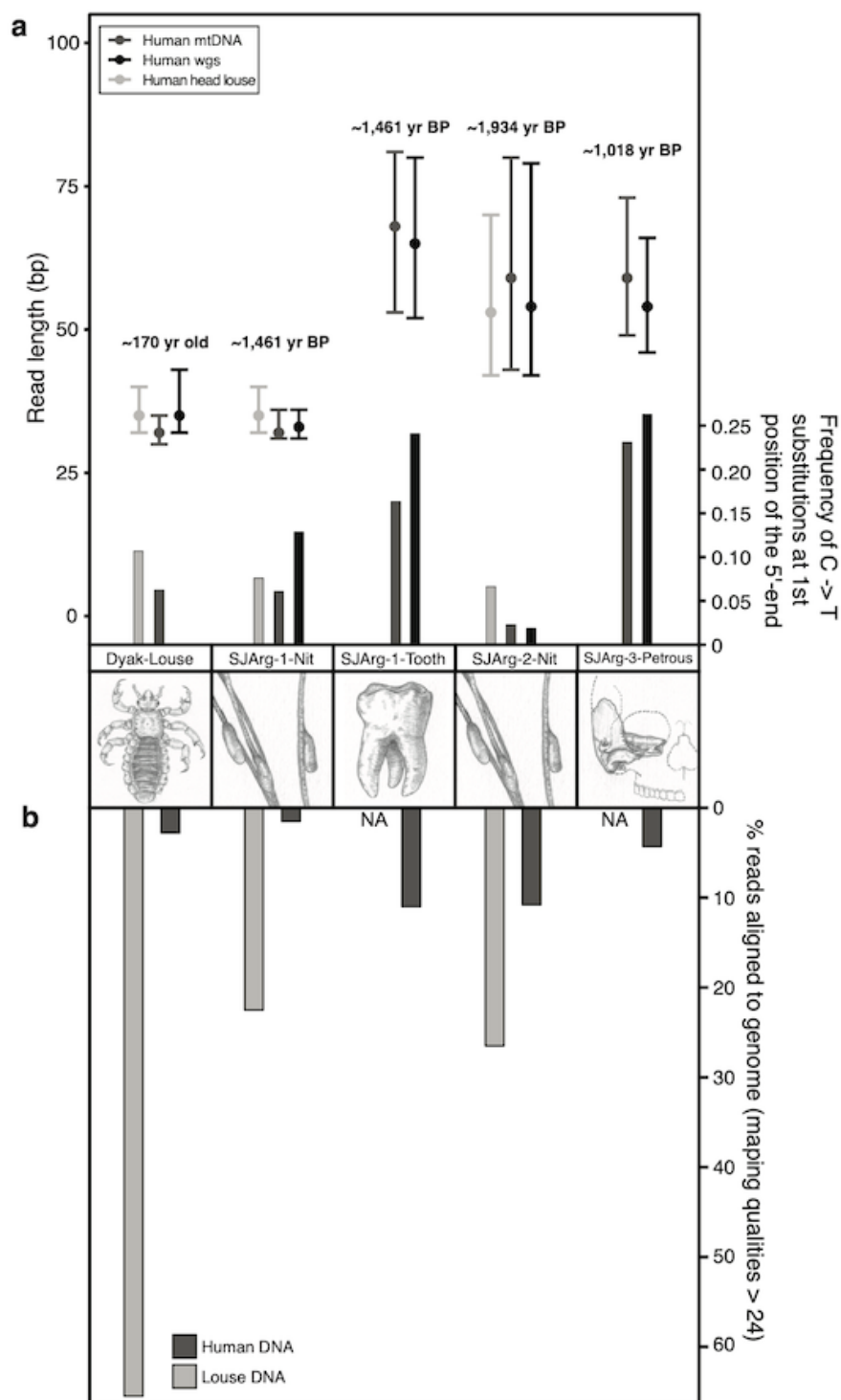


Figure 3. DNA properties: **a.** Upper part showing box plots of read lengths of reads aligned to the human mitochondrial DNA (mtDNA), the whole genome (wgs), and the louse genome (*Pediculus*), dots are medians and bars present minimum and maximum range. [yr BP: Median values, calibrated years Before Present, details in table S1]. **b.** Lower part: DNA damage from reads aligning to the respective genomes are plotted as bars. Comparison of the proportion of reads aligning to the human and the head louse genome with mapping qualities 25 or higher (see Methods).

We found no intra-sample variation in the fragmentation and amount of DNA damage accumulated between the louse and human DNA. We also found no relationship between the age of a sample and the amount of accumulated DNA damage. In contrast, the 170 years-old Dyak-Louse exhibited relatively high DNA damage (~0.06 C->T frequency, fig. 3), similar to that found in the almost 1,500 year older SJArg-1-Nit (1,461 cal. BP). We also found the DNA damage to be highly elevated in the SJArg-3-Petrous and SJArg-1-Tooth compared to all other samples. These remains were exposed to the elements and not inside a cave as SJArg-2-Nit, they were found under a terrace; the terrace location of SJArg-1-Tooth is shown in supplementary fig. S2. The DNA damage of SJArg-2-Nit (~1,934 cal. BP) is low for both human and louse DNA (~0.02 and ~0.06, respectively). We therefore calculated the length of all reads aligning to both genomes for each sample, as a measure of the degree of fragmentation as well as a check for introduction of longer modern contamination by human DNA (fig. 3 and supplementary figures S11 to S23). We found no difference in mean length of the reads between the louse and human DNA within each sample, and therefore, no indication for contamination with modern DNA.

Contamination estimates. We used contamMix (Fu et al. 2013) to quantify the proportion of mtDNA contamination in the sequencing data (supplementary figures S11 to S23). We estimated low levels of contamination for SJArg-1-Tooth (0.07 %, 95% CI: 0.01-1.46 %, supplementary fig. S3), SJArg-3-Petrous (1.29 %, 95% CI: 0.15 - 7.53 %, supplementary fig. S4) and SJArg-1-Nit (4.02 %, 95% CI: 1.33-9.34 %, supplementary fig. S5). In contrast, contamination estimates were larger for SJArg-2-Nit (14.57 %, 95%CI: 6.61-28.62 %, supplementary fig. S6) and Dyak-Louse (62.69 %, 95% CI: 12.4 - 92.25 %, supplementary fig. S7). It was noted that the latter estimates are associated with wide confidence intervals caused by low average depth of coverage across the mtDNA (0.8x for SJArg-2-Nit and 0.1x for Dyak-Louse). Importantly, all American individuals were found to belong to haplogroup A2, suggesting that additional data would likely result in lower contamination estimates. As such, we consider that broad ancestry investigation of these individuals is not likely to be substantially affected by contamination.

Chromosomal sex determination, mitochondrial & Y chromosome haplogroup. The fraction of Y chromosome alignments compared to the total number of alignments to the X and Y chromosome was used to determine the chromosomal sex of each sample (Skoglund et al. 2013) (supplementary fig. S7). The archaeological excavation records dating back over 60 years indicated the sex of just two specimens, SJArg-2-Nit to be male (XY) and SJArg-3-Petrous female (XX). The sex of the Dyak-Louse host was also unknown. The genetic analysis showed SJArg-1-Tooth to be XX while SJArg-1-Nit has a ratio (R_y) similar to males. We then calculated the fraction of Y chromosome in the extraction blank to ensure that the SJArg-1-Nit results were not due to background contamination and found the extraction blank to be female. Therefore, we concluded that the male proportion of the SJArg-1-Nit was

not caused by contamination from laboratory reagents. The analysis also confirmed SJArg-3-Petrous to be XX and SJArg-2-Nit XY, and revealed Dyak-Louse host as XY.

We next sought to determine the Y chromosomal haplogroup. While the coverage for Dyak-Louse and SJArg-1-Nit were found too low for calling the haplotypes, SJArg-2-Nit (Y-coverage 0.038x) was characterised as Q1b1a1a1 or Q-M3 (M848), which today is the largest Native American haplogroup (carried by 90%, supplementary table S8). It is, however, important to note that this call is based on 4 SNPs of which 3 are transitions and the final SNP is at the 3rd position from the end of a read. But considering SJArg-2-Nits low degree of DNA damage adds more confidence to SNPs based on transitions. Lastly, we determined the mitochondrial haplogroups for each of the samples using HaploGrep2.0 and found all SJArg samples to be A2+ (64). The Dyak/Dayak lice were collected from an individual in Sarawak, Northwest Kalimantan Dayak, Sea Dayak or Iban (Simonson et al. 2011). Despite the low coverage, it was possible to place the bloodmeal of the Dyak-Louse in the H2a2a haplogroup.

Genome-wide affinities. We used multidimensional scaling (MDS) to investigate the broad population genetic affinities of the ancient individuals (Fig. 4a). We merged the genome data from the Dyak-Louse and the three best Argentinean samples (SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous) with a genotype panel containing data from 2,462 worldwide present-day and ancient individuals genotyped for 621,194 single-nucleotide polymorphisms (Lazaridis et al. 2014; Posth et al. 2018; Barbieri et al. 2019; Nakatsuka et al. 2020). To minimise potential batch effects associated with co-analysing SNP-array, SNP-capture and whole-genome sequencing data, we considered pseudo-haploid genotypes for every individual in the dataset (Malaspina et al. 2014). The number of sites with non-missing data for each individual were 775, 165,559, 7,975, and 54,078 for Dyak-Louse, SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous, respectively. In the MDSs the Dyak-Louse is placed with Asian populations (Fig. 4a). In accordance with the archaeological and historical record, the three Argentinean individuals with the highest genome coverage (SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous) were placed within Indigenous American genetic diversity (Fig. 4b). Although SJArg-1-Nit was included in an initial MDS analysis (not shown) and was placed close to Asian, we deem the results for this individual too noisy to derive a meaningful interpretation due to its low genome coverage. We confirmed these results by carrying out a principal components analysis (PCA) where the ancient low-coverage samples were projected onto the genotype reference dataset (Patterson et al. 2006) (supplementary fig. S8). Next, we assessed the particular genetic affinities of the three individuals with the highest genome coverage using a subset of the reference dataset restricted to Indigenous American populations (present and ancient, Fig. 4b). In this case, the three individuals clustered separately from North and Central American individuals and are placed together with the Southern Cone individuals (Fig. 4b). Interestingly, the younger specimens SJArg-3-Petrous and SJArg-1-Tooth are placed slightly separated from the older

SJArg-2-Nit. More data would be necessary to achieve greater resolution, we emphasise that these results are based on low coverage data from a unique substrate.

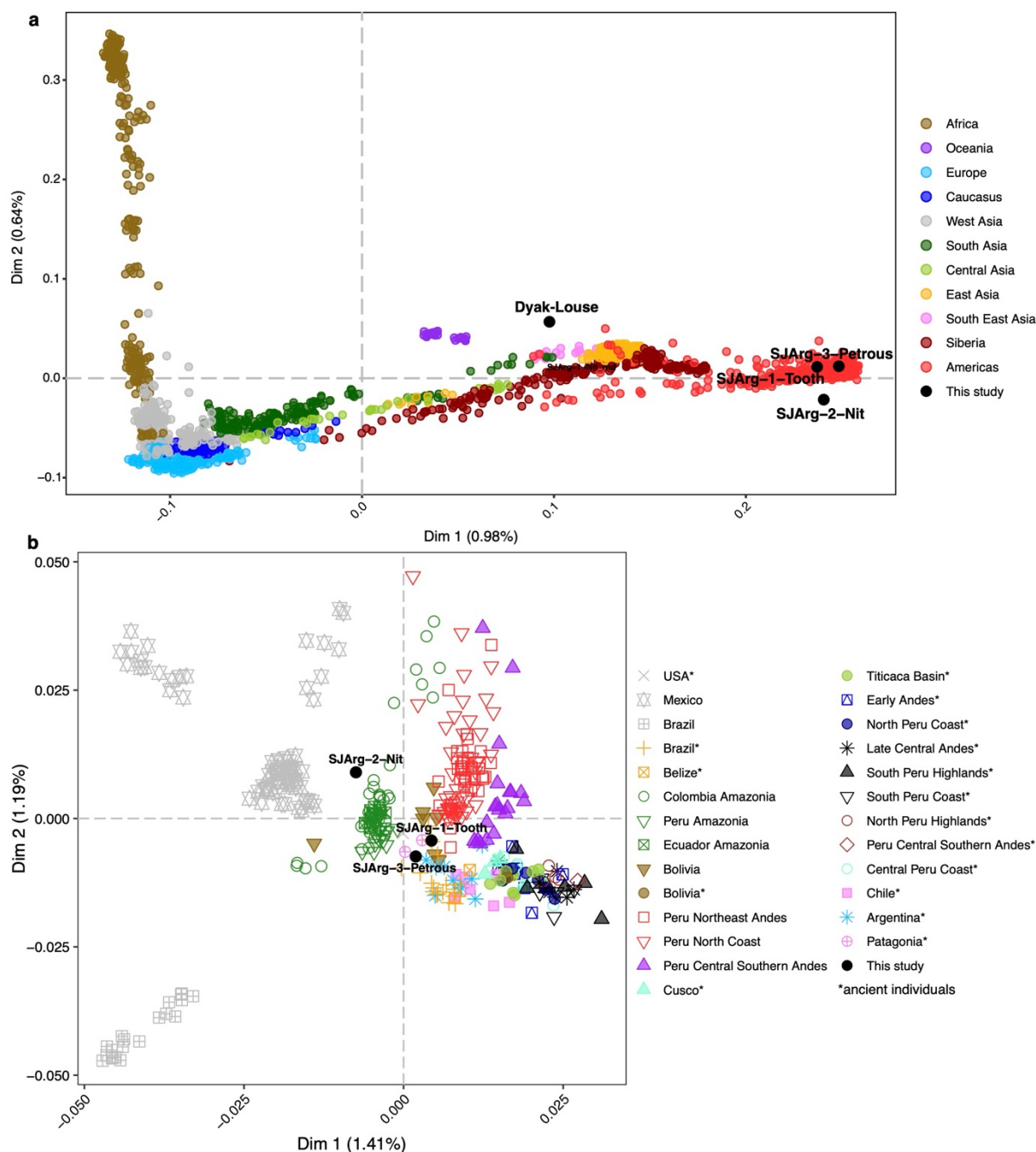


Fig. 4. Multidimensional scaling (MDS) plots of nuclear DNA of a. worldwide present-day and ancient individuals projecting the samples from this study and b. the indigenous American genetic diversity. Samples: Dyak-Louse, SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous in bold.

Ancient environmental DNA. Lastly, we parsed all reads from both nits and the louse sample through the metagenomic classifier Holi (Pedersen et al. 2016) to taxonomically classify reads not assigned to human or louse (Materials and Methods). For this, it was specified that each taxon should have similar

DNA damage to the louse and human DNA in each sample (0.07 for Dyak-Louse and SJArg-1-Nit, and 0.03 for SJArg-2-Nit), parsing only taxa with >50 reads to that respective taxonomic level. We found overall a low complexity for all samples with a few abundant taxa, in addition to the human and louse DNA (supplementary fig. S9, Materials and Methods). In both the Dyak-Louse and SJArg-2-Nit, lice endosymbiotic bacteria, *Candidatus* Riesia (Enterobacteriaceae), were found with ~79 % and ~28% of the reads classified, respectively. *Ca.* Riesia was not found in SJArg-1-Nit, instead, the bacterial class Actinobacteria was found to be most abundant (>70 % of all reads) with more than 50 % assigned at the family level Nocardiosaceae or lower; together with the intestinal associated Enterococcus where 5 % of the reads were assigned. In the Dyak-Louse, we also identified ~800 reads (0.7 %) assigned to the fruit fly *Rhagoletis* sp.. In the SJArg-2-Nit sample we found 9 % of the reads assigned to the commensal bacterial genus *Proteus* which holds several opportunistic pathogenic species including *P. mirabilis*. Interestingly, we also found 115 reads (0.5%) uniquely assigned to the cancerogenic Merkel cell polyomavirus MCPyV (supplementary fig. S9), known to cause an aggressive form of skin cancer (Pietro Paolo et al. 2020). To further verify the identification of MCPyV, we computed genome wide statistics, and found 74 % of the genome are covered with a mean depth of 1.4x and with an average read length similar to that found in the human and louse reads.

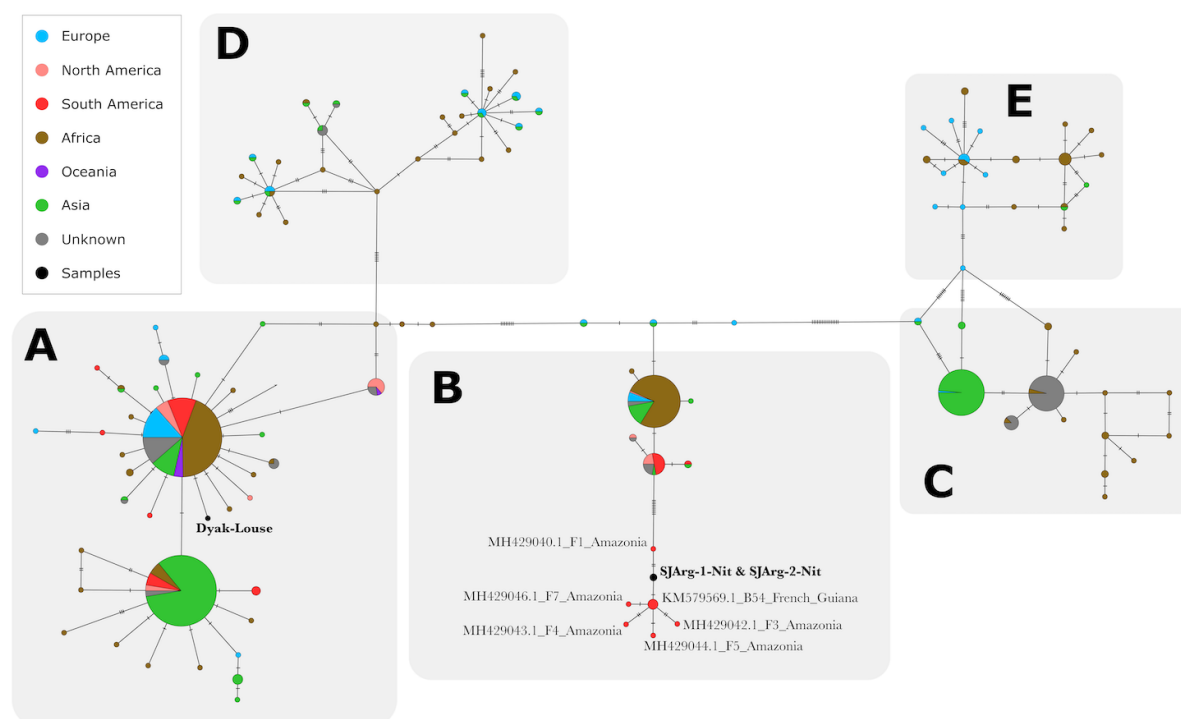


Fig. 5. Louse (*Pediculus humanus*) Cytochrome *b* haplotype network showing that the two nit samples from mummies (in bold) belong to a mitochondrial network that, even with present day samples still has South American members only. The Dyak-Louse (in bold) is part of a group distributed worldwide. Haplotypes A-E are given in bold, black capitalized letters.

Louse DNA mitochondrial haplotypes

To investigate the placement of the louse/nits DNA among populations worldwide, we mapped isolated louse reads from SJArg-1-Nit, SJArg-2-Nit and Dyak-Louse independently to two consensus sequences retrieved from GenBank references (supplementary table S9). These are the mitochondrial Cytochrome *b* and COI genes of human head and body lice. We then compared the resultant sequences to the reference dataset for each gene and built two haplotype networks. For the Cytochrome *b* gene, we found that SJArg-1-Nit and SJArg-2-Nit fall within the haplogroup B, more specifically they are part of a distinct South American cluster consisting of lice exclusively collected from the Amazon and French Guiana (Fig. 5). In our Cytochrome *b* analysis, the Dyak-Louse is part of the haplogroup A, which is found worldwide. When building the consensus sequence for the COI gene, a greater number of low quality and poorly mapped reads were removed and this introduced long stretches of N's, making it impossible to confidently place our samples within the COI reference dataset. We therefore excluded the COI haplotype network. The genetic analysis of lice matches the morphological and taxonomic study of the nits. These nits belong to *Pediculus* lice of Amerindians as well as Peruvian mummies.

Discussion

We report here evidence that ancient human, pathogen, and environmental DNA can be obtained from cells trapped in the cement of nits. This allowed us to determine the human chromosomal sex of the samples, revealing the sex of the host of SJArg-1-Nit and Dyak-Louse samples to be XY, and the mummy SJArg-1-Tooth to be XX, thus providing valuable information that was not recorded upon sampling. All our South American individuals were found to belong to mitochondrial haplogroup A2, consistent with previous studies that show A2 to be one of a few founding maternal lineages in the Americas. Furthermore, we found that the three individuals with highest genome coverage clustered separately from North and Central American individuals and closest to the Southern Cone individuals. Our historical sample from the Dyak/Dayak/Dayuh individual falls consistently with Asian which is consistent with its geographical location, Borneo. Lastly, we demonstrate that cement also traps cells or extracellular DNA from the human microbiome and virome, and by analysing lice mtDNA, we verified that they accurately mirror their human host history.

Aside from gaining human and louse genetic information, nit samples can offer unique details about a number of circumstances surrounding the life and death of their hosts. We established that these mummies showed an unusual pattern in the location of the last nits deposited, that can only be explained by exposure to very low, cold ambient temperature at the time of death. Short distances, 2-4 mm to the root are observed in high frequencies for SJ-Arg-4-Nit and SJ-Arg-1-Nit. Previous studies on lice biology confirm that the last oviposited head louse nits are always glued at a minimum average of 5 mm from the scalp (~7 mm from the root), hereby exposed at an ideal temperature for development (Buxton 1940; Leeson 1941; Busvine 1948; Lang 1975; Maunder 1983; Lambiase and Perotti 2019).

This is the case for SJ-Arg-2-Nit, where most of the nits were glued at ~7 mm from the root and beyond (tables S5 and S6). This suggests that death likely happened during a winter of extremely low temperatures (Gambier 1977) for SJArg-1-Nit and SJArg-4-Nit hosts, while SJ-Arg-2 seems to have died of natural causes -and not due to extreme temperatures. We also identified bacterial species that can be opportunistic pathogens but ubiquitous too. More importantly, we found that SJArg-2-Nit carried Merkel cell polyomavirus (MCPyV, Human Polyomavirus 5, a dsDNA virus), which currently provides the earliest direct evidence for this human viral pathogen. MCPyV was only discovered in 2008. It is normally shed by healthy adult human skin. The virus can very rarely integrate into the human genome and may cause aggressive skin cancer, known as Merkel cell carcinoma (Feng et al. 2008). It is uncertain whether the virus was present on the hair or on the louse cementing the egg. Although cord blood shows a seroprevalence of up to 90% (Karachaliou et al. 2016), by age 3 or 4, the prevalence has dropped to 30-40% (Cason et al. 2018), from where MCPyV spreads most readily in children at the very age when hair lice infestations are more frequent (Martel-Jantin et al. 2013; van der Meijden et al. 2013). This opens up the possibility that head lice might be a mechanical vector for MCPyV in addition to other routes of infection. A multitude of infection routes is characteristic for evolutionary recent host-pathogen associations.

Notably, nit sample SJArg-2-Nit contains a similar proportion of host human DNA to the tooth, and more than two times what was found in the petrous bone, while the proportions of louse DNA were also found to be similar between both nit samples ~22.5-26.5%. Differences in the total content of DNA between samples can arise from different rates of degradation due to environmental variability, such as temperature, UV light exposure and humidity. In the four South American samples from Argentina, SJArg-1,2-Nit, SJArg-1-Tooth and SJArg-3-Petrous we observed a high variability between the amount of DNA damage (Fig. 3), where damage is found 2 and 10 times higher in the tooth and the petrous, compared to that in nits. This suggests that DNA incorporated into the proteinaceous cement (Park et al. 2019) is better protected from deamination processes. In contrast, we find the average DNA read length of SJArg-1-Nit (a hair specimen detached from an unknown individual) to be 50 % shorter than for the other South American samples which could be explained by taphonomic processes. This preservation difference in the DNA is further corroborated by the confocal microscopy scanning of hairs containing nits, which showed that the ~500 year older individual, SJArg-2-Nit, was in better condition than the younger SJArg-1-Nit. This is likely due to the condition and position of the remains at the archaeological site. SJArg-2-Nit was found as a complete mummified body, in excellent preservation condition deeper inside a cave, while hair sample SJArg-1-Nit was located in an exposed rock-shelter (open atrium, not a cave), and therefore endured exposure to more harsh environmental conditions of the Cordillera de los Andes. Previous work on hair preservation of Chihuahua mummies from caves (~830 cal. years BP) concluded that over time the cuticle scale pattern of head hair becomes irregularly disordered and distorted (Mansilla et al. 2011), similar to the patterns observed in the hair

of SJArg-1-Nit (supplementary information and supplementary fig. S1). The same study compared hair from ancient mummies to that of modern humans, who presented a smooth and regular arrangement of the scales (Mansilla et al. 2011), almost identical to the pattern shown in the hair of our SJArg-2-Nit mummy (supplementary fig. S1), which is over 1,000 years older than the Chihuahua ones.

We found the proportion of host DNA from the gut of the Dyak-Louse sample to be lower than that in nit cements. The DNA yield of host DNA from the adult lice was low, especially considering that the endogenous louse DNA content was high (65.5 %). There can be multiple reasons for the poor DNA yield. The first reason might be that the bloodmeal is already at an advanced stage of physiological digestion. The second, the conditions in museums which often keep entomological collections at room temperature and occasionally use pesticides (Espeland et al. 2010). The third, which is the most parsimonious explanation, is that the small amount of bloodmeal contains few cells with nuclear DNA (Lord et al. 1998; Mumcuoglu et al. 2004). Both lice and nits not only provided lice genomic data but also retrieved the endosymbiotic bacteria of lice (Perotti et al. 2004; Perotti et al. 2006; Allen et al. 2007; Perotti et al. 2007; Perotti et al. 2008; Allen et al. 2009). In spite of the low coverage, the Dyak/Dayak/Dayuh individual was found to belong to H2a2a haplogroup, which fits well with B4+16262 (H2): 16182C, 16183C, 16189C, 16217C, 16261T, 16519C reported from South Kalimantan Dayak, now a minor haplotype shared with a frequency of 0.04688 with Malagasy and Indonesian populations of Borneo (Kusuma et al. 2015).

Using the human mitochondrial information of the nits, we showed that haplotyping can be carried out from minute samples such as six (6) nit sheaths. For both SJArg-1-Nit and SJArg-2-Nit, we found that they belong to the mitochondrial haplogroup A2 (+64), and the same haplogroup was assigned to the tooth and the petrous bone. This is one of the main founder haplogroups of the Americas (Scheib et al. 2018), and has been characterised from other remains of similar age, mid to late Holocene, in both Peru and north-west Argentina (Coutinho et al. 2014; Postillone et al. 2017). SJ-Arg-2-Nit is a complete mummified body, found in good condition inside a cave; while SJ-Arg-1-Nit belong to a hair sample found in a rock-shelter close by. The fact that they all carry the same haplotype, despite the difference in both locality and time, informs us of a continuum in the region's maternal lineage. This could be explained by matrilineal practices that have also been suggested from previous kinship analyses of ancient local populations in north-west Argentina during the later pre-Columbian period (Mendisco et al. 2018). At present, haplogroup A2 and A2+(64) are prevalent in the modern populations with native ancestry from the north of Chile and Argentina to Bolivia and Peru (Taboada-Echalar et al. 2013; Llamas et al. 2016; Harris et al. 2018). It is still unresolved whether A2 or A2+ (64) is ancestral, A2 might be a back mutation. While A2+ (64) is almost absent from native Patagonians south of Chile and Argentina (Vidal et al. 2019; Postillone et al. 2020), it interestingly shows a decreasing latitudinal gradient from 9 % in the north to 1 % towards the south of Chile (Gomez-Carballa et al. 2016).

Archaeological and genetic studies of sites in NW and Central Western Region of Argentina (CWA) suggest that the region was characterized by great mobility of temporary settlers and travellers, which could explain the fragmented occupancy of the shelters in this study, only separated by a few hundreds of years (Gambier 1977; Postillone et al. 2017; Russo et al. 2017). Both the mitochondrial A2 haplogroup and the SJArg-2-Nit Y chromosome haplogroup (Q-M3 (M848)) are the largest Native South American haplogroups. They are highly prevalent in isolated, almost unknown native populations of Amazonian Ecuador, Colombia and Peru that have only been included or studied recently (Barbieri et al. 2019). From a genome-wide population perspective, all three genomes, SJArg-1-Tooth, SJArg-2-Nit and SJArg-3-Petrous centre around the Americas (MDS, Fig. 4a). Interestingly, the analysis of their genetic affinities with present and ancient American genomes (MDS, Fig. 4b) places the older specimen SJArg-2-Nit (~2,000 years BP) together with present day individuals from Peruvian, Ecuadorian and Colombian Amazonia, away from the 500-year younger tooth and petrous specimens, which cluster with Argentinean, Patagonian ancient samples and with present Bolivians. These results should be considered cautiously and could have been caused by a combination of low genome coverage and intra-population variability. However, the genome-wide analysis confirms the journey of the mitochondrial haplogroups. In southern South America, different ancient migration routes were already suggested by Gambier (1977). Recent studies provided strong linguistic and genetic evidence of a major migration wave, occurring around 2,000 years BP from the ancient Proto Tupi/Tupí of the Amazonian lowlands (northwest Amazon) towards south Amazonia and the east Coast, spanning ~4,000 Km (Silva Noelli 2008; Castro et al. 2020). One of the hypotheses explaining this move is based on the premise that Proto Tupis/Tupís (considered agriculturalists and ceramists) reached a demographic bottleneck, requiring migrations towards new lands for agriculture (Castro et al. 2020); while others propose that it was in response to a changing drier climate at that time (Bustamante et al. 2016).

In the latest genetic analyses using current time populations from the same region of this study, Calingasta (San Juan, Argentina), Luisi et al. (2020) showed the greatest genetic affinity with people on the Pacific coast of central Chile. Current Sanjuaninos are unrelated to the original Huarpes, and are of a very recent ancestry, traced back to two or three generations only. In general, most remote native populations of Argentina are underrepresented in genetic studies, as the indigenous people were eradicated by the 20th century. In the early 1800's, all native Huarpes of San Juan were 'deported' to Chile, due to the need for an indigenous workforce in Santiago de Chile (Michieli 1983). Luisi et al. (2020) have shown that the lack of ancient samples from CWA, specifically San Juan province, prevents resolution of the origin of their indigenous people. The three Calingasta ancient mummies analysed in this study show for the first time that the original peoples of San Juan, Calingasta, came from Amazonia about 2,000 years BP - SJArg-2-Nit, and relate to Patagonian ancient samples about 1,500-1,000 years BP - SJArg-1-Tooth. Therefore, the DNA trapped in the nit cement of SJArg-2-Nit, has helped decipher

a piece of the puzzle of pre-Columbian ancient migrations within South America, of an impressive move spanning 5,000-6,500 km.

The Cytochrome b gene network constructed with the Dyak-Louse sample locates these lice as *Pediculus humanus capitis* from South East Asia, within the haplogroup A, of worldwide distribution and highly prevalent in Asia and Africa. Remarkably, the network for the two ancient nit samples from Argentina, SJArg-1-Nit and SJArg-2-Nit, traces back their ancestry to *P. humanus capitis* from the Amazon lowlands, the same location found as for the human host DNA: the mitochondrial haplogroup analyses and MDS analysis for SJArg-2-Nit. A pre-Columbian origin of this human louse clade has been proposed and that it may be prevalent in the indigenous American lice populations (Amanzougaghene et al. 2019). Currently, Wayampi/Wayãpi Amerindians from southwest of French Guinea, and Argentineans (central Argentina) plus Mexicans carry lice with the same cytochrome b gene haplotype, which branches from Clade B, and is now recognized as a new, separate Clade F (Amanzougaghene et al. 2019). According to linguistic phylogenies, Wayampi/Wayãpi Amerindians are direct descendants of the original Tupi/Tupí of the Amazonia, who extensively migrated ~2,000 years BP towards the south Amazonia lowlands (Silva Noelli 2008). The genetic analysis of the nits are confirmed by their taxonomic and morphological study, matching *Pediculus humanus* nits already identified in the early 1900's by Ewing from hair of indigenous Americans and of a few ancient mummies from Peru (Ewing 1933). The absence of the primary, obligatory symbiont of lice, *Ca. Riesia* in specimen SJArg-1-Nit, while being abundant in SJArg-2-Nit, can be either due to the bad preservation status of this mummy, or due to the use of very young louse embryos, which carry only an incipient basket mycetome with a handful of *Riesia* cells (Perotti et al. 2007).

This study shows for the first time that ancient nit sheaths provide a reliable source of host and non-host genomic DNA. The DNA of the host is trapped inside the cement secreted by the female louse to attach the eggs to the hair, which becomes a sealant preserving the DNA for at least two thousand years. Most human mummies carry nits attached to their hair, offering a ubiquitous and alternative, non-destructive source of ancient DNA, that becomes particularly relevant when teeth or petrous bones are not available. It also shows that hair samples without a skeleton can still provide mitochondrial and nuclear DNA through nits. This work demonstrates that nit samples allow genetic characterisations of ancient hosts, despite the limitations due to preservation of the remains, which are compensated by extra information from the analyses of lice biology, opening a small window into their past life and the environment in which they lived.

Materials and Methods

Specimen sampling

Sampling of nits consisted of pulling off a handful of hairs from the preserved scalp of the mummies, except for SJArg-1-Nit, which was a specimen of hair detached from an unknown individual.

Cytogenetic analyses were conducted to verify the content of DNA inside the cement tube of 5 and 7 nits attached to hair, from SJArg-1-Nit ($\sim 1,461$ (median) ± 131 cal. BP) and SJArg-2-Nit ($\sim 1,934$ (median) ± 625 cal. BP) respectively.

For whole genome-wide studies of the DNA trapped in sheaths cement, only 6 nits from each specimen SJArg-1-Nit and SJArg-2-Nit were available for this work, and the nits cut off the hair not trapped in the cement tube. The remaining few nits attached to the hair of the specimens were left untouched for future research. One tooth, SJArg-1-Tooth ($\sim 1568 \pm 24$ cal. years BP), originating from the same layer of the rock-shelter than SJArg-1-Nit, and one petrous bone, SJArg-3-Petrous ($\sim 1,018 \pm 249$ cal. years BP) from the same archaeological site were used for whole genome sequencing, and to validate the quality of the DNA obtained for sheath cement. Sample Dyak-Louse corresponds to two adult lice that were pooled for the DNA extraction, and the resulting genetic analyses were also used for comparison with the genome-wide data obtained from the cells trapped in sheath cement. We also checked for the presence of DNA in the fractions at both ends of the sheath attachments on shafts and did not detect any DNA in hair shafts. This was checked using DNA binding dyes and performing DNA extractions that resulted in no DNA. The lack of DNA in shafts can be also visualised in Figure 2 and Figure S1.

For morphological measures on hair with sheaths we considered the following specimens (Supplementary Material online): Samples of 3 Argentinian mummies, SJArg-1-Nit, SJArg-2-Nit and SJArg-4-Nit ($\sim 1,192 \pm 370$ cal. years BP), 10, 14 and 20 nits, respectively, were measured in the museum, *in situ*, over the head of each mummy for distance of nits to scalp, which were the last oviposited nits before death of the host. The length of sheath cement was measured on SJArg-1-Nit 5 nits, SJArg-2-Nit 7 nits, SJArg-4-Nit 8 nits, SJArg-5-Nit 3 nits (~ 590 years BP), SJArg-6-Nit 2 nits (~ 880 years BP) and SJArg-7-Nit 3 nits (~ 590 years BP), plus Chi-8-Nit 5 nits (~ 300 years BP) and Chi-9-Nit 3 nits (~ 400 years BP), at Reading University.

Detailed information on the data procedures and statistical analyses of morphometric data (cement length and distance of nit from scalp) are found in the Supplementary Material online, and data in supplementary tables S3 and S5.

Sample origin, ethics and permits

Permits and clearance for conducting morphological and genetic studies on ancient remains, for international transport and for destructive sampling (when/where required) were obtained before the start date (list of certificates and permits in Supplementary Material online). We collected minute fragments of ancient hair containing nits, a tooth, and a petrous bone available from collections at the

Instituto de Investigaciones Arqueológicas y Museo “Prof. Mariano Gambier” (San Juan, Argentina) and at the Museo Chileno de Arte Precolombino (Santiago de Chile). The specimens of Argentina originated in Calingasta Caves, San Juan province, Argentina, and were assigned to the Ansilta culture. The samples from Chile (both used for morphometrics), one was from a textile object made of human hair, originated in North of Atacama, Chile, having no cultural association; the other specimen from the Amazonian Andes of Ecuador, from a shrunken human head of the Jivaroan peoples. Adult lice were sourced from Denny’s historical Anoplura collection (OUNHM, Oxford University), which dates ~100 years BP, and the two specimens were from one human host, a Dyak/Dayak/Dayuh native of Borneo (Sarawak). Supplementary table S2 includes the catalogue numbers for each specimen as in the collections of origin.

Radiocarbon dating

At the time of the finding of the mummies in the 1900’s, radiocarbon dating was performed on the sediments where each of the remains was found (supplementary table S1), thus, dating the corresponding mummy by its association to the relevant sedimentary layer/and/or burial. To test the accuracy of this original dating, which was performed over 50 years ago, mummy SJ-Arg-1 was re-dated for this study at the Scottish Universities Environmental Research Centre (SUERC). For these analyses, hair fragments from SJ-Arg-1-nit were used, and after hand picking under a microscope and cleaning, gave a radiocarbon age of $1,568 \pm 24$ (this study; 421-547 cal AD, 95.4% probability). The calibration was undertaken using OxCal v4.3.2 (Bronk Ramsey 2017) using IntCal20.14c atmospheric curve (Reimer et al. 2020). This radiocarbon age is very close to the original dating by association of $1,580 \pm 60$ years BP from the bulk sediments (Gambier 1977).

Cytogenetics and Confocal fluorescence microscopy

Six dry nits attached to hair from each of the two specimens, SJ-Arg-1-Nit and SJ-Arg-2-Nit were processed for cytogenetic analysis to detect the presence of DNA, like nuclei trapped inside the cement tube. The samples were re-hydrated and overnight incubated in 500 μ L of PBS after which they were placed in 500 μ L of methanol/heptane (1:1) for 2 minutes whilst shaking in order to fenestrate the vitelline membrane of the nits. They were then washed with cold methanol twice and kept in it for 24h at 4°C for fixation. The methanol was replaced with chilled (–20°C) acetone and left for 1 minute. This was followed by double washing with room temperature PBS and incubation for 15 minutes in PBST (with 1% Triton X-100). PBST was replaced with PBS (3% BSA + 0.1% Tween) and incubated at room temperature for 1 hour. Double washing with room temperature PBS was repeated followed by overnight staining with either propidium iodide or DAPI (4’,6-diamidino-2-phenylindole)(10 μ g/mL). A final double wash with PBS was carried out followed by mounting in glycerol/PBS (v:v, 1:1). The samples were observed with a Zeiss LSM 710 (inverted) confocal microscope using a 561 nm laser and

filter for propidium iodide, and UV laser and filter for DAPI. All images were acquired and analysed with the associated software Zen 3.1®.

DNA extraction, libraries and sequencing

Ancient DNA work was performed in dedicated clean laboratory facilities at the Lundbeck Foundation Centre for GeoGenetics, GLOBE institute, University of Copenhagen.

DNA preparation of nits and lice

Each set of nits including cementum or louse were transferred to a low-bind Eppendorf® tube and incubated in a 5 % bleach solution for 5 min to remove potential surface contaminants. The bleach was hereafter pipetted out, and samples washed twice in 500 µl lysis buffer (10 mM Tris/HCl, 140 mM NaCl, 3 mM CaCl₂, 50 mM DTT, 1% SDS, 0.1 mg Proteinase K), pH 8.0, at 37 °C (Gilbert et al. 2007). All samples were then added 400 µl of lysis buffer and incubated gently rotating overnight at 37 °C. The following day, the samples were added to the ~0.5 g lysis matrix E and disrupted using a MP FastPrep® - in order to aid the breakdown of the remaining structures. Additional 0.1 mg of proteinase K was added to each sample and incubated rotating overnight. The samples were then mixed with 8 ml of binding buffer (2 M guanidine hydrochloride, 70 % vol/vol isopropanol, 0.05 % Tween 20 (Glocke and Meyer 2017) and spun through a High Pure Viral Nucleic Acid Large Volume Kit® spin column at 5,000g for 2 minutes. The flow through was hereafter removed, and the filters washed with 750 µl Qiagen PE buffer® and spun down for 2 minutes at 5,000g. The flow through was removed and the residual PE buffer on the filter was removed by spinning for 2 minutes at 5,000g. DNA was then eluted in 32 µl Qiagen EB buffer®, and the concentration measured on a Qubit2.0® following the manufacturer's protocol. All DNA was then converted to Illumina libraries using the method as previously outlined (Meyer and Kircher 2010; Pedersen et al. 2016) and sequenced on an Illumina HiSeq4000 platform 80 cycles, single-read.

DNA preparation of the tooth and petrous bone

Cementum-enriched material (~140 mg) was sampled from a single well-preserved molar (SJArg-1-Tooth) and the inner dense material from the petrous bone (SJArg-3-Petrous) and extracted for ancient DNA following standard protocol (Damgaard et al. 2015; Hansen et al. 2017). DNA libraries were hereafter constructed as according to Meyer and Kircher (2010), using unique dual-indexing, and sequenced on a HiSeq4000 platform (Illumina) 80 cycles single-read.

Bioinformatic processing

Upon sequencing all reads were demultiplexed and trimmed using AdapterRemoval v2 (Schubert et al. 2016) and a total of 285 million reads, between 10 million and 108 million reads for the five different samples and 0.5 million for the extraction blank were hereafter mapped to the human reference genome

build 37 using BWA align using default parameters (Li and Durbin 2009). Reads with mapping quality lower than 25 were discarded using samtools view (- 25) and followed by all PCR duplicates removed using SAMtools rmdup (Li and Durbin 2009). For each individual we called pseudo-haploid genotypes by randomly sampling a single read at every SNP site in the reference dataset. We called an 'N' whenever a sampled base gave rise to a tri-allelic site.

Ancient DNA authentication

We examined the fragment length distributions and the base substitution patterns using mapDamage (Jónsson et al. 2013) and estimated the mtDNA using contamMix (Fu et al. 2013) (following Moreno-Mayar et al. (2018)). Damage and fragmentation estimates for all samples are found in supplementary figures S11 to S23.

Population structure analyses

The broad relationships between ancient and present-day genomes were investigated using multidimensional scaling applied to the identity-by-state-distance matrix (bamnds: 10.1093/bioinformatics/btu410), and principal components analysis, where ancient low-depth data were projected onto the reference dataset (Patterson et al. 2006).

Mitochondrial DNA and Y-chromosome haplotyping

Haploid variants were called using the endoCaller program implemented in Schmutzi60 and only variants with a posterior probability exceeding 50 on the PHRED scale (probability of error: 1/100,000) were retained. We then used Haplogrep v2.261 to determine the mtDNA haplogroup, specifying PhyloTree (build 17) as the reference phylogeny. Y-chromosome variant calling and placement was performed following Pinotti et al. (2019) and according to the International Society of Genetic Genealogy (ISOGG) 2020 Y-DNA Haplogroup tree.

Environmental DNA and analysis

We next performed a metagenomic analysis by taxonomically classifying all reads following the holi pipeline (Pedersen et al. 2016), excluding reads classified as human or louse. All taxa with 50 or more reads were hereafter extracted and parsed through mapDamage2.0 for DNA damage estimates. We then filtered out all taxa with C->T frequencies less than (-0.02 or more) than found in the human and louse reads. All taxa and read counts were hereafter parsed to R and plotted using ggplot2 (supplementary fig. S9).

Louse DNA mitochondrial haplotyping

We mapped reads that were classified as lice using bowtie2 v.2.3.2 (Langmead and Salzberg 2012) to two consensus sequences, that we obtained from a downloaded reference dataset of human head and

body lice for the mitochondrial gene Cytochrom *b* and COI from Genbank (Accession numbers, supplementary table S9) with the software Geneious Prime v.2020.0.5 (<https://www.geneious.com>). We then quality filtered the resultant bam files specifying a minimum mapping quality of 25 using SAMtools (Li and Durbin 2009; Li et al. 2009) and built a consensus for each sample with angsd (Korneliussen et al. 2014), specifying a minimum read depth of 5, a base quality threshold of 25 and removing duplicates. Haplotype minimum spanning networks were generated using PopART (Leigh and Bryant 2015).

Supplementary Material

Supplementary data are available at Molecular Biology and Evolution online.

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Data availability

All data underlying the study are available, the sequencing reads will be available for download from the European Nucleotide Archive (when published), and all other data have been made available in this manuscript and in the Supplementary Materials file. All permits for study, transport and destructive sampling of specimens were obtained in advanced of the research and are listed in the Supplementary Materials file.

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